

Miracles of Meditation



Sri Krishna Gopal Vyas Ji Maharaj

Avinash Chandra Chopra

This book describes the extraordinary life of Sri Krishna Gopalji Vyas (referred to as Maharajji), a saint of the highest order from India. He attained the exalted state of self-realization called *Jagrit Samadhi* through intensive practice of chanting of *mantras (mantra japa)*. The book describes Maharajji's teachings, the process of chanting of mantras, and recounts numerous miraculous experiences from the lives of his disciples.

There is a science behind chanting of *mantras* and it is a technique that anyone can learn. *Japa* literally means the process by which sins are removed and the cycle of rebirth is terminated.

Remembering the name of God and keeping Him within our heart is another definition of *japa*. *Mantra japa* is an important element of major religions and spiritual practices as it leads to the necessary discipline for God Realization. Regular practice of *japa* removes worldly obstacles, brings peace of mind and leads to the ultimate goal of self-realization.

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“Whatever you think or do,
imprints in *ether*.
A Guru can read it like an
open book.
This can be done by anyone
who has developed
a pure soul. The soul can be
developed easily
by chanting of mantras and
listening to them attentively.”

Sri Krishna Gopal Vyas Ji Maharaj

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Preface

This book describes the extraordinary life of Sri Krishna Gopalji Vyas, a saint of the highest order from India. He touched the lives of thousands of people who benefited from his wisdom and spiritual guidance. His disciples were witness to many miracles which are recounted in this book.

Sri Krishna Gopalji Vyas (also referred to as Guru Maharajji in this book) was born on September 11, 1915 in Jaipur, the 'Pink City' of India, in a very reputed Brahmin family of the *Pushkarna* community. From his Arabic education, to his first miracle, bringing his teacher's dead daughter back to life, Guru Maharajji led a remarkable life of great spiritual significance and service to others. (*'ji' is a respectful way of addressing an individual in India*).

Sri Vyas ji reached the highest stage of *Jagrit Samadhi* through intensive *mantra sadhana*. He ordained *mantra deeksha* to thousands of people in India and all over the world, including Canada, France, Italy, Muscat, Oman and USA. His spiritual guidance involved examining the soul of the aspirant, selecting suitable *mantras* compatible to his/her soul, and then ordaining the *mantras*. He often blessed his disciples through the ancient practice of *shaktipat* (conferring of spiritual energy upon one person by another). He cured many people of incurable ailments through spiritual therapy, while emphasizing that he was merely a conduit of God's healing energy.

I was fortunate enough to be in contact with Guru Maharajji for over 40 years. I visited him frequently, and would take notes of his conversations and teachings. This book is based on those notes, as well as experiences narrated by other disciples. For many years, I had hoped that Guru Maharajji would write his autobiography to disseminate the importance of *mantra japa* (practice of repetition of Guru ordained

mantra). His teachings and experiences, I thought, should reach a wider audience. When Guru Maharajji visited USA in September 1997, I suggested that he write his autobiography but he declined. Then, I asked for his permission to compile his biography. After a couple of days, Guru Maharajji graciously gave me his permission, and this book began with his blessings.

I wrote to Guru Maharajji's disciples and others whose lives he had touched, asking them to describe their experiences including Guru Maharajji teachings, stories, miracles, healings and spiritual experiences. The response was overwhelming.

In the following chapters, you will read about:

- The importance and technique of *Japa* or chanting of *mantras*. The power of *mantra Japa* is truly amazing. It leads to the awakening of *Kundalini Shakti*, the saving of life—and to making positive changes in human life and the world around you
- Guru ji's memorable visit to *Shivlok* (heaven)
- The experiences of disciples and those whose lives Gururji has touched
- Interviews of Guru Maharajji by visitors from the US
- Guru Purnima, a significant Hindu festival that highlights the importance of a Guru

Sri Krishna Gopalji Vyas lived a truly memorable life, and helped transform the lives of many devotees, and people in need. His spirit and legacy lives on, and this book highlights his teachings and narrates fascinating stories from his life.

A video of a mantra ucharan (chanting session) is available at <https://www.vadera.com/GuruMaharajji>. Another way to get to this video is by searching for “Mantra Ucharan by Guru Maharaj Sri Krishna Gopalji Vyas, Jaipur India” on YouTube.

Avinash Chandra Chopra

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I would like to thank my daughter Mukta Vadera, son-in-law Ajay Vadera, my sons Vijay Chopra and his wife Sarita, and Ajay Chopra and his wife Sunidhi for extensive editorial assistance and suggestions. I am also grateful to my grandchildren Sumeet, Sameer, Rahul, Gauri, Jay and Parul for miscellaneous help and for just being there.

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I am thankful to Mr. Suresh Acharya, photographer, for providing me with photos of Guru Maharajji taken on various occasions.

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I would like to affectionately thank my late wife, Mrs. Giri Raj Chopra, for supporting me in all walks of life and always being there for me.

Avinash Chandra Chopra



Guru Maharaj ji at an event



Guru Maharajji's right toe – object of worship



Finger painted 'Om' by Maharajji



Maharajji attending a social function



Maharajji at the author's residence



Maharajji at author's residence in Jaipur



Chapter 1

Benefits of Chanting of *Mantra Japa*

What is *Japa*? *Japa* is the chanting of *Mantra*. Guru Maharajji described the reference to *Japa* in ancient Indian scriptures to the devotees of Keshavashram International Meditation Center, *Vedic Sanatan Dharm*, in Warrenton, U.S.A. It was recorded by Dr. K.S. Limaye, a disciple of Guru Maharajji and an eye surgeon from Falls Church, VA, in Hindi and then translated into English.

Mantra comes from the Sanskrit root-word *manas* (mind) and *tra* (tools or instruments), which means, 'To take the mind across or to transcend.' These chants or words were heard in *ether* (the upper regions of space) by the *Rishis* (the sages of India). Such words, when properly intoned, have the power to enlighten the soul, and awaken the *Kundalini Shakti*.

Repetition of the *mantra* is *Japa*. In *Agni Purana*, the description is as follows: *Ja*, the first syllable, means to stop the round of rebirth, and *Pa* means to destroy all sins. Thus, *Japa* means the process by which sins are removed and cycle of rebirth is terminated. There is another description: that remembering the name of God and keeping Him within our heart is *Japa*. Shri Ramkrishna Paramhansa has said that *Japa* is sitting in a quiet place and repeating the name of God from within. In all religious and spiritual practices, *mantra Japa* is considered as the main focus to acquire the necessary discipline for God-Realization.

In the Hindu religion, its practice is followed in the Vedic,

Puranic, Smriti, and Tantric traditions, which are branches of the Hindu philosophy. The religions/spiritual movements of Buddhism and Jainism have also adopted it, and in their different methods, *Japa* is given great emphasis. As well, the Sufi religion and the Catholics of the Christian faith have used *Japa* since ancient times. In *Kriya Yoga*, the practitioners agree that *Japa* is the principal part of their self-study. In *Tapa*, *Mantra*, *Raja* or *Hath Yoga*, the practice of *naad-anusandhan*, or listening for the sounds in the ether (the upper regions of space) is explained. So in reality, *naad-anusandhan* means listening to the sound which is also a form of *Japa*.

In the *Karm-kand*, a spiritual work of the Hindu religion, *Japa* practice is the main structure. All kinds of miraculous powers can be obtained by doing *Japa*. Lord Krishna has said that it is the best among all the *Yagyas* or spiritual pursuits. He has also said that *Japa* is His very shape or form. In *Shrimad Bhagwad Gita*, Ch. 10, 25th verse, it is stated, *Yagyanam Japa Yegyoham*, which means, 'Among the spiritual pursuits, I am the *Japa Yagya*.'

Sage Manu (2:87) said from his experience that it is only through the practice of *Japa* that a person can attain realization, regardless of whether he/she performs any other type of Yoga or discipline. In Mahabharata, Ashid 44:8, it is said that the best *Havan* (Fire Sacrifice) is the one done with *ahuti* (offering with *mantras*), and this is also the opinion of the followers of the Vedic practices. But, on the pathway of devotion, the repetition of the *mantras* assumes more significance than the fire sacrifice.

Japa is also a scientific spiritual technique, which affects the mind and its intellectual and intuitive faculties. As a practitioner, our willpower becomes strong, our thinking processes develop extraordinary clarity and discrimination, our intuition becomes clear and pure, and our soul becomes enlightened.

Taking note of its beneficial effects, those who composed the *Shastras*, have admired its limitless qualities. In the '*Linga-purana*' (85/1:24, 25), it is stated, one who does *Japa* will not suffer any form of trouble. As well, the *Yaks*, *Rakshasa*, *Pichasas* and bad stars will not be able to inflict any trouble on a practitioner of *Japa*. All sins of the past, and of past lives are destroyed by the repetition of *mantras*, which increases happiness and good fortune -- and leads to

salvation.

As soon as a *Sadhu* (saint) begins the practice of *Japa*, he can feel sensations in his body, and by its extraordinary power, many changes begin to develop inside. Evil thoughts begin to subside and the qualities of truth, love, justice, forgiveness, honesty, patience, peace, purity, politeness, discipline, service and generosity begin to arise. And when the mind is affected, qualities of discrimination, precognition, self-realization and wisdom develop. The result is that difficulties are lessened, leading to the inevitable fruits of happiness and peace.

When *Japa* is performed, the veil of ignorance is lifted, and evil qualities and weaknesses begin to subside, and gradually, the practitioner become the image of purity and honesty, and sound character. One proceeds from deceitfulness to honesty, from darkness to light, from death to immortality, from disappointment to hope, from the limited to the unlimited, from weakness to strength, and from having evil thoughts to having good and sagacious thoughts. By the repetition of the *mantra*, such power is attained that one can go from the worst to the best and from hell to Heaven.

In Yoga Darshan (4:1), it is clearly mentioned that by *mantra* repetition, many powers can be obtained, but the best power is the purification of the intuition, which is the natural effect of the *Japa*. And again, in 1:28, it is mentioned that by doing *Japa*, the practitioner gradually becomes so enlightened that he reaches the stage of *Samadhi*.

Again, in Agni Sutra 29, Maharishi has ordained that during the period of practice, troubles will disappear and then one will realize oneself. With the development of the power of your soul, you will find you have more courage, and might find that financial, marital, or other animosities and troubles are easily solved—almost miraculously. But it is all because of *Japa*. And not only do you as the practitioner benefit, but you benefit others as well.

Those who have composed the *Shastras*, have mentioned its special scientific benefits. What are they? Like the gross (physical) body, the subtle body also has a nervous system. And when *Japa* is begun, a wonderful action takes place in the subtle body. Science has also accepted the power of the word, and it is researching many

methods to get the benefit from word repetition. Indian science also has used the power of words to develop a spiritual nature in people so they could practice with faith and belief towards improving themselves, even to a 'superhuman' level.

Mantra and its method are still available today! If we follow this science, then we can lift ourselves beyond the realm of just animal instinct and become a human in the real sense of the term. Everything can be obtained by the constant repetition of the *mantra*. The full description of the *mantra Japa* can be obtained from the book *Mantra Mahavigyan*.

Mantra is always beneficial to the practitioner, provided the *mantra* is *sajeev* (alive) and is ordained by someone who is competent to give a *mantra*. This may be illustrated by an example that a lighted candle can light another candle but an unlit one cannot. The soul can be enlightened by chanting of *sajeev mantra*.

What is Yoga? A 'yog' is a meeting of two things. In spiritual science, the word 'yoga' is union of the *Atma* (soul) with the grace of Almighty God. And to obtain this, the chanting of *mantra* is the easiest method.

A video of a *mantra ucharan* (chanting session) is available at <https://www.vadera.com/GuruMaharajji>. Another way to get to this video is by searching for "Mantra Ucharan by Guru Maharaj Sri Krishna Gopal ji Vyas, Jaipur India" on YouTube.

Chapter 2

Life of Guru Maharajji

Sri Krishna Gopalji Vyas, son of Sri Bal Krishnaji Vyas, was born on September 11, 1915 in Jaipur, the 'Pink City' of India in a well-reputed Vyas (Brahmin) family of Pushkarna community.

The ancestors of Sri Vyasji had settled in Jodhpur, a princely state of the then Rajputana Province. Sri Khob Ramji Vyas (grandfather), along with his older brothers, Sri Foju Ramji Vyas and Sri Baldev ji Vyas, migrated to Jaipur, another princely state of the then Rajputana and settled there. Sri Khob Ramji Vyas was in charge of '*Khas Mohar*' (Maharaja's seal of his personal valuables, and State Treasury.) This office was inherited by his son, Sri Bal Krishnaji Vyas, and subsequently by his Grandson Sri Krishna Gopalji Vyas.

Sri Bal Krishnaji Vyas was married three times, but had no children. He was a very religious and pious soul, who went daily to Govind Devji Temple (a renowned temple of Lord Krishna, in Jaipur (Rajasthan), or sent his *Kamdhar* (representative) to contact the visiting saints there, to bring them to his home and offer them meals with full devotion and hospitality.

Once, he could not go to the temple, but sent his *Kamdhar*, who contacted two visiting Saints there. The *Kamdhar* invited them to visit Sri Bal Krishnaji Vyas's residence for taking meals, but they said they would not be able to do so.

When the *Kamdhar*, informed Sri Bal Krishnaji Vyas of the

Saints' response to the invitation, he went to the temple and made the same request, but they again refused the offer. The Saints said that they did not need to take food at his residence, as they could live without it for many days. After many requests, they were very pleased and blessed him by saying that his wish would be fulfilled.

Sri Bal Krishnaji Vyas said that at one time he desired to have a son, but now he was not interested as according to his horoscope he was not going to live for more than five years. If he had a son, who would bring up the child? What about his education? One of the Saints promised that the boy would be properly looked after and his education taken care of. Sri Bal Krishnaji Vyas insisted that the child born must be generous and a great Saint. The Saints blessed Sri Bal Krishnaji Vyas, and continued on with their journey.



Guru Maharajji in Rajasthani dress

In 1915, after about two and a half years of the meeting with the saints, Sri Bal Krishnaji Vyas was indeed blessed with a son. Sri Bal Krishnaji Vyas lived for two and a half years and passed away in 1918. The boy lived happily with his mother up to the age of eight. One day, in 1923 he came down with typhoid fever, which relapsed, and he suddenly died. His body was placed on the ground in the house, and preparations made for the cremation. All his loved ones assembled there.

One of the Saints, who later became the Guru of Guru Maharajji (Sri Krishna Gopalji Vyas), knew telepathically about the death of the child. He requested his own Guru, Swami Tailang, one of the foremost Saints of the disciplinary order, to give life to the child. Swami Tailang, in turn, requested another great Saint, who was practicing Sadhana (spiritual discipline) in a snow cave near Mansarover (Tibet), to enter the body of the boy. That Saint refused the prayer at first, but later agreed to enter the body of the boy through 'Kaya Pravesch' – a unique way of entering another body.

As a result of the urging of Swami Tailang, the great Saint agreed to his wishes. He left his body and entered the body of the child, through his nose, after eight hours of the death of the child. And then, the boy came back to life.

All the family and friends who had assembled for the cremation were wonderstruck. The cloth covering the boy was taken off, and he got up. The material collected for the last rites of the child was destroyed at a nearby road crossing, in keeping with Hindu customs.

Time went on, and the boy grew until he reached the age of 11 years. During this time, his mother also privately coached him at home. The time was now ripe for *Upnain Sanskar*, (Thread ceremony, performed as per the Hindu custom. It also marks the acceptance of a student by a guru). Everyone was surprised when his three uncles refused to give him *deeksha*. They did not consider themselves worthy and capable of doing so.

At that time, a Saint visited them. He was given due respect, and offered a suitable seat. He was asked the purpose of his visit. The Saint smilingly said that he had come to ordain the boy,

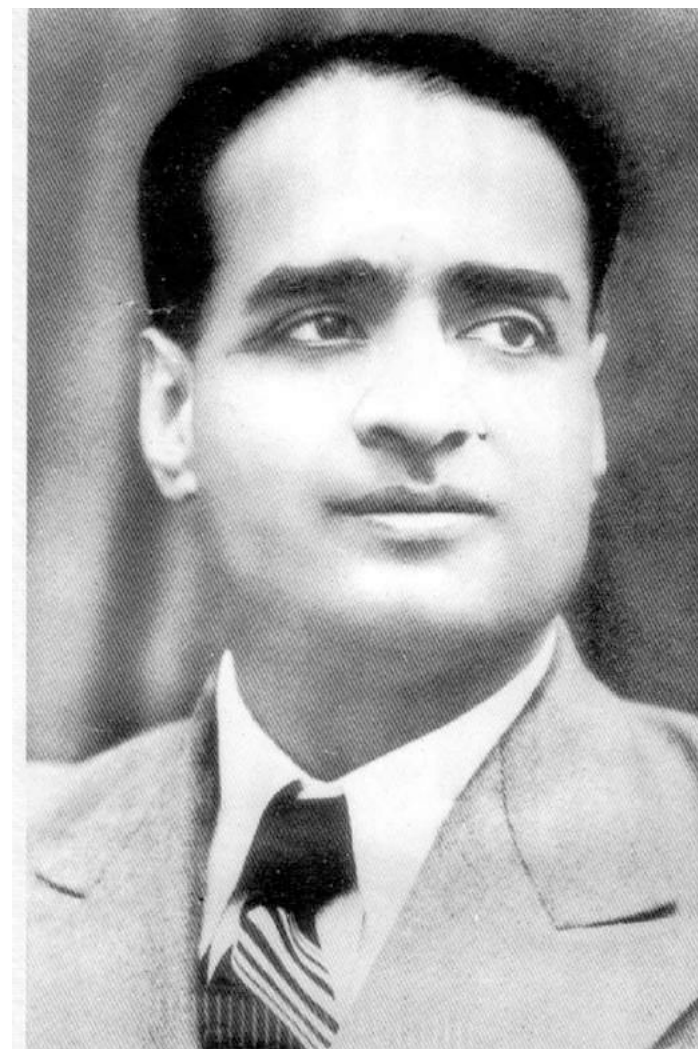
deeksha, as per his promise. The family members were happy and accepted the offer of the Saint. The thread ceremony was performed by chanting the *Gayatri Mantra*, the most powerful *mantra*. It was followed by creating fire by rubbing two wood pieces by friction for the *Hawan* fire sacrifice ceremony. Thus, at age 11, Guru Maharajji received *deeksha* of *Gayatri Mantra* from the Saint.

The Saint lived with the boy for about 12 years. He would call him to his room and ask him to stay there for one hour daily. The child was not required to chant any *mantra* or do any specific work. He just looked towards the Saint as he used to perform *Shaktipat*, which is the conferring of spiritual energy upon one person by another.

In due course, the Saint taught him all about *mantra sadhana*, and as a result the boy developed spiritual powers. He had *darshan* (holy vision) of Lord Shiva and *Gayatri Mataji* (Hindu Goddess) at a later age. The child's mother often filled the boy's pockets with dried fruits, and he would distribute these to his friends.

In the princely state of Jaipur, *Urdu* was a widely spoken language in those days. A Muslim scholar, *Maulvi Jeewan Aliji*, was hired to give Arabic training and teachings to the boy. This training continued for several years. Once, *Maulvi Sahib* did not come to teach the boy for a couple of days. The boy went to the residence of *Maulvi Sahib*, to inquire about his welfare. He was surprised to see a human body covered with a cloth, lying on the ground. When he asked, he was told that the dead body was that of *Maulvi Sahib*'s adopted daughter, *Nazeeran*. All the loved ones had assembled for the burial of the dead child in keeping with Muslim custom.

The boy removed the cloth from the dead girl's body, and sprinkled a few drops of water on her face, chanting some *mantra* in her ear. He then called her name. All of a sudden, the girl came to life and got up saying, "How am I here?" Everyone was astonished and showered praise upon the young boy. He returned home and narrated the whole incident to his *Guruji*. His *Guruji* asked him not to give life like this in future. *Nazeeran* is still alive, and settled in Pakistan. (Some time back, she visited Jaipur, India.)



Guru Maharajji in his youth

In due course, the boy joined a local school to pursue his studies. He appeared for his final exam for Grade 10, which was being conducted by the Board of Education, Ajmer. During the math exam, he just wrote his name and necessary particulars on the front page of the answer book, leaving the rest of it blank. He then came out of the examination hall. The proctor opened the boy's answer book to check it. On the school premise, the boy also met with his class teacher, who inquired about his performance in this paper. The boy told the truth that he had written just his name and particulars in the answer book and nothing else.

When the result of the entrance class was announced, the boy had gotten through successfully with distinction in Mathematics. He was surprised to see his result, and wondered how it happened. So, he went straight to the school's Headmaster, an Englishman, and told him the truth. The Headmaster asked the proctor and the class teacher if the statement of the student was true. Both said that the student had left the answer book blank. The Headmaster wrote a letter to the Director of Education, Ajmer, and asked him to re-examine the boy's answer book.

The answer copy was re-checked showing that all questions were properly attempted and presented in the same handwriting and correctly marked. The Director of Education replied to the Headmaster of the school accordingly.

It was a mystery and a miracle!

Once, there was a solar eclipse in Jaipur and when it was over, the boy's Guruji was to take a bath as per the Hindu custom. A servant was sent to bring water from the nearby well. But this took a lot of time, as there was a crowd of people at the well. Suddenly, the boy could not find his Guruji on the rooftop where he was waiting to take a bath. In spite of repeated searches for the Saint, the Guruji was not found anywhere in the house.

Then, all of a sudden, Guruji was seen on the rooftop of the house with water trickling from his body and undergarments. The boy asked him where he had gone. Guruji replied that he had gone to *Galtaji*, a Hindu religious body of water about ten kilometers away from the house. He had gone to take a bath and returned quickly as the servant was taking too long to bring the water from the well.

Everybody was surprised and amazed to hear about this incident!

In 12 years of staying with the boy, Guruji gave him the entire body of spiritual teachings and blessings. One day, Guruji enabled the boy to have self-realization of soul showing him his four to five earlier births. The Guruji was sitting on a *chowki*, a small table, and the boy was sitting in front of him on the floor. Suddenly, Guruji got down from the *chowki* and sat on the floor. He told the boy (Guru Maharajji) that from that day onwards, he should not do *Pranam* (respectful greetings) to him.

When the boy asked him why, Guruji told him that in a previous life, not only was he a disciple of Guru Maharajji but his *own* Guruji was also his disciple. The boy insisted that all those relations were of the past life, but in this life, he would respect him like a Guru.

In the latter part of Guruji's stay with the boy, he taught him *Jagrit Samadhi*, the highest form of spiritual attainment. Guru Maharajji did intensive *Sadhana* for 40 long years from 16 to 18 hours a day. Due to that *Sadhana*, he remains in *Jagrit Samadhi* 24 hours a day. Guru Maharajji has fully surrendered himself to his Guruji in every walk of life. He would never do *Pranam* (salutation) to any deity unless he got *darshan* (vision) of his Guruji in that deity.

At the age of 18, Guru Maharajji joined the honorary service in the Princely State of Jaipur, and was in charge of *Khas Mohar* (Maharaja's seal of his personal valuables, and State Treasure). He remained at this position until the merger of the Indian Princely State of Jaipur into the Indian Union in 1949. After that, Guru Maharajji fully devoted himself in his religious pursuit and helping others.

Guru Maharajji narrated his life history in April of 1998, at Man House, Jaipur (Rajasthan) in a gathering of 300-400 disciples, including the author.

Chapter 3

The Stages of Self-Realization

In India, saints and sages have been practicing meditation since ancient times. A number of them achieved Self-Realization and *Jagrit Samadhi* (see Chapter 5) during their lifetime. As Guru Maharajji had achieved the highest state of meditation – *Jagrit Samadhi* – I asked him to describe the method of *Japa* for the benefit of others.

Power of *Mantra*

Guru Maharajji said, '*Shabd Brahm Hai*', that is, 'Word is God.' The word here refers to *mantras*. These *mantras* are very powerful, and are God in themselves. The true Guru, who is referred to as *Satguru* in this book, is one who has known God, seen God and talked to God. In other words, he is a teacher who has realized the divine state in spiritual science.

The word Guru comes from the Sanskrit root words GU and RU meaning the dispeller of darkness. Such a Guru alone is competent to ordain *mantra deeksha* to his disciples or aspirants and to preach this philosophy. He examines the soul of the aspirant, selects the suitable *mantra* compatible with the soul, and then gives the *mantra* (this is called *mantra deeksha*). This is similar to the matching of blood types before administering a blood transfusion. Though it is vanishing in India, there are a few saints there who still follow this practice.

I feel privileged to say that my Guru Maharajji was such a

Satguru who gave *mantras* in this way. He also performed *Shaktipat*, the conferring of spiritual energy upon one person by another, a technique that is unfamiliar to most people.

Method of Doing Japa

Guru Maharajji has described a three-step method to achieve self-realization.

The first step is to sit at ease in a comfortable place, preferably in a solitary room, away from the distractions of life. One should learn to sit erect with a straight spinal cord for continuing *Japa*.

The second step is to chant the *mantras* bestowed by a *Satguru* in *mantra deeksha*. As mentioned earlier, a *Satguru* gives *mantras* to a devotee after ensuring that the *mantras* are compatible with his or her soul.

Guru Maharajji further said, “The practice of chanting of *mantras* or *Japa*, as it is called, should be initially undertaken for only three minutes. Slowly, the time may be increased to five minutes, then to 10 minutes and finally to 15 minutes.”

After the devotee is able to practice *Japa* for 15 minutes, the third step is to repeat the *mantra* before the *Satguru*. This is to ensure correct pronunciation of the *mantra*. Incorrect pronunciation of the *mantra* can disturb the practitioner's peace of mind. The Guru may make the necessary correction to how the *mantra* is to be recited. He may do *Shaktipat* if he finds it necessary. The *Japa* should be done with devotion and love, and it is very important to listen to the *mantra* as one chants it. The practitioner should seek the advice of the Guru before the time of *Japa* is increased to more than 15 minutes and the Guru's advice should be strictly adhered to.

Self-Realization

Guru Maharajji explained Self-Realization as below:

Self-realization is not an unconscious state of mind but a state of consciousness. The Guru ordains the *mantra* to the aspirant with *Shaktipat* from time to time. *Mantra*, as explained earlier, is composed of words, *mantra* is *Brahm*, that is, God.

The aspirant should listen to the chanting of *mantra* very attentively. He should exercise total surrender to that higher power. The best way is to prostrate before Him or his Guruji or his photo

saying “*Hey Bhagwan main aap ki sharan men hun,*” that is, “O, Almighty God, I have come under your shelter.”

This will establish your relationship with God or Guruji if the prayer is sincere and emanates from deep within your heart. You might find that sometimes tears start flowing from your eyes.

One can chant the *mantra* in ones' mind, which is known as *Mansik Japa*, with jaws closed and tongue touching the joints between the gums and teeth but without any movement of tongue. This *Japa* is 10 times more powerful than *Japa* done by the audible chanting of *mantra*. When intensive *Japa* is continued for a longer period, one may experience sensations in various parts of the body. One may feel that the body has become very light. The chanting of *Gayatri Mantra* for long may elevate your body from the ground.

If the *Japa* is continued further, there is a crawling sensation of two snakes going upwards from the base of the spinal cord to the top of your neck. In some cases, the sensation of two snakes crawling from the belly to the top of the neck may also be felt. This is called activation of *Kundalini*.

Chapter 4

Gayatri Mantra

Maharishi Manu, one of the greatest Saints of his time, in his writings has said, “No piece of literature surpasses *Gayatri Mantra* in auspiciousness.” *Gayatri Mantra* is the only Vedic verse that has the three characteristics; *Sutri* (Praise or Glorification), *Prarthana* (Prayer) and *Upasana* (meditation). This unique distinction elevates *Gayatri Mantra* to the highest pedestal in the entire Vedic literature.

Gayatri Mantra is a highly revered mantra of the Vedic traditions. It is said to have a divine origin. The *mantra* is most powerful and is considered the King of all *mantras*. This *mantra* is not just 'means of worship' but also an 'object of worship' in itself.

Gayatri Mantra has appeared several times in the *Rig Ved* and *Yagur Ved*.

In *Gayatri Mantra*, 'Ga' means to sing or pray and 'ayatri' means to relieve difficulties, miseries, sorrows and problems of life. If this mantra is recited correctly, preferably under the guidance of a knowledgeable religious teacher, with rhythm, full devotion and thoughtfulness, it will shower, rightfulness, benevolence and happiness.

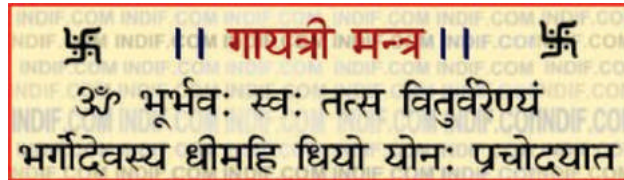
Gayatri Mantra has 24 syllables. It stands for three stages of invocation of God namely praise or glorification, prayer and meditation. This is the prayer that requests the omniscient God to illuminate the intellect. Its daily recitation gives better thinking,

improved guidance and fairly deep insight.

Gayatri Mantra and its English pronunciation are given below.

The chanting of this *mantra* gives peace of mind, infuses inspiration for righteous activities and helps achieve the ecstasy or bliss of God. The *Gayatri Mantra* also leads to wisdom and enlightened actions.

The *Gayatri Mantra* is an appeal to the divine to awaken and strengthen our intellect and discriminating faculty. Recite *Gayatri Mantra* slowly and regularly at a lower pitch at first. The *mantra* and its English pronunciation is given below:



***Om Bhur Bhuvah Svah: Tat savitur Varenyam
Bhargo Devasya dhimahi; Dhiyo yo nah Prachodayat.***

Oh, Creator of the Universe! We meditate upon thy supreme splendor. May thy radiant power illuminate our intellects, destroy our sins, and guide us in the right direction!

The views expressed by various dignitaries and saints are given below:

During Mahabharat period, 3138 BC, *Bhishama Pitamah*, the great grandfather of the *Kauravs* and the *Pandavas* stated to *Yudhistar*, that *Gayatri Mantra* could be recited at any time and at any place to obtain peace of mind.

This *mantra* illuminates our mind and helps in seeking the right direction, growth and alternatives of problem resolution and protection.

The foremost is that the *Gayatri Mantra* establishes Communion with Almighty God. The reciting of *Gayatri Mantra* cleans the impurities of mind, and the person gets inspiration as to how to realize God. This is unique prayer that bestows new life. It is a universal prayer that requests the Almighty God to illuminate the intellect and gives better thinking, improved guidance and fair insight.

In India, *Gayatri Mantra* is given to children prior to initiation of formal education. The *Gayatri Mantra* improves concentration, and judgement, better control of anxiety and emotions, firm determination and self-esteem. The recitation of this mantra calms down agitated minds.

The historical Vedic references are given below:

1. During Mahabharat, 3138 BC, *Bhisham Pitamah*, the great grandfather of the *Kauravas* and the *Pandves* stated to *Yudhistra* that *Gayatri mantra* could be recited at any time and at any place to obtain Peace of mind.
2. Swami Dayananda (1824-1883) provided the meaning of *Gayatri Mantra* as follows:

O God Thou art the giver of life,
Remover of pain and sorrow,
The Bestower of happiness,

Oh! Creator of the Universe,
May we receive thy supreme sin-destroying light
May thou guide our intellect in the right direction

3. Swami Vivekananda (1863-1902) another great saint asserted that *Gayatri Mantra* is a means to attain pure and refined intellect. He said that one must meditate regularly on *Gayatri Mantra* to realize its complete meaning, derive divine inspiration and to get guidance of intellect for betterment of all.

The recitation of *Gayatri Mantra* is capable of changing one's life to happiness, prosperity and ultimately bliss. If the meditation of the mantra is continued further, it can lead to self-realization and then to *Jagrit Samadhi*.

Also, you must keep in mind that a person can also commit sins through his or her eyes, mind and tongue. So, one must keep God in these three places!

Recite this mantra with concentration while meditating. Listen to the mantra very attentively

Gayatri Mantra should be recited under the guidance of a knowledgeable teacher.

The incorrect recitations may harm the individual.

The *Japa* is a scientific technique, which positively affects the practitioner's mind, intellect, and intuitive faculties. The vibrations of *Japa* brings about many physical and subtle changes in one's body. The *veil of ignorance* gets removed, evil thoughts begin to subside and many qualities like love, truth, justice and forgiveness starts developing in you. As an aspirant, you will find that you become an image of purity, honesty and sound character. You will develop a discipline in your way of life, which distinguishes you from other people around you.

Besides the many (earlier mentioned) changes taking place, you will find your willpower becomes strong and your soul becomes enlightened. The outcome: happiness, good fortune and salvation. This benefits not only the practitioner, but others as well.

Chapter 5

Deep Meditation (*Jagrit Samadhi*)

The final stage of Self-Realization is the *Jagrit Samadhi*, the highest stage of meditation. Guru Maharajji explained *Jagrit Samadhi* as below:

“The *Jagrit Samadhi* is the union of the soul element of the individual with God. The soul of the *Satguru* (true Guru) is fully realized and bears the *Divya Shakti* (Godly power). The soul of the disciple also bears it, but he is unaware of its presence in his soul. Through the chanting of *mantras* (*Japa*), and constant *Shaktipat* (transfer of spiritual energy from Guru to disciple), the Guru inserts his soul element enriched with the Godly power into the soul of the disciple. This is exactly like a well-lit candle, which on touch can light thousands of unlit candles. Thus the soul of the disciple gets enlightened.”

Guru Maharajji further said, “If chanting of *mantra* is carried out systematically under the guidance of a *Satguru*, with *Shaktipat* from time to time, the soul of the practitioner attains illumination like the light of the sun. If the practice of *Japa* is further continued, the soul of the practitioner merges with God. It is at this stage that the *Satguru* puts a lock on the union of the two (God and the disciple's soul) so that they don't get detached under any circumstances. This happens automatically, and the practitioner

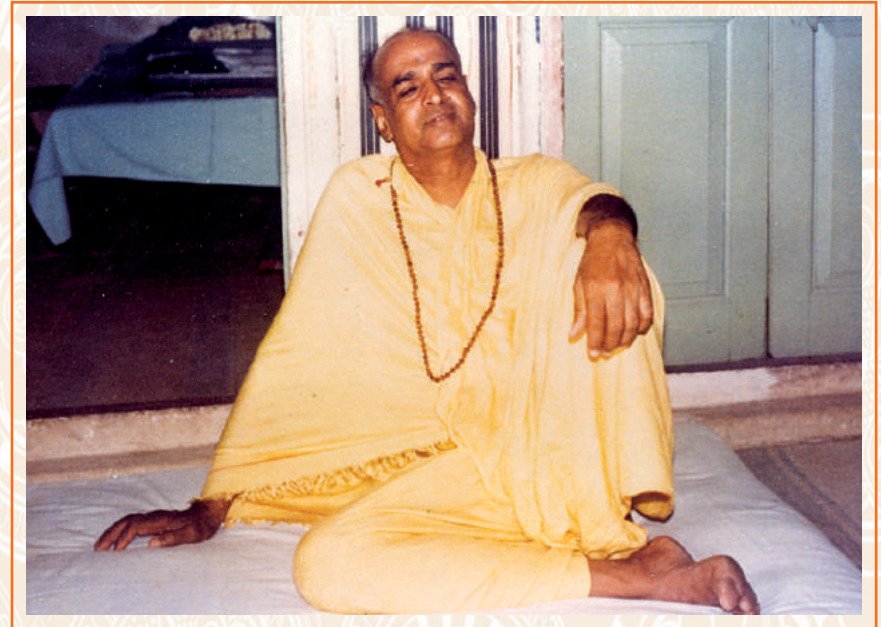
himself has nothing to do in this respect. This contribution of the *Satguru* to the disciple's spiritual advancement has no match anywhere.”

Guru Maharajji said, “In *Jagrit Samadhi*, the mind of the practitioner is lost in the object of meditation. The *Jagrit Samadhi* is attained by the disciple under the practical guidance of the *Satguru*, by chanting any of the *mantras*, that is, *Om*, *Soham*, or *Ram*. This is an advanced stage when the disciple is fully mature and he saturates himself by chanting the given *mantras*.”

Another way of attaining *Jagrit Samadhi* is by *Satguru's Kripa*, or the blessings and kindness of the Guru.

The disciple should love God or his *Satguru* in meditation. In fact, love between God and the soul is the *perfect* love. A disciple should meditate with full concentration.

The practitioner, after attaining *Jagrit Samadhi*, acquires many miraculous powers; such as being able to read others' thoughts, show his presence at any place, go to any place for his religious pursuit and live in a constant state of bliss.



Guru Maharajji in Jagrit Samadhi



Maharajji in Jagrit Samadhi

Chapter 6

Guru Maharajji in Muscat

During Guru Maharajji's visit to Muscat, Sultanate of Oman in June of 1997, many local people came to meet him and asked him interesting questions. This information has been gathered from Guru Maharajji, in the course of conversations with him. The enthusiastic visitors put forth the following questions:

Visitor: "What is your religion?"

Guru Maharajji: "I have an international religion; it is a religion of words. God is one. Hindus worship Him as Lord Rama, Lord Krishna, Lord Shiva, or in the name of many Gods and Goddesses. Muslims call Him Allah, Christians call Him Christ, and so on and so forth. In a nutshell, God is one but different religions have given Him various names in various countries. This does not matter."

Visitor: "Can I worship two forms of God?"

Guru Maharajji: "There is no bar to worshipping two forms of God. You may worship Him in any form you like, but you must show due respect to God. It is advisable to worship one form of God, as duality of God's name may divide concentration. This may cause delay in achieving your goal."

Visitor: "How should one worship God? Kindly explain in detail."

Guru Maharajji: "In practice, the procedure is very simple. The *sajeev* (or live) *mantra* given by a *Satguru* should be chanted and listened to attentively by the practitioner. One could start with just

three minutes of chanting of *mantra* daily, in a solitary room, if possible. The time may slowly be increased under the guidance of the *Satguru*. It is important that the vibrations of the sound of *mantra* should be listened to, as these vibrations reach Jupiter and resonate with *mantras* resident there. When you listen to the *mantra*, it brings the energy from there, which provides:

- Peace of Mind
- Enlightenment and Self-Realization of Soul
- Realization of God

These are the three phases of soul enlightenment.”

Visitor: How is the chanting of *mantra* beneficial to the recipient?

Guru Maharajji: “The repetition of *mantra* is called *Japa*. This is a scientific technique, which affects the mind and its intellectual and intuitive faculties. The practitioner's willpower becomes strong; his thinking process develops extraordinary clarity, and discrimination. His intuition becomes clear and pure, and his soul becomes enlightened.”

“If the practitioner performs *Japa* regularly, many troubles melt away. All his sins of this life and past lives are destroyed. The practice of *Japa* increases happiness and good fortune, and brings salvation. One's evil thoughts begin to subside, and the qualities of truth, love, purity, politeness, discipline and generosity develop.”

Guru Maharajji further explained, “The chanting of *mantra* without attentive listening is not effective. People have worshipped for as long as 40 to 50 years this way, or with *deeksha* from professional Gurus, but with no results; so listening attentively to the *mantra Japa*, as ordained by a *Satguru*, is essential. You must have a yearning for God or *Satguru*, and an intense desire to see Him. Then, and only then, can one achieve success in this noble pursuit.”

Visitor: Should a devotee ask God for materialistic things?

Guru Maharajji: “It is not advisable to ask God for material things as, while he will provide you with what you asked for, he might give you even more than what you asked for if you don't ask. As an example, if you ask him for a shirt, you will only get a shirt. However, he may be planning to give you a suit as well. The choice is yours. If you must ask for something, ask for *Sad Buddhi*, i.e.

wisdom which will be ever helpful in all your endeavors.”

Guru Maharajji: 'In order to achieve your goal of Self-Realization, you must have firm determination, implicit faith and belief in God or *Satguru*. You should train your mind to think positively about everything. Have full trust in God. He will guide your mind and your thought pattern will change. This practice needs to be continued not for weeks or months but for years. Sometimes the mind may try to revert to the old pattern of thoughts, but that need to be stopped. Make it your habit to believe that you are gaining strength on your path of salvation every day. Ultimately you will achieve your goal.”

Chapter 7

Japa Vidhi (Method of Prayer)

There is a custom amongst many families in India of having a *Kul Guru* (family priest or guru) who is known as *Purohit*. According to the tradition, he bestows *deeksha* (initiation into *mantra* chanting) to the young children, who practice it into old age. The custom is presently limited to Brahmin families.

The Guru plays very prominent role in the process of spiritual science, spiritual learning and development. He acts as Brahma, Vishnu and Mahesh (the three major deities of the Hindu religion), while preaching and helping a disciple in his *Adhyatmic Sadhna* (Spiritual practice). The Guru initiates the creative element by *Shaktipat* at the time of *deeksha* in the soul of the disciple as Brahma, and maintains, by *Shaktipat*, the same creative element in the capacity of Lord Vishnu.

This is why there is a traditional prayer in Sanatan Customs of spiritual discipline, as under:

***“Guru Brahma, Guru Vishnu,
Guru Dev Maheshwara
Guru Sakshat Param Brahma
Tasmai, Shri Guruvay Namah.”***

Literally it means: Guru is the creator, Guru is the maintainer and Guru is the destroyer (in the spiritual sense). Guru is an absolute center of power, and I bow to such a Guru.

The disciple is required to co-operate through obedience and the regular practice of *Japa*, as ordained in *deeksha*, in spiritual discipline, as guided by the Guru for the development of his soul. The disciple must have firm determination and implicit faith in his Guruji. The implicit faith is the result of constant practice of the *mantra Japa*, given in *deeksha* by the Guru. Listening attentively to the chanting of the *mantra* will be helpful in enlightening the soul.

In regard to *Japa Vidhi*, Guru Maharajji said, "There are two ways to achieve your goal. The first way is through the *Satguru* giving a *mantra* with *Shaktipat* to the disciple after screening his soul and examining the suitability of the *mantra* for him. He then explains to him the method of chanting the *mantra*. The second way is through '*Pravachan*,' or listening to the preachings of the Guru. He may preach from manuscripts or personal experience, and encourage the disciple to follow an ideal way of living."

Guru Maharajji further said, "When my Guruji was leaving for good, he asked me whether I was interested in preaching or giving *mantra* in *deeksha* to devotees who wanted to follow the spiritual path. I said, 'Whatever you feel is better.' He told me that giving *mantra deeksha* and chanting of *mantra* is a better way to serve humanity, and authorized me to do so."

Guru Maharajji continued, "The chanting of *mantra* is a very powerful method for attaining God. However, this *Japa* is to be done with thoughtfulness, devotion and love. '*Shabd Brahm Hai*,' that is, 'The Word is Center of Power.' You should make a conscious effort to hear the sound of the chanting of the *mantra*. The sounds from the chanting of the *mantra* go and strike against the planet Jupiter, and it rebounds in a fraction of a moment, after striking the resident chanted *mantras*. When you hear that sound, it strikes against your soul, and clears all dust, dirt or debris from it, and the soul gets enlightened in due course. On the other hand, if you don't hear the sound, the very purpose is defeated, and you make no spiritual progress."

Guru Maharajji said, "While chanting the *mantra*, you should feel that you are receiving the benefits of chanting. This will lead you spiritually and psychologically towards your goal. If your mind wanders during prayers, don't worry. You should stop for a couple of seconds and try to bring your attention back to the *mantra*. If it is done as a matter of routine, concentration will improve."

Japa or worship may be carried out in a forest, on the sea beach, by a river, or in a solitary room away from the disturbances and hubbub of life. You may worship before a statue or photograph of a God of your choice and liking, or your *Isht Devta* may be your Guru. As God is not visible to the naked eye, you cannot ask Him questions, but you can ask your Guru for help.

You should begin your prayers after the morning ablutions, that is, attending to the call of nature, taking a shower, cleaning the picture or statue of the deity, and *dhoop deep* (lighting of candle, etc.). Close your eyes and start chanting the *mantras* as directed by the Guru. One can begin by chanting the *mantras* for three minutes or so, and increasing the time of worship gradually under the guidance of your Guru and as your schedule permits."

To the question of whether the worship can be undertaken on a bed, Guru Maharajji said, "You may worship on your bed, even lying down on your bed, provided the chanting of *mantra* is regularly done, and you have full devotion to God."

"In addition to chanting of *mantra*, you may start *Mansik Japa*, which is reciting the *mantras* in your mind, initially with your mouth closed and without movement of the tongue. The tongue should touch the lower joint between the gums and teeth. This type of *Japa*, known as *Mansik Japa* is ten times more powerful than the *Japa* that is uttered loudly. *Mansik Japa* can only be done when enough practice of chanting of *mantra* has been undertaken."

"One must respect the Gods of all communities. It is better to worship one God, or *Isht Deva* as worshipping of different forms of God reduces concentration and delays spiritual development."

A devotee asked "Is it correct to worship Guru instead of God?"

Guru Maharajji said, "There is no harm in worshipping a *Satguru*, as he is a representative of God, and God speaks through him. In ancient times, the same question was asked of a Saint. He pointed towards his Guruji's picture hanging on the wall, and said, He is my God. In India there is a saying, *Guru Govind Donon Kharay, Ka Kay Lagon Paay, Balihary Guru Apne Jo Govind Deeyo Bataya*. It can be translated as, if the Guru and Govind (that is God) are both standing in front of me, whose feet should I (devotee) bow to first? I would first pray to that Guru who introduced me to Govind (God)!"

There is a story of an aspirant who was traveling by train in first class. At one station, a Saint entered the compartment. As it was an overnight journey, the Saint requested the gentleman to give him the lower berth as he (the Saint) was an elderly and weak man. The man refused, and the Saint slept on the upper berth during the journey.

In the morning when the train halted at a railway station, crowds gathered near the compartment, with the slogan of, '*Guru Maharajji Kee Jai* (hail to our Guru).' A few people entered the compartment, and the Saint gracefully got down from the upper berth, and left the train with them. The man asked someone, "Who is this Saint?" To his utter surprise and remorse, he realized the Saint was the same person he had gone to meet, and he was not able to do so.

This experience shows that if one's Guru doesn't introduce him to God, he will not be able to recognize Him even if He is sitting next to him. The folly committed by this person would again be repeated. A Guru is more important than God Himself.

You have to dive deep in the sea to find a pearl. If you want to reach God, you must dive deep. Swimming on the surface is not going to help you. Have implicit faith in your God. Have a firm determination to reach Him, and a yearning to see Him and reach Him. This yearning will take you nearer to Him. An intense restlessness or a state of seeking is needed. Then and only then can you achieve the goal. You need patience, perseverance and practice to achieve the great mission!

Chapter 8

Guru Maharajji's Guidance

Guru Maharajji led a life of simplicity while being immersed in God. He would say that God is Omnipotent, Omnipresent and Omniscient. You should have implicit faith in Him and your Guru who guides you. He always advised people to meditate. Pray to God by chanting the *mantra* given by a Guru.

We never heard Guru Maharajji say, "Don't drink. Don't smoke. Don't eat meat or don't do this, don't do that." He only guided, and gave *mantra deeksha* if the aspirant was interested. Then, one would find that bad habits and cravings automatically disappear with the chanting of *mantra*.

In Guru Maharajji's role as a Guru, he gave *sajeev mantra* (alive *mantra*), advised initial audible chanting of it, and most important, listening to its vibrations. There was a great secret behind his giving a *mantra* in *deeksha* to a disciple or an aspirant. When someone came to him, he would examine the soul and give a *mantra* that matches the "subtle atoms of the soul." Guru Maharajji has said that this procedure of giving *mantra* has vanished from India. The *mantras* are now given on whims of so-called Gurus. Guru Maharajji did *Shaktipat* (transfer of spiritual energy), which would jump-start the spiritual growth of the human soul. As disciples followed his advice, they walked on the path to the enlightenment of their soul, and saw many positive changes taking place in their lives.

The repetition of *mantra* is called *Japa*. According to Guru Maharajji, *Japa* is a process by which past and present sins are removed, and the cycle of rebirth terminated. The human focus of religious and spiritual practices is to acquire the necessary discipline for God realization. This is brought about automatically through *Japa* and listening to the sound of *mantra*. More advanced stages result when you do *Mansik Japa*, i.e. chanting of *mantra* within or mentally. You close the jaws and put the tip of the tongue on the joint of the lower teeth and gums, and do *Japa* in the mind, without the movement of tongue. This *Japa* is 10 times more powerful than the chanting of *mantra* loudly. However, this is recommended only after a sufficient, long-enough period of vocal chanting of *mantra*.

Guru Maharajji further explained that the continuous *Japa* begets all sorts of miraculous powers. It is a scientific spiritual technique that affects the mind and its intellectual faculties. As a practitioner, your willpower becomes strong and the soul becomes enlightened. This process destroys the sins of present and past lives, and leads to happiness and good fortune.

Further, the practice of *Japa* brings about sensations in the body of the practitioner that can result in many changes, including a positive attitude, truthfulness, love, justice, forgiveness, patience, peace, politeness, discipline, service and generosity, happiness and peace of mind - what could be better? And what could be more admirable than to be a person of purity, honesty and sound character?

Further on, *Japa*, under the guidance of a *Satguru*, leads to *Jagrit Samadhi*. When such changes take place in the practitioner's body, where is the need of explaining Guru's philosophy? The *Japa* not only brings positive inner changes, it also changes the person's fate. You can find all your troubles disappear, that you gain courage and that your financial, marital and other problems get resolved.

Guru Maharajji believed in helping people in general by advice, as well as through spiritual therapy. Many people have come to him with their personal problems or have talked to him over the telephone; he has solved or relieved their problems with sincere advice or recommendation for *Japa* of a particular *mantra*. He has cured thousands of people suffering from curable and incurable

ailments in India and elsewhere in the world, by his spiritual therapy without the use of medicine.

The Guru would put his left forefinger on the location of the ailment for a few seconds. Some ailments are cured in one such sitting, otherwise chronic ailments might require several sittings. He has cured countless ailments including hearing problems, migraine, arthritis, thyroid, backache and displacement of disc, etc. Guru Maharajji was always helpful and happy to bring this kind of *miraculous* relief to so many!

However, Guru Maharajji's key advice to people was to *practice Japa* regularly. Once he asked my daughter, Mukta Vadera, during her first visit to India, "Do you do *Japa*?" She replied, "I don't get the time to pray". He said, "How long does it take you to get to work?" She replied, "About 15 minutes by car." He said, "How about if you say your *mantras* only 11 times, on your way to work. That should take about five minutes, and then you can listen to news or songs on the radio." She agreed and started doing *Japa* in the car. A few days later, she felt like doing *Japa* before leaving home and soon she was doing *Japa* regularly.

An interesting instance involves Thakur Birender Singh of Jasana, an ex-Jagirdar of the princely state of Bikaner, who came in contact with Guru Maharajji in the 1950s. In his time, Thakur was a *great* hunter who could shoot a lion or tiger with one shot. He used to drink alcohol, smoke cigarettes and enjoyed non-vegetarian meals, as most Rajputs do.

Then he was blessed with *mantra deeksha*, from Maharajji and started chanting it under his guidance. This motivated him to make tremendous changes in his lifestyle within a few years. He quit hunting, smoking and drinking and even became a strict vegetarian - to the extent of preparing his own meals at his home. He feels constant presence of Guru Maharajji at all times.

From time to time, Guru Maharajji arranged for a group of devotees to chant *mantras* in a session, where he would lead, and be followed by all the disciples present. This process is called *mantra ucharan*. He would do *Shaktipat* for the benefit of all present. This results in the accelerating of the awakening of *Kundalini*, and brings peace of mind and happiness. Thereafter, the Guru would answer questions of the disciples, or all people present there, and sometimes give *mantra deeksha*, if the newcomers asked for it.

Guru Maharajji did not preach or deliver discourses to people, but only ordained *mantra deeksha* to those interested. And they have found that this chanting of *mantra* brings many changes in them automatically. The Guru has done *Shaktipat*, periodically, which accelerates the previously mentioned benefits, and solves the problems of disciples and visitors as described in other chapters. Thus, he has always helped people, sometimes even without their knowledge.

Chapter 9

Guru Purnima Celebration

An annual festival in India, *Guru Purnima* is celebrated on a full moon day every year in the month of *Assad Shukla Purnima* (around the month of July or August, based on the Hindu Lunar calendar). On this special full moon day, disciples pay their tributes to their Guru and get his blessings. Guru Maharajji also celebrated this occasion.

In the last meeting of Guru Maharajji with his own Guruji, the former asked him as to how he would contact him for any contingency. The latter replied, "When you will remember me, I shall come there." On this occasion, Guru Maharajji blessed his disciples and requested his Guruji's presence on the *Chowki* (small table).

He would request his Guruji's blessings to be showered on all the disciples as they worshipped turn by turn before the *Chowki*. In this way, the disciples were doubly blessed; by Guru Maharajji and also by Dada Guruji (Maharajji's Guru).

A week or so before *Guru Purnima*, Guru Maharajji would begin getting information from his disciples in India, out of Jaipur and abroad, about their proposed date of arrival, and their period of stay in Jaipur. Suitable arrangements were made for their stay in Jaipur. The enthusiastic disciples volunteered their services on this important occasion. With Guru Maharajji's agreement, groups were formed for various duties, including assistance to him in the

worship room, pitching of the tent, and furnishing thereof, fixing of ceiling fans, and for serving of *Prasad*, the consecrated food which is offered to the deity or *Satguru*, and then served to the disciples and visitors.

Guru Maharajji would prepare a list of disciples, along with the timings of worship on the Guru Purnima Day, for their convenience. The list was then pasted on the entrance of Guru Maharajji's residence so that the disciples could take note of the time of their worship before the *Chowki*. The worship room was suitably decorated for Guru Purnima day. Guru Maharajji placed a *Rudraksh Mala*, given to him by his Guruji, on the *Chowki* along with roses for worship. This *mala* has descended from the Guruji to the disciple for the last 1500 years. Besides this, five big banana leaves were attached to the wall.

Guru Maharajji would get up early in the morning, at 2:00 a.m. After taking a bath and getting ready, he requested his own Guruji's presence on the *Chowki* for worship. He first worshipped Him. After that, disciples started coming for worship before the *Chowki*. This would begin as early as 5:00 a.m. on that day and continued for 24 to 36 hours at a stretch depending on the number of disciples who came to attend the ceremony.

The worship was done in an orderly fashion, with the recitation of *mantras* as instructed by Guru Maharajji. The disciples worshipped at the *Chowki* with the holy Ganges water, *chandan* paste (prepared from sandalwood tree), rice, and flower garlands. They offered fruits, coconut and sweets, before the *Chowki*. Guru Maharajji would explain the correct method of worship to the disciples and request his Guruji to bless the disciples, and to remove their sins. Then, they did *dandwat* (prostration) before the *Chowki*.

The disciples, after performance of puja of Dada Guruji before the *Chowki*, would prostrate before Guru Maharajji. Guru Maharajji applied *chandan* on the forehead of the disciple and then garlanded him. The disciple would thereafter put *chandan* on Guru Maharajji's forehead or feet (right toe), with his permission, and offer him a garland. It is said that on the day of Guru Purnima, nectar would flow from the right toe of Guru Maharajji. The disciple washed and worshipped the right toe with Ganges water, and chanting of *mantra* as instructed by the Guru.

The drinking of *charnamit* (holy water offered to the deity or *Satguru*) would enlighten the soul of the disciple; his or her sins were mitigated and concentration increased while doing *Japa*. Thereafter, the disciple would prostrate at Guru Maharajji's feet, "*Hey Bhagwan main aap ki sharan men hun,*" that is, "O, Almighty God, I have come under your shelter." In this way, the disciple would get blessings from Guru Maharajji.

When all the disciples had performed puja, the *Pandits* (Hindu priests) worshipped Guru Maharajji in the presence of all the disciples. The Guru Purnima celebrations would come to an end. Thereafter, *Prasad* was distributed to all the disciples. The petals of flowers before the *Chowki* were also distributed to all the disciples. These petals, which were dried under the Sun, could be stored for years. These were meant to be taken daily to help with the lessening of sins, and were considered very important and beneficial to the user.

Guru Purnima is a significant day when all the disciples of Guru Maharajji meet each other. They got to know and hear each other's experiences and miracles. The newcomers sought clarification from Guru Maharajji. He listened to their experiences and provided necessary guidance to them. This became a great event in the religious lives of the disciples. As well, Guru Purnima was an occasion when Guru Maharajji ordained *mantra* to the new disciples.



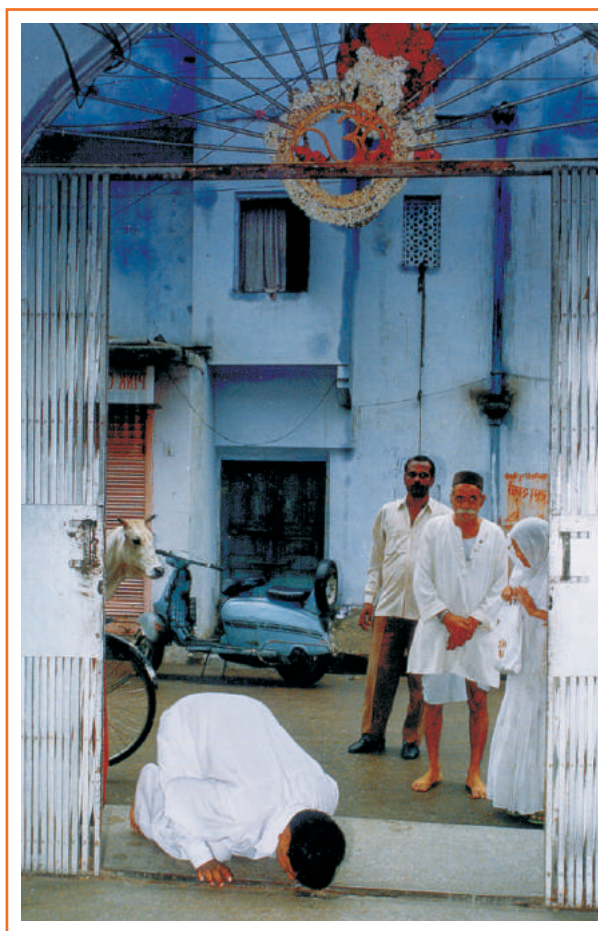
Celebrating Guru Purnima



Devotees offering water on Guru Maharajji's feet

Worship at *Guru Dwar* (Guru Maharajji's gate)

Hundreds of people visit the main entrance of Guru Maharajji's residence daily, and still prostrate themselves and worship there. People find peace of mind and the fulfillment of their wishes by doing so. Once Guru Maharajji returned home very late at night and found some people at his gate. He asked them, "What are you doing here this late at night?" They replied, "Don't you know this is the residence of Guru Maharajji and all wishes are granted if you pray here with your heart?" Guru Maharajji kept silent, and entered his home.



People prostrate on the main gate of Guru Maharajji's residence to fulfill their wishes.

Chapter 10

Guru Maharajji in *Shivlok*

On June 22, 1996, Guru Maharajji experienced sudden acute pain in his chest. He was admitted into Tongiya Hospital, Jaipur, for treatment. Though he recovered and returned home, the weakness continued. He was getting weaker day by day. This caused great anxiety to the whole family and the disciples of Guru Maharajji.

On November 1, 1996, there was a function at Guru Maharajji's residence where all his disciples assembled. Guru Maharajji appeared weak so his doctor disciples examined him thoroughly. The panel of doctors decided that he should be thoroughly examined at Santokba Durlabhji Memorial hospital, a private hospital in Jaipur. The following details were provided by Dr. Kailash Narain Haldia MBBS, MS (DA), Ex-Director Mobile Surgical Unit.

On November 4, 1996, Guru Maharajji asked two ardent disciples, Dr. Kailash Narain Haldia and Mr. Rameshwar Nath Gaur (Ex Deputy Inspector General of Police, Jaipur) to come to his residence. They were surprised to see that all arrangements had been made for his admission to Santokba Durlabhji Memorial hospital and they accompanied Guru Maharajji there. His disciples, Dr. J.R. Singhvi, and Dr. Ashok Jain, a renowned heart specialist of Jaipur, examined him. They concluded that the condition of his heart was stable, and further treatment could be continued at his home. There was no need to admit him to the hospital.

Guru Maharajji did not agree with the advice of Dr. Jain and Dr. Singhvi, and asked them to admit him, and put him on continuous cardiac monitoring while he was in the hospital. He also said that money was no consideration. The doctors attending him were surprised at this request of Guru Maharajji. However, Dr. Haldia could feel that there was some deep reason for Maharajji's request for being put on continuous cardiac monitoring.

Guru Maharajji's suggestions were complied with, and he was given a deluxe room for his stay. Dr. Haldia and Mr. Prahaladji Temani, another ardent disciple of Guru Maharajji offered to and remained on night duty with him in the hospital.

Guru Maharajji was administered a sleeping pill on the night of November 4, 1996, at 10:00 p.m., but he did not sleep. He continued to talk with Dr. Haldia and Mr. Prahaladji until 1:00 a.m. and then went to sleep. Dr. Haldia sat on a chair in front of the monitor and watched it continuously while Mr. Prahaladji fell asleep in the room.

At 2:30 a.m., Dr. Haldia suddenly saw a straight line on the monitor indicating Guru Maharajji's heart had stopped. However, the monitor indicated occasional heartbeats - one heartbeat per minute. This went on for some time. Thereafter, full cardiac tracings came in, with normal respiration. Dr. Haldia felt nervous and helpless to see such indications on the monitor. Later he thought that Guru Maharajji might have gone into *Samadhi* giving rise to the unusual readings on the monitor. Dr. Haldia did not touch Guru Maharajji. He also did not keep a count of the pulse beats.

The next day, November 5 1996, Guru Maharajji was in normal condition, except for the indication of an inverted T wave on the monitor. In the evening, at 7:00 p.m., Guru Maharajji asked Dr. Haldia what had happened to his heart during the early night. Dr. Haldia replied that this heart had stopped for some time. Guru Maharajji asked how long had his heart stopped. Dr. Haldia replied that he had lost his mental balance and was so perturbed that he could not keep track of the time. Guru Maharajji then told him that his heart had stopped functioning for 21 minutes. Dr. Haldia asked where he had gone. Guru Maharajji kept silent.

Dr. Haldia, after a pause, suggested that he might have gone to *Gowluk* (another higher world) to meet his mother and his first wife. Guru Maharajji then said, "I went to *Shivlok* where my Guruji, Dada

Guruji and Lord Shiva were present. I had left my body with the idea of not returning to earth, as I had completed all the work allotted to me by my Guruji and Dada Guruji. They did not say anything but directed me towards Lord Shiva. I went there, but Lord Shiva asked me to return to earth and do additional work. So I returned to earth in 21 minutes."

He further commented that it took nine minutes to go to *Shivlok*, nine minutes for his return journey from *Shivlok* to earth, and it took three minutes to hear the advice of Lord Shiva.

Dr. Haldia inquired, "What did Lord Shiva tell you to do on earth?"

Guru Maharajji said, "I don't know."

Dr. Haldia in the course of subsequent conversations with Guru Maharajji learned that a saint in the Himalayas, who was 2000 years old, had developed heart trouble and Guru Maharajji was requested to take this ailment upon himself. That is why he developed a heart problem. Dr. Trehan, a renowned heart specialist at the Fortis Escorts hospital in New Delhi, operated upon Guru Maharajji in the month of November 1996. The operation was successful. The next day Dr. Trehan and other senior doctors, came to examine Guru Maharajji.

While they were discussing complications during the operation, Guru Maharajji told them, "When the operation was being performed, the doctor was annoyed as he wanted a specific instrument and was given some other instrument. Secondly, the doctor had cut the wrong vein, causing blood to gush out and spray on his apron." Dr. Trehan and his associates were astonished to hear this.

The doctors inquired how Guru Maharajji could have known this. He said, "There is no doubt that my body was unconscious and being operated upon, but my soul was fully conscious and aware, and saw the operation.

At the Escorts Hospital, Guru Maharajji cured many ailing patients.

Since then, Guru Maharajji has had blessings and spiritual powers directly from Lord Shiva, in addition to blessings from his Guruji. He continued the spiritual work on earth as directed by Lord Shiva.

Chapter 11

How I Met Guru Maharajji

I met a friend, Mr. Behari Singh in or around the year 1960. In the course of our conversation, a casual mention of astronomy, astrology, and palmistry came up. I asked Mr. Singh if he knew of any palmist in Jaipur. He just knew of one, Sri Krishna Gopal Ji Vyas, who could tell one's future correctly.

My older brother, Dr. Roshan Lal Chopra, then Deputy Director of Employees' State Insurance (ESI), Medical Directorate had been living in Jaipur for a long time. I mentioned my conversation with Mr. Behari Singh to him. He said that he knew Sri Vyasji very well, and promised to take me to him. Dr. Chopra and his best friends, Mr. Bheron Prashad Chaturvedi and Mr. Prabhu Dayal Mishra, formed a trio who met almost every day and spent evenings together. This trio frequently met Sri Vyasji in the evenings. One day, I accompanied my brother to meet Sri Vyasji at his residence.

Sri Vyasji's house is situated in Singhiji ka Rasta, near Chaura Rasta, a major road in Jaipur. We both met Sri Vyasji and after preliminaries, I expressed a curiosity to learn about my future. Sri Vyasji brought one black ink plate and a roller. He put black ink on the plate, rolled it with the roller, and then onto my palms. He then transferred my palm prints onto a piece of white paper. Sri Vyasji kept my prints with him, and instead of telling me my future, *he made my future.*

From that day onward, I became a frequent visitor to my Guru Maharajji's place. In the beginning, I would go there with my brother, but later I began going there on my own. My association with Guru Maharajji grew immensely. I was greatly impressed by his simple way of living, his philosophy, and ever-helpful attitude. Later, all my family members became his disciples.

On January 30, 1975, Guru Maharajji asked me to start *Japa* and gave me one *mantra* to chant daily. I started the chanting of *mantra* on January 31, 1975. The *Japa* continues to this day, and he added more *mantras* as time went by.

It is very difficult to find a *Satguru*, though some live in India and abroad, who can give *sajeev mantras* to recipients. My Guru Maharajji was a *Satguru* (a true guru). In his lifetime, he gave *mantras* to people, after making sure that the vibrations of *mantra* are compatible with their soul. He examined the suitability of the *mantra*, as a medical doctor would examine the blood group before a transfusion. He explained the *mantra*, its interpretations, and how to chant it.

The unique ability of Guru Maharajji is that he could awaken the creative element of the soul of the recipient by *Shaktipat*, which accelerates the development of his soul.

According to Guru Maharajji, the practice of screening the soul and giving the right *mantras* was vanishing from India. One can get wealth with some effort and good luck; one can maintain one's health with proper care, but one cannot get peace of mind and happiness without meditation under the guidance of a *Satguru*.

Over the course of several meetings with Guru Maharajji, he advised me to worship God and chant *mantras* given by him. "This will bring all sorts of prosperity, and cheerfulness in all spheres of life, and reduce adversities and distresses in future," he said. I did what he asked me to do, and accepted the idea of worshipping God by chanting the given *mantra*. I have been doing this for the past 40 or so years and have gained peace of mind, and had many spiritual experiences and material benefits. I feel a great need to share these with the rest of the world.

In this book, I make an effort to describe the process of *Japa*, the process of concentration, meditation and *Samadhi*. This is based on experiences of disciples and explanations given by Guru

Maharajji, and information gathered from him over the course of several years. He inspired me to make an attempt to put his teaching in the form of this book for the benefit of devotees and aspirants. I hope this book will be beneficial to beginners as well as to those who are already pursuing meditation.

Chapter 12

Guru Maharajji's Visit to USA and Canada

Guru Maharajji, along with his wife Guru Mataji, arrived at New York's Kennedy Airport, on September 28, 1997 on a British Airways flight. While in the USA, they stayed with my son, Mr. Vijay Chopra in Jersey City, NJ. In Canada, Guru Maharajji and his wife stayed with my son-in-law Mr. Ajay Vadera in Markham, Ontario, and Mr. Ajay Chopra, my son, in Toronto, Ontario.

During the course of Guru Maharajji's visit to the USA and Canada, I had the privilege to enjoy a very close association with him. In Jaipur, I had visited Guru Maharajji's residence for his *darshan*. I also accompanied his entourage several times to Haridwar for a holy bath, and to other religious places, such as Kalyanji Temple and other temples in Jaipur. But this time, in North America, was an excellent opportunity to devote time fully to his holy company, and I will describe him as I saw him.

Guru Maharajji was about five feet seven inches in height, with a well-built body and a glowing face. He radiated patience, peace of mind and bliss. One felt peace of mind in his presence. One did not feel like leaving his company even for a single moment. He was very punctual, methodical and particular about saying his prayers.

During one conversation, Guru Maharajji mentioned that he usually went to bed after 9:00 p.m. and got up at 2:00 a.m. daily. He remained in *Jagrit Samadhi* thereafter. He rested for some time and then had a breakfast of a cup of milk and some fruit between 9:30

a.m. and 10:00 a.m. During meals, we would have phone conversations from his disciples around the world, from Jaipur and Nagpur in India, and Muscat (Sultanate of Oman), St. Thomas Island, Germany, Italy, and many other countries.

One lady used to call him every day from Nagpur, India, to seek his blessings. Some people asked for help with their personal problems, and Guru Maharajji gave them suitable advice. A few of these callers asked him for *mantra* initiation, which was given over the phone. Some people called him to know how their *Puja* (worship) was proceeding. Guru Maharajji would converse with them cheerfully and answer their questions.

Guru Maharajji had given each disciple a chart of *mantras* that suited his or her soul, and which he or she was asked to chant daily. While Guru Maharajji strongly encouraged the daily chanting of *mantras*, he would leave it to his devotee's free will as to whether to follow his advice or not. From time to time, Guru Maharajji held *mantra ucharan* (chanting sessions). During these chanting sessions, Guru Maharajji did *Shaktipat*, whereby he transferred spiritual strength to the devotees. Chanting of *mantras* gave great strength and peace of mind to the devotee.

Disciples of Guru Maharajji came to visit him in Jersey City from various places in the U.S. They recited their *mantras* before him, and he performed *Shaktipat*. Some disciples and visitors had ailments that Guru Maharajji relieved by placing his left forefinger on the point of pain. If the ailment was old and chronic, the visitor was sometimes asked to come for several sittings to get complete relief.

Some people came to Guru Maharajji for *mantra deeksha*. In the course of conversation with them, he would give them *mantras* that would be suitable and appropriate for them, and bring them peace of mind and prosperity.

Guru Maharajji's Stay in Canada

While visiting Canada, Guru Maharajji continued with the same schedule, that is, breakfast between 9:30 a.m. and 10:00 a.m., and then meetings with visitors. *Mantra Ucharan* was also held in Canada. Guru Maharajji used to say, "Whosoever has once participated in *mantra ucharan*, gets *mantra deeksha* automatically. If he continues with chanting of the *mantras*, he would get strength, peace of mind, and other comforts of life."

After one *mantra ucharan* session, a visitor asked him the following questions:

Visitor: "When God showers his blessings equally on all people, why do some people have peace of mind, and many comforts, while others face problems?"

Guru Maharajji: "God showers his blessings on all alike, but the recipients receive these blessings as per their *Patrata* (capability of reception.). The people who chant *mantra* daily are more receptive to the blessings than those who do not worship God."

Visitor: "People come to you for blessings and for success in their missions. What happens if their mission is to commit theft or robbery?"

Guru Maharajji: "If the mission is good, and beneficial to humanity, he would be doubly rewarded. On the contrary, if the mission is to commit theft or robbery, he would still be blessed, and may succeed in his mission, but he would have to bear its consequences."

On one occasion, Guru Maharajji mentioned that his relative, who was then 60 years old, came to him in a very unhappy mood. He had been praying for more than 40 years, but to no effect. Guru Maharajji told him, "You have not received *mantra deeksha* from a *Satguru* with *Shaktipat*; so how could you progress in your worship?" Guru Maharajji then gave him a suitable *mantra*, with *Shaktipat*, and thereafter the relative made quick progress.

Guru Maharajji said, "It is the duty of a Guru to periodically examine the strength gained by his disciples by listening to their chanting of the *mantras*. He also does periodic *Shaktipat*, in order that they gain further strength." Guru Maharajji continued, "When the disciple reaches the highest stage, that of the union of the disciple's soul with the Almighty God, it is the duty of the Guru, to make that union permanent, so that there is no separation in the future. If the Guru does not do that, he fails in his duty."

He cited the example of joining the coach of a train with the train's engine. After the coach and the engine join each other, the linesman inserts a metal rod to make the union inseparable. After that, the train may travel hundreds of miles but the coaches will not get separated from the engine. In the same way, the union of the soul with Almighty God is made permanent by the *Satguru*.

Healing with Spiritual Therapy

During Guru Maharajji's stay in Canada, his spiritual therapy sessions began at 10:00 a.m. and continued until 3:00 p.m., where people with incurable ailments obtained relief.

Guru Maharajji would ask the visitor about their ailment, and then place the forefinger of his left hand at the point of the ailment. After a couple of seconds, he would remove his finger and ask the person, "Do you feel any relief?" Depending upon the reply, further treatment was given. Guru Maharajji used to say, "There is no doctor, no medicine, and yet God is curing the ailments." In fact, people felt great relief. A few such cases are described below:

Mr. Robert Heideman, a Canadian who was hard of hearing and dependent on a hearing aid came to Guru Maharajji for treatment. Heideman's condition was either something he had been born with or caused by malnutrition during the time he spent in a Japanese concentration camp in Indonesia, during the Second World War.

Guru Maharajji first tested Heideman by asking him if he could hear without a hearing aid. Heideman said no. Guru Maharajji then began spiritual therapy by placing his left forefinger on his ears, blessed him, and asked him to come back the next day. During a period of about three weeks, Robert Heideman had about 10 sessions of spiritual therapy with Guru Maharajji. There was a marked improvement in Heideman's hearing capability, and ultimately he no longer needed his hearing aids. His letter is reproduced at the end of this chapter.

Mr. Sheru Asnani came with his wife to meet Guru Maharajji. Mr. Asnani said that his wife had back problems for the last 20 years, and had to sleep on the floor due to acute back pain. Mrs. Asnani came and sat on a stool before Guru Maharajji, who put his left forefinger at the point of the pain. She was 70% cured on the first day. She was asked to come back the next day for further treatment.

Mrs. Asnani was also told to pray to God, and was cured in a couple of days. Since then, she has not had to take any medication, has not slept on the floor, and has not done any special exercises for her back. Guru Maharajji's blessings changed her life dramatically. A letter to this effect, by her husband, Mr. Sheru Asnani, is included in this chapter.

Here are some more inspiring experiences:

An older gentleman of about 75 had an eye problem. There was a hole in the retina of one eye, and eye floaters in the other. He described his problem to Guru Maharajji, who put the forefinger of his left hand on the man's eyebrows, one by one. After a couple of sittings, there was radical improvement in both eyes. The elderly man felt great relief.

A young man of 35 years came to Guru Maharajji for spiritual therapy. He had a dislocation of disc in his back. He told Guru Maharajji that he had been examined by a doctor, and was advised to take eight weeks of rest. The young man sat on a stool before Guru Maharajji, as advised, and Guru Maharajji put his forefinger on his back, and moved it a little. There was a major improvement in the young man's backache. In a couple of sittings, his dislocation was completely cured.

A young lady came there, along with her husband and children. She had hearing problems in one ear since birth. Guru Maharajji spoke a few words on the side of that ear, but she could not hear him. Then by the magic of his left forefinger, he cured her. She could hear with 60% improvement from that ear on the same day. A few sittings later, she was fully cured, much to the amazement of her husband, children and the people present there.

A 65-year-old woman complained to Guru Maharajji of having arthritis pain in her joints, including arms, legs, and fingers. It was very difficult for her to move. She had to be helped by two women to sit down. Guru Maharajji started his therapy with his left fingers on all her joints. She immediately showed signs of improvement with a reduction in swelling and pain. In a couple of such sessions, she was fully cured.

A young man of about 30 years had a swollen thyroid. When asked, he said that he had been examined by specialists, who had recommended an operation. None of the medicines he took had worked so far. Guru Maharajji touched the young man's swollen thyroid with his left forefinger. The man felt some relief. This treatment continued for some days, and he was cured.

Other people came with arthritis, thyroid, migraine, skin trouble, hearing problems, and many other physical ailments, and they all found relief through Guru Maharajji's spiritual therapy.

During the course of the spiritual therapy program, Guru Maharajji would continue to answer telephone calls as well as questions from the visitors.

The Origin of Various Mantras

Visitor: "When did you start this spiritual therapy?"

Guru Maharajji: "I started this spiritual therapy about two years ago. Before that, I had applied spiritual therapy in one case in Keshavashram International Meditation Center in Warrenton, USA, about a decade ago, when the eyesight of a young man was restored by the grace of Almighty God."

After the *mantra ucharan*, Guru Maharajji explained the importance of *mantra*, "*Harey Ram, Harey Ram, Ram Ram, Harey Harey; Harey Krishna, Harey Krishna, Krishna Krishna, Harey, Harey.*"

He said that once, on the way to the US, he stayed with Mr. Kao, a senior officer of the Government of India in New Delhi, where a number of his disciples and visitors came to meet him. Maharajji explained to them the importance of this *mantra*. He said that the *mantra* is so effective that wherever this *mantra* is chanted *Yaks, Brahm Rakshas, Pisachars* and other evil spirits run away from there. This *mantra* has come out of the mouth of Brahma Ji, and Narad Ji purified it. Maharajji then left for USA.

"I returned from the US after about two months, and again stayed at Mr. Kao's residence. Mr. Kao's younger brother's wife described an interesting incident about chanting of *mantra*, "*Harey Ram, Harey Ram, Ram Ram, Harey Harey; Harey Krishna, Harey Krishna, Krishna Krishna, Harey, Harey.*"

Mrs. Kao said that her son-in-law was working in New Delhi. He was transferred from New Delhi to Kanpur and given company accommodation. "My daughter Asla also accompanied him. One day my daughter was preparing a meal in the kitchen. Suddenly the big spoon slipped from her hand, and started rotating in the pot by itself. My daughter tried to catch the big spoon but it continued to spin."

"My daughter Asla's four-year-old daughter used to hear footsteps in the house, but no one was visible. The maidservant told them that the previous landlady also used to hear the sound of footsteps but did not see anybody who could be making that sound."

My daughter called me from Kanpur and told me about this problem. I went to Kanpur and saw the problem for myself. I immediately remembered the advice of Guru Maharajji and started chanting *mantra*. "*Harey Ram, Harey Ram, Ram Ram, Harey, Harey, Harey Krishna, Harey Krishna, Krishna Krishna, Harey Harey.*" The result was astounding. The big spoon immediately stopped moving. The sound of the invisible footsteps also stopped. The evil spirit left the house and stopped coming there. This was not the end of it.

My daughter had a cleaning lady who came every day to wash the utensils. She lived about 600 yards away from her house. At midnight, there was a knock on the cleaning lady's door. She came out and was surprised to see the husband of the landlady standing there. The man said, "*Mem sahib* is calling you."

The cleaning lady replied, "I came from the house at 10 p.m. How is it possible that she is calling me again? I will go there in the morning and not now." The man urged her to go to the house but she refused. In the meantime, all her family members woke up, and all the neighbours also assembled there.

The man then turned back and walked away. People were astonished to see that his feet were turned backwards (evil spirits have feet turned backwards according to Guru Maharajji). The most surprising thing was that the person was wearing the same clothes as Mrs. Asla's husband, and his voice and tone were also similar to her husband's voice.

Next morning, half a dozen people including the cleaning lady went to Mrs. Asla's house. The cleaning lady asked her why Sahib (her husband) had come to their house in the middle of the previous night. Mrs. Asla said, "My husband has been in bed with fever since yesterday. The question of his going to your house yesterday night does not arise."

Guru Maharajji said, "Evil spirits sometimes go to great lengths to create such problems. One should chant this *mantra* every day at home to create a pure atmosphere. The chanting of this *mantra* daily purifies the atmosphere and awakens the *Kundalini Shakti* also."

Guru Maharajji continued, "*Kundalini* is another name for soul. In *Yog Vashisht* and in number of ancient yogic texts, the place

of *Kundalini* has been described as being near the belly. Innumerable methods have been narrated for awakening the *Kundalini*. In India, saints have said that *Kundalini* is another name for the soul and it resides in the entire human body.”

“A couple of years ago, about a half a dozen disciples came to visit me. Some of them asked about *Kundalini* Shakti. After some time, one of them felt a sensation in one part of his body, while others felt sensation in other parts of their bodies.”

“Chanting of *mantras* can awaken the *Kundalini*. Saints have said that *Kundalini* can be awakened spontaneously if someone has done intensive meditation in a past life, even if they don't do meditation in the present life. Secondly, it can be awakened by intensive meditation in this life. Thirdly, it can be awakened by Guru's *Kripa* (grace). *Kundalini* is always *Jagrit* (alive), but it may not be active. The soul is covered and burdened by the weight of good and evil *Karma*. When these are removed, the soul slips out from underneath the weight of this *Karma* and becomes active.”

Guru Maharajji further continued, “Why do people chant *Harey Ram* and not Red Ram or Yellow Ram (he was referring to the fact that Harey also means the color green, in Hindi). 'Ha' comes from the word *han*, which means to kill or destroy. Similarly 'Rey' comes from *Ripu*, which means enemy. So it becomes Harey. The prayer thus becomes:

'O' Lord Rama, please destroy my sins, please destroy my ignorance. Similarly it is said, 'O' Lord Krishna, please destroy my sins, please destroy my ignorance. Since this *mantra* has come from the mouth of Lord Brahma, it is very powerful. It is amply explained in *Braham Puran*. According to Naradji, an ancient sage, it is a *Sidh mantra*, meaning that it is perfect. If you utter this *mantra* even once, it will purify the atmosphere and will bear fruit. If one chants one rosary of this *mantra*, it can awaken one's *Kundalini Shakti*.

Origin of the Mantra, Guru Om

Once upon a time, sage Narad became egotistical and proclaimed that He was God. Due to his ego, he stopped having visions of Lord Vishnu, which used to happen effortlessly before. He became worried, and approached all sages and saints of that time with this problem. One renowned saint advised him to pray to Lord Brahma for solving his problem.

Naradji prayed for thousands of years to find the answer to his problem. Ultimately, he had a vision of Lord Brahmaji in his dream, and heard the sound of the *mantra* “Guru Om” from his mouth. Naradji went back to the Saint, who advised him to chant this *mantra*, as this was the right *mantra* for him. In time, Naradji got back the constant vision of Lord Vishnu.

Guru Maharajji further continued *Guh* means *andhkar* (darkness), *Ru* means to eliminate. Thus, “Guru” means elimination of darkness. This is a prayer to “Om” that is to God, who is symbol of Brahma, Vishnu and Mahesh. So it is prayer to God to eliminate darkness, and to enlighten one's soul. This is a very powerful *mantra*, which if chanted, awakens the *Kundalini Shakti*.

Guru Maharajji advised his devotees to chant this *mantra* at least 11 times daily, or to do one rosary daily to achieve enlightenment.

The Mantra, Soham (pronounced So–hum)

Literally, it means, whatever He is, I am (or I am He). Naradji said from his experience that chanting of this *mantra* leads to a vision of Lord Brahma. *Sanak Sanakadik* always roams the universe chanting this *mantra*, which keeps the minds of people pure. The chanting of this leads to self-realization, and it eliminates the cycle of rebirth.

The mantra, Gang (pronounced gung) is a one-word *mantra* of Lord Ganesha. Guru Maharajji said, “This is a very powerful *mantra*. This was given to me by my Guruji who lived for 114 years. He was disciple of Swami Tailang. He explained how to develop the subtle atoms of the soul:

Lord Shiva used to call Lord Ganesha by this name. Lord Ganesha removes obstacles. The sound produced while chanting of this *mantra* is called *Nad*. You must have heard this *Nad* sound produced by the sound of the bell in temples. In fact, this sound is *Brahm* and is very powerful. Lord Ganesha is *Brahm Swroop* (form or image of the infinite or the boundless). Even if the deity installed in the temple is not powerful, the sound produced by the bell is helpful to the aspirants. When one does intensive *Mansik Japa*, this sound is audible in the ether.

Lord Ganesha is considered to be the son of Lord Shiva. How is it possible that he was worshipped before the marriage of Lord

Shiva? Brahm Rishi Vashishtji said that Lord Ganesha is Brahm *Swroop*, and so he was present in Lord Shiva's marriage. Once, saints and sages of the time asked Lord Brahma what was the *swroop* or form of Brahma. He set up one round stone on earth asked, "Where is the beginning and where the end of this stone is?" Then it was named as Shiva. This is *Shiv Pind* and not *Shiva Ling* as some people say.

Guru Maharajji said, "It is soul which is present in the entire human body. The soul is always active but not awakened. With chanting of *mantra*, the *Kundalini* awakens of its own accord."



Devotees offering sacred water to Guru Maharajji feet



Treating patients without medicine



Treating patients without medicine

March 20, 1998

My Experience with

Shri Krishna Gopal Vyasji Maharaj

My name is Robert Heijdean. I am sixty years old, originally from Holland, spent a total of twelve years in Indonesia and have been living in Canada for the last thirty eight years.

In the summer of 1997 I was introduced to Shri Krishna Gopal Vyasji Maharaj by Ajay Vadera, basically because I am hard of hearing and was wearing hearing aids. I was either born with this condition or it is an after effect caused by malnutrition during my time spent in a Japanese concentration camp in Indonesia during the second World War.

Ajay approached me one day and told me about Shri Krishna Gopal Vyasji Maharaj and his Healing Powers and he asked me if I was willing to meet with The Maharaj. To be honest, I was very surprised that Ajay even asked me this. I am Catholic and I do believe in God but am not a fanatic by any stretch of the imagination. As a matter of fact I very seldom do talk about religion. I did discuss this with my wife Ria and decided to approach this with a complete open mind.

During the first session The Maharaj asked me the nature of my problem and how long I have had this. He also asked me to pray to God the Almighty that he, The Maharaj, would be given the power to help me. With his right index finger The Maharaj touched my ears, one at a time. He did this three times, gave me a blessing and asked me to come back.

During a period of approximately three weeks I had about ten sessions with Shri Krishna Gopal Vyasji Maharaj. I am not quite sure how to put this in words but the whole experience had a profound impact on me. First of all I did pray to God the Almighty and asked for His Blessings that The Maharaj would be able to help me. I did not pray only for me but also for the people and specially the children who placed their Hopes for a cure in and received their Blessings from the hands of The Maharaj. Quite often the whole process moved me to tears.

Have I noticed any improvement in my hearing? I do not know. One thing is for sure and that is that I have not worn my hearing aids since my sessions with The Maharaj. My wife Ria tells me that she does not have to repeat as much of what she is saying to me as compared to what she did before. Also, at times I am surprised at the things I do hear, things I am quite sure I would not have heard before the sessions with The Maharaj. There are still times that I can not understand what a person has said to me but I am aware that now I do pay much more attention to what people say to me.

The whole experience has made me realize that I should not just depend on hearing aids to improve my hearing. I now do believe that, with the Blessings The Maharaj gave me and my prayers to our God the Almighty, my hearing will improve.

I am very happy that I have been able to meet with Shri Krishna Gopal Vyasji Maharaj. My prayers will be with him for both his health and for his continued ability to help others.

May God Bless

Robert Heijdean



On a cold October afternoon in Toronto, Canada

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Our personal experience with Guru Maharajji's has been extremely extraordinary. Through friends we had heard a lot about Maharajji, and were very keen to see him in person. Finally the wait was over and Maharajji came on a visit to Toronto, Canada. We were lucky enough to meet him for the first time ever in life.

His teachings day were very simple, informative, also you could relate your day to day experiences with that teaching. Talking to other people gathered that day everybody had a story to tell, how their personal experience has left a mark in their life and brought them closer to all mighty God. Our personal experience which we witnessed, a person who had lost hearing at a very young age gained back that hearing after couple of visits with Maharajji. Other people who wanted Maharajji to visit their home and Maharajji would say I am always with you and explain the situation where they would be thinking of him and what exactly would be happening at that particular time in their home, it was amazing to see he could narrate everything.

My wife's personal experience with Maharajji is as follow: first time when I took her with me she was a bit hesitant but joined me anyway after sitting through the evening's pooja, there was a evening question period and then personal problems and that is where she approached Maharajji of her back problem which she has had over 20 years, Maharajji smiled and said you have no such problem, are you sure you have it, and she said yes. Maharajji told her to come and sit on the stool and said with the Grace of God it will be taken care of and told her to return the next day. She sat next day with a room full of other people and waited for her turn to come, upon her turn Maharajji asked her how is your back and she said 70% better than he told her to come sit on the stool and touched her back and told her think about god and everything will be OK, since then she has not taken any medication or had any need to sleep on floor or do any regular exercise. This blessing has changed her life drastically. She is living pain free. Thank you to all mighty and Maharajji.

There is not a day which goes by when we don't remember Maharajji. He will always remain a part of our life.

Thank you.

Chapter 13

Tender Feelings of a Young Boy

On November 15, 1997, Guru Maharajji was in New Jersey healing patients afflicted with health problems relating to thyroid, arthritis, hearing and backache. Chaitanya Kanungo, the 15-year-old son of Mr. Vishnu Kanungo, who was a jeweler in New York, had seen Guru Maharajji healing people. On that day Guru Maharajji was leaving New York for Frankfurt, on his way back to India, Chaitanya showed him a poem that he had written, expressing his inner feelings for Guru Maharajji. He recited this poem, and touched the hearts of all those who were present:

Sita Ram

*He is my Guru,
He is everything to me.
He is everywhere,
You want him to be.*

*Every time I sit down to pray,
I think of him from night to day.*

*He spreads his knowledge,
Through his teachings.
It is nothing compared to college,
Because these are divine preachings.*

*He sits for hours,
For our benefit.*

*He has astonishing powers,
And a big First Aid kit.*

*When people are in pain,
He cures them;
From disabilities to even migraine.*

*When I am in trouble,
Or want to commit a crime,
He saves me just in time.*

*He is the expressway,
To reach enlightenment.
You must pray,
To reach this excitement.*

*There is so much,
I could not say.
It would be eternal,
That's all I would say.*

Chapter 14

At the Keshavashram International Meditation Center

As part of his service to humanity, Guru Maharajji encouraged people to visit him for religious knowledge and spiritual guidance. He encouraged people to believe in the existence of God, and to have implicit faith in Him. However, these are not necessary for benefiting from the chanting of *mantra*. *Mantra Japa* purifies the soul, and faith in God follows by itself.

Maharajji preferred not to be quiet. Sometimes he would break the silence by giving interesting tips useful for the disciples and devotees, or by telling jokes. He visited many foreign countries, including the USA, Canada, Sultanate of Oman, Italy, France and Germany in pursuing his great mission. In particular, there was a unique American focus to his work.

Mr. Mallory Nash and his wife Jane, who lived in Warrenton, Virginia, came in contact with Guru Maharajji. The couple owned about 400 acres of agricultural farmland in Warrenton, which they converted into *Vedic Santan Dharam Ashram* (a spiritual retreat). They created a trust in the name of Keshavashram International Meditation Center, Virginia, and became its trustees. Guru Maharajji was its president. Mrs. Jane Nash later adopted the name Sister Gita.

Visitors would come to the Ashram in two shifts, the morning shift from 9:00 a.m. to noon, and the evening shift from 4:00 p.m. to 7:00 p.m. During the morning shift, Maharajji gave *mantra*

initiation to those who requested it, and in the evening shift, they would return to repeat this *mantra* before Guru Maharajji to ensure correct pronunciation. Maharajji put a lot of emphasis on correct pronunciation.

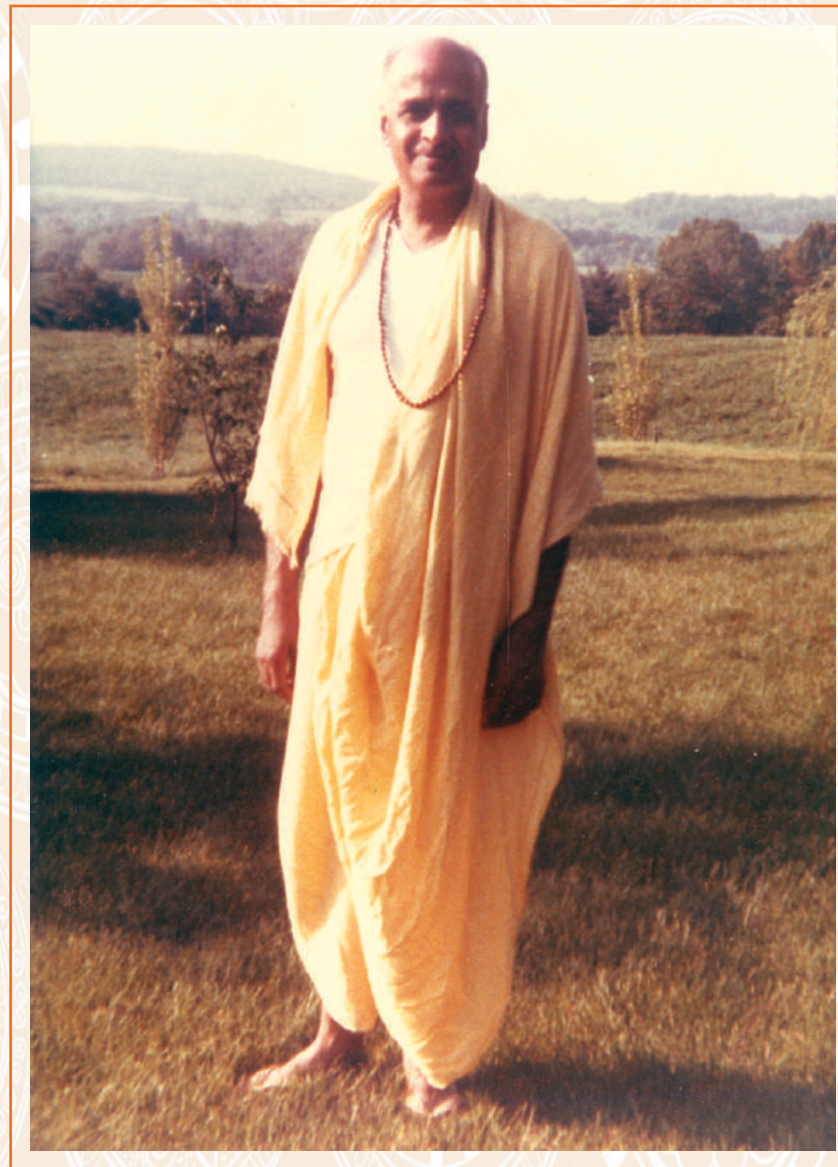
Guru Maharajji narrated the story of a young man who came to visit him with the assistance of a friend. The man's eyesight was extremely weak and he was approaching blindness. The visitor offered some fruits to Guru Maharajji, who blessed them and returned them to him. The young man came back to visit Maharajji again after a few days and told him that he could now see his surroundings although not very clearly. Again, he presented fruits to Guru Maharajji and Maharajji handed them back to him with his blessings. The visitor again described improvement in his visibility.

On his third visit, the young man came to the Ashram without anyone's assistance; his eyesight had improved to that extent. And he could see Guru Maharajji and the surroundings perfectly well. The young man's happiness knew no bounds. This was the first time that Guru Maharajji used his spiritual therapy to cure a visitor, in the year 1989. (This visitor was from North Rhodes St., Arlington, USA and his name is not given to protect his identity).

During Guru Maharajji's visit to New Jersey in 1997, the same visitor called on the Guru and repeated the *mantra* before him. He was a tall young man, over six feet in height, and in robust health. The author and his family were looking forward to seeing him. He recounted the story of how he got his eyesight back with Guru Maharajji's blessings.

Guru Maharajji's mission to Keshavashram International Meditation Center, Virginia, was a great success, and was significant to all who came in contact with him there. His message and teachings about the value of chanting of *mantras* brought peace of mind and happiness to the devotees. A few of them wanted to go deeper and learn more. Maharajji gave a talk that described the benefits of chanting of *mantras* and the references to chanting in ancient Indian scriptures, and these are described in the first chapter of this book.

Guru Maharajji visited the US twelve times and gave *mantra* to more than 1,600 people including many Americans and Canadians.



Chapter 15

Interview by SB in New Jersey

In October of 1997, Guru Maharajji visited Mr. Vijay Chopra in New Jersey. Ms. SB (name withheld) visited Maharajji and asked him several questions. Following are excerpts from that meeting. We have attempted to reproduce and transcribe Maharajji's words from the interview. [Brackets are used for additional details or clarification by the author]

SB: "Does salvation mean enlightenment?"

Guru Maharajji: "No birth again. [salvation means no rebirth]. Some persons [holy souls] came to India thousands of years ago. Lord Rama was born some 13,000 years ago, and Lord Krishna about 6,000 years ago in India. There are thousands of preachings in the manuscripts, some of which are very important. A few of them are most important which can be explained very quickly. Now we [the public] give the title of God to Rama, Lord Rama. It was not written on his forehead, the word God. We gave him the title. By intuition, some persons came to know that there is some superhuman power that has no beginning and no end. What word should we use for that energy? That is the definition of God – neither beginning nor end. Which cannot be understood - that we call God. In Indian manuscripts it has been written that God cannot be realized by wisdom, it doesn't require any knowledge because it is far from this. As for example, a limited scale cannot measure an unlimited object. Do you understand?"

Guru Maharajji continued: "I have given *mantras* to 1,600 people in the US, but when I reach Palam airport [in New Delhi, which has now been renamed as Indira Gandhi International Airport], I start speaking Hindi. Lord Rama, by his life, showed practically how to live in this world. So he came as an incarnation of Almighty God. He didn't preach, however he showed practically [how to live]. Since that time, man has tried to find a Guru [for guidance]. Before that, some people accepted it [that a Guru is necessary for salvation], while others used their own imagination, thinking that they could hear a voice in their heart. What is the need for a guide? Then he gave an example to one person who asked what is the need for a Guru? Our intuition will guide us. [Some people questioned the need for a Guru believing that their intuition would guide them]. Yes, that is correct, but sometimes intuition cannot lead one to the right destination."

Guru Maharajji continued with an example: "A bird is trapped in a room with a small window near the ceiling for ventilation. In spite of its best efforts, it may not find a way out. It may strike against this wall and that wall and possibly die. If somebody guides the bird towards the window with the help of a piece of cloth tied to a stick, it will easily get out. That is the duty of a guide. The bird will have to fly itself, not the guide will fly. So it is necessary to have a guide"

Guru Maharajji explained the most important duty of a guide: "Think of an engine and a train compartment on a railway track. When a compartment is attached to an engine with a hook, it is the duty of a *Satguru* to insert a locking pin that secures the hook, so that the compartment can never get detached. Otherwise, the compartment can get separated from the engine when the track takes a sharp turn. The engine is God and the compartment, the soul of a devotee. Just like the hook linking an engine to a coach become inseparable when the railway guard pushes in the rod through the joint, a Guru's duty is to lock the union between a devotee and God. Then, they can never get detached, even though there are pressures of worldly things like sorrows and happiness. Then the soul is never far from Almighty God. If he fails to join the two, he fails in his duty."

SB: "Is it possible for an enlightened Guru to fall off the path, or does it mean, if he falls or has a human failing, that he was a human being and never fully enlightened?"

Guru Maharajji: "Pardon my impertinence, but if you speak slowly I may be able to understand. I am not habituated to understand if you speak so quickly."

SB: "The question is, there are Gurus who have large followings, and they seem to do beautiful work for years, and then it is discovered that they fall from the high path. The Guru is found to falter. Did that mean that he had not been enlightened before, did it mean the followers were mistaken?"

Guru Maharajji: "Not enlightened. It was only a show to deceive people so that he may be called a Guru."

SB: "There was a Japanese man named Aum, I think (author's note - Aum Shinrikyo was the name of the organization while Shoko Asahara was the founder) who was a Guru and had many, many followers. He was a very evil man. He was the man who put poison in the subways. The question is: did he have a mystical experience of God that made him go crazy?"

Guru Maharajji: "Listen to me. If he really had the experience of Almighty God, it can't be changed. Suppose there is darkness in one room and a light is switched on, then darkness cannot be. If there is darkness, then there is no light. A real Guru will never cause pain. His duty is not to cause pain in this world, but to serve the world."

SB: "Can a *Satguru* commit mistakes?"

Guru Maharajji: "A *Satguru* is only a medium of God to help people. He is an enlightened soul and is guided by Almighty God. He can never commit any mistake in guiding his disciples."

SB: "If a Guru has two disciples, one is treated well, and the other is treated improperly. Should these disciples leave the Guru?"

Guru Maharajji: "The disciple who is guided well need not leave his Guru. The other disciple may leave his Guru if he is unreasonably and improperly treated. On the other hand, if the improper treatment is to set the disciple right, or to bring him to the right path, then he should not leave the Guru."

He further continued, "More explicitly, if the disciple, like a child, is running on a terrace and likely to fall to the ground, the

Guru is justified in checking and stopping him, even against the wish of the disciple. The scolding may be what the child needs to avoid getting hurt. It has been laid down in manuscripts, that the disciple should do what the Guru says, and not what he does.”

SB: “What are the qualities of a Guru?”

Guru Maharajji: “A real Guru is God's representative, and will always do the right thing as he is guided by Almighty God. He has surrendered himself to Almighty God.”

Guru Maharajji continued: “I taught SB the initial stages of *Jagrit Samadhi* through chanting *Om*, and you said that you could hear the echo of God. Some other persons were sitting there; I was in the highest state of the fire element. I started with *Om* and you immediately said I need to see a doctor, my eyes are burning. First of all, I told everybody to close their eyes before starting the chanting. I asked you if you had opened your eyes and you said yes. I said then close your eyes, and with a cold wave (ice element) I started chanting and you said my eyes are alright now.”

SB: “I do remember”

SB: “I see you while in prayers daily--how is it?”

Guru Maharajji “It shows that you are an enlightened soul, and you are worshipping God the right way. You see His shadow through me. I don't come there. He comes there.”

Guru Maharajji: “You are the only person in USA and thousands are here, and also in India. This was in six months from when you started. Now look at what stage you are in. You live in USA and we don't meet. What I advise you, you follow, I don't advise; you are advised by Almighty God through me. And you accepted it by heart. Then you able to listen [to the] echo! It is not an easy thing. Many yogis practice for hundreds and hundreds of years and they cannot hear the echo. How many *mantras* I have told you, you do them at home. You realize myself there. I live in India, you are living in USA but you see me there. Not I, but the shadow of Almighty God through me. You cannot realize God, you cannot know, you cannot see. But you have seen me. Then comes a stage where you can realize God.”

Guru Maharajji turning to other disciples: “Did you hear that? In India and the US, she is the only person.”

The author, turning to SB: “I am his disciple for the last 30

years, and he gave me the same *mantras*. I am not hearing the echo, and you are such an enlightened soul that by Maharajji's grace, you are hearing the echo. That means you are enlightened, and you are in a better position to hear the echo. You see him when you are praying. He is saying that you don't see me, you are seeing God.”

“A *Satguru* should refrain from the following:

- 1) Publicity in TV, radio, newspaper, or through other media.
- 2) Craving for fame. In fact, he should remain in disguise.
- 3) Encouragement to devotees and aspirants into becoming his disciples
- 4) Being greedy, accepting gifts or money, and accumulation of wealth.”

SB: “I chanted *mantra* in your presence during your last visit to USA. There was a pause. I came to consciousness after the pause. What was this pause?”

Guru Maharajji “This pause was happiness of the soul which made you unconscious. This is the highest stage of the soul. The happiness of the soul makes the mind unconscious, as the body and mind are two different entities.”

In India, a Saint once said, *Naath Charnon Say Tumahare, Mana juda mera naa ho, Koi pal Aisa na ho jis mein, manan tera na ho*. It can be explained as, “Oh God, let my mind never cease to dwell on your lotus feet. May I always think of you.”

This emphasizes a close and permanent relationship between a devotee and the Almighty God.

Guru Maharajji further continued, “When I came to Jersey City, I never wanted any publicity or advertisement in any way. I did not want any fame. I want to serve the people whom God sends to me. I had gone to Canada for four or five days only, but I stayed there for 21 days. God sent some people to me there, and I served them.”

Another Visitor: “How is *mantra* given to an aspirant or a devotee?”

Guru Maharajji said, “A *Satguru* should first examine the soul of the aspirant and give a *mantra* whose vibrations are compatible with the aspirant's soul. The Guru should give *mantra* to the aspirant on auspicious days and with *Shaktipat*. This helps to develop his soul element. This is why the word is considered as a mighty power.

“The Guru may ordain *mantra* to the aspirant on any day, but the same need be given again on an auspicious day and time. The *mantra* given in this way, if chanted correctly, is bound to give peace of mind to the recipient. I must admit that this procedure of giving *mantra* is vanishing from India and elsewhere.”

Guru Maharajji further continued, “The *mantra* should initially be chanted out loud, and the devotee should listen to the sound of the *mantra*. In fact, the *sajeev* (alive) *mantra* strikes Jupiter in the sky, and comes in contact with *mantras* already recited and chanted by Sages and Saints and residents there. If one listens to the *mantra*, the soul gets enlightened. As one gains experience, one may chant these *mantras* mentally, that is, '*Mansik Japa*' where these are 10 times more powerful than chanting of *mantra* loudly.”

Chapter 16

Interview with Ms. Gvillemette Bougaut of Italy

An Italian lady, Ms. Gvillemette Bougaut (GB) visited India to seek spiritual guidance from Guru Maharajji. She interviewed him on January 9, 2000, in Jaipur. The interview was recorded, and is reproduced below.

GB: “What is the advantage of chanting of *mantra*?”

Guru Maharajji: “A *sajeev* (alive) *mantra* given by a *Satguru* to a willing aspirant is highly beneficial if he listens to it attentively. It helps him in attaining self-realization and gaining miraculous powers.”

The benefits of chanting of *mantras* are explained in Chapter 1.

Guru Maharajji continued, “At the Keshavashram International center in Virginia, someone asked me the following question: A certain Guru had given the *mantra Om* to a person and he was asked to chant the *mantra* for an hour. A sonogram of his brain was taken before and after the chanting of the *mantra*. Both sonograms showed a disturbed state of mind.”

“Similarly the experiment of chanting of *Om* was performed on another person and his sonogram was taken before and after the chanting of the *mantra* for about an hour. In this case, the sonogram indicated a disturbed state of mind before, but a peaceful state of mind after chanting of the *mantra*. They wanted an explanation from me.”

Guru Maharajji explained that a charged *mantra* given by a

Satguru is very effective. On the other hand, a *mantra* given by a guru involved in materialism does not show any result. Thus, in the first case the person remained in a disturbed state of mind. This may be because, either the *mantra* was given by one who was not a *Satguru*, or it did not suit the soul of the recipient.

“As I have explained earlier, the chanting of *mantra* will only be effective if a charged *mantra* is given by a *Satguru* after analyzing the suitability of the *mantra* to the soul of the recipient. In the second case, the *mantra* appears to be given by a *Satguru* which suited the recipient.”

GB: “How does the *mantra* operate?”

Guru Maharajji: “The charged *mantra*, if chanted correctly and listened to attentively, energizes the soul of the individual. In due course, it activates and enlightens the soul. In fact, *Shaktipat* conducted by a *Satguru* acts as a catalytic agent to activate the soul of the recipient.”

Guru Maharajji further clarified, “The sun in the sky gives out rays and light. If these rays enter a room through a small hole, it enlightens the room. Sun is like God and the rays pass through the hole. It gives concentration to enlighten the room. The energy thus enlightens the whole atmosphere.

“In a similar way, God is present in the soul of an individual. It is like dry wood pieces that won't catch fire unless lighted by an outside fire; like lighting a matchstick on a matchbox. This indicates a very special role played by a *Satguru* to enlighten the inactivated soul of the individual. In spiritual language it is called *Shaktipat*. Only a *Satguru* can perform this act. This technique appears to be fading out in India.”

GB: “What is Power of a *mantra*?”

GM: “As mentioned above, the charged *mantra* appropriately chanted enlightens the inactivated soul of the recipient. The immense meditation by the practitioner gives him miraculous powers. His willpower becomes strong, and his thinking process develops extraordinary clarity and discrimination. There is purification of intuition, and he may reach the stage of *Samadhi*. His financial position, marital or other animosities and troubles are easily solved. He can even read others' thoughts and even in a later stage whatever he thinks or says gets implemented.”

At this stage Guru Maharajji looked towards me (the author) and asked me to tell the children in US and Canada, to concentrate on *mantra Japa*.

GB: “How is it that you cure the incurables by Spiritual therapy?”

GM: “I put my left palm's forefinger on the ailing part of the person and pray to the Almighty God to cure him. It is up to him to cure.”

GB: “How did you get this power to cure the ailments?”

GM: “My Guru Maharajji gave me *mantra deeksha* and I chanted the *mantras*. I was fully devoted to the guidance and advice of my Guruji. I had implicit faith in him. When the saturation point was reached, my Guruji said to me, “Whatever you think or say will turn out to be true. Since that day I have had power to cure the ailments.”

Chapter 17

Activation of *Kundalini*

On October 23, 1997, Guru Maharajji conducted *mantra ucharan* (chanting of *mantra*), at Mr. Ajay Vadera's residence in Unionville, Ontario, Canada. When it was over, some of the visitors asked questions of Guru Maharajji.

Visitor: "What is *Kundalini*?"

Guru Maharajji: "*Kundalini* is another name of Soul. In most people, it is in an unawakened and inactivated form of the soul element. As the soul element is activated, the *Kundalini* is awakened, then its power spreads throughout the body, that is, the *Kundalini* is part of the soul element in the body.

Visitor: "Where is the location of the *Kundalini*?"

Guru Maharajji: "There are various views about the position of the *Kundalini*. Some people term its location near the belly button. The *Yoga Vashisht* supports this view. In fact, *Kundalini* is the other name of soul, which is present everywhere in the body. In Jaipur, India, some disciples, about six or seven, were sitting with me at my place. One of them questioned as to how is it *Kundalini* activated?"

"After some time, one of them said he was having sensation in the neck; the other felt sensation in the forehead; the third in the heart, and so on and so forth."

Guru Maharajji further said, "The soul is situated throughout the human body, and these sensations on various parts of the body were just initial stages of the awakening of the soul. As one

increases meditation, awakening of soul is distinctly felt.”

Visitor: “How is soul liberated?”

Guru Maharajji: “The soul is like a snake lying below a carpet that is fully covered by sins, dust, dirt, or debris. When they are cleared through intensive meditation, the soul slips out from the place similar to the snake being liberated from beneath the carpet. This is liberation of soul.”

Visitor: “Who can give *Mantra*?”

Guru Maharajji: “A *Satguru* ordains suitable *mantra* after making sure that the vibrations of the soul are compatible with the vibrations of the *mantra* (just like the blood group). When both tally, the *Satguru* gives *mantra* to the recipient. However, the *mantra* is usually given on an auspicious occasion, which increases its efficacy. The prescribed days are *Ram Navmi* (Birthday of Lord Rama), *Janamashtmi* (Lord Krishna's Birthday), *Maha Shivratri* (Lord Shiv's Birthday), and three days on *Guru Purnima*.

Visitor: “Who are competent to get *Kundalini* activated?”

Guru Maharajji: “The following three types of people are deserving of getting their *Kundalini* activated:

1. By *Prarabd*, that is, 'In the previous lives,' the person who has got a brilliant record of *Japa*.
2. Those who have intense *Japa* in the present life.
3. Those blessed by Guru's *Kripa* (Guru's grace). The Guru may shower His Grace on anybody at any time.

Visitor: “How is *Kundalini* activated?”

Guru Maharajji: “A *Satguru* gives a *mantra* to the disciple, or the aspirant, after proper scrutiny of his soul and the atoms of the *mantra* proposed to be administered. When both tally, then and then only, the *Satguru* gives suitable *mantra* to him, in *deeksha*, with *Shaktipat*. This is similar to the transfusion of suitable blood to the patient after screening the patient. (This process now seems to be vanishing from the religious scene.)

It may be mentioned that the *deeksha* given by a *Satguru*, rests on the point of *Kundalini* Shakti, and hence spreads in the entire soul of the recipient. It consequently develops, awakens and activates the soul of the disciple, by the repetition of the *mantra*, given in the *deeksha* by the *Satguru*. The result—including peace of

mind and the gaining of miraculous powers—is amazing.

The symptoms of the awakening of the *Kundalini Shakti* or the soul element have been well described by Guru Maharajji in Chapter 1. Guru Maharajji has said, many times, that continuous practice of *Japa* awakens the soul, or the *Kundalini Shakti*. The practice of *Japa* leads to salvation and self-realization, and also helps the aspirant achieve *Samadhi* (full concentration). Therefore, performance of *Japa* is a complete *Yoga Sidhi* (spiritual power) in itself.

Chapter 18

South Facing Picture of Goddess

A person once walked into a studio owned by Mr. Sureshji Acharya, a devotee of Guru Maharajji. Mr. Acharya was a photographer by profession and lived close to Guru Maharajji's residence in Singhvi ji ka Rasta, Jaipur. He told Acharyaji that he was miserable and requested that he take him to meet Guru Maharajji. He wanted to put forth his problems to Guru Maharajji in hopes of finding a solution. Acharyaji told him that he should sit in front of a picture of Guru Maharajji and pray. He will get the answer to his problems.

The person was surprised, but he did sit in front of a picture of Guru Maharajji and described his problems and prayed. But he did not get any response. He told Acharyaji that he got no response from the picture and would really like to meet Guru Maharajji. Acharyaji then tried to setup a meeting with Guru Maharajji. Instead, Maharajji asked if the person was of Jain community. Acharyaji replied in affirmative. Then Maharajji said that this person has a picture of Goddess that is facing the South direction. Further, if the person changed the direction of the picture from the South to any other direction, he will benefit from it.

Acharyaji conveyed the message, but the person said that there was no such picture in his house. He was then asked again to think hard but he confirmed that there was none. Acharyaji told Maharajji that the person has confirmed that there was no picture of a Goddess in his house facing the South direction. It is common knowledge that in Jain community they don't display such pictures.

Acharyaji passed on this information to Maharajji. Guru

Maharajji said that there is a tijori (safe) in his house that has a picture of Goddess pasted on the inside, and that picture is facing the South. Acharyaji relayed this information to the person. All of a sudden, he remembered that on the day of Deepawali a picture of Goddess Padmawati was pasted on the inside of the safe and worshipped.

The person rushed home and removed that picture from the safe. His problems were solved and he became a happy man. Then Maharajji said that from then on, if there was any such problem he should contact Acharyaji for a resolution. He realized that any such picture or statue should not be kept facing the South as it will have adverse effect.

After about six months, the person met Acharyaji again and told him that Guru Maharajji had solved his problems. Since the day he changed the direction of the picture as per the advice of Guru Maharajji, he got relief from his problems. The person went to Acharyaji's residence where he saw the notes along with the date, and the conversation with Maharajji regarding his problems. Acharyaji recommended that he follow Guru Maharajji's advice for a happy life.

Chapter 19

Miss Bittu's Experiences

I have been very lucky to be born in a household where Guru Maharajji was like my Grandfather. I've had the privilege of seeing many miracles and sightings of gods and goddesses. For the many moments of happiness that I've had, there have been some painful ones as well.

I had always been a sickly child. My mother used to cry a lot when she saw me in pain. She used to do everything she could to help me feel better, and would try anything that could bring me relief. When she felt that she had no other option she showed my horoscope and my palm to an astrologist/palmist, hoping someone might be able to help. But everyone said that there was nothing wrong and mothers usually have a tendency to worry. They would also say that gods and goddesses reside in your house, but there's one goddess who's hungry. But they were not able to say who that was.

I used to think that there really is a goddess who's hungry. I would be in a deep sleep and would hear a voice call my name 'Bittu.' Startled I would wake up and feel that someone had really woken me up. I would look around but everyone else was asleep. I have heard her voice and also the noise of her anklets when she walked. It is not only me who felt these experiences. My maternal aunt's son has also heard these noises. When I felt that this is all in

my head and started doubting it, God made my cousin also experience this just so that I would believe it.

I would hear her voice in my head and she would take me to the kitchen, and even if I'm not hungry make me eat forcibly. She feeds me only what she wants to feed me. But when she does feed me and I measure my blood sugar the next day I find that it is normal. It's no less than a miracle for me. She has woken me between 12:00 and 4:00 a.m. many a nights.

My Grandfather and My Journey

My life is the gift of my Grandfather (Maharajji) to me. If I am alive today, it is because of him. If there is breath in my body, it's also because of him. Since my childhood, there have been problems in my life. Maharajji is the one who have resolved them and kept me safe. I'm walking, talking, hearing, it's *all* because of him.

When people are trying to overcome their problems or when they're passing through a bad phase and come out victorious, they always say "God has saved me from this problem." It's like they're reborn again. But I cannot say that because for me every day, every moment is like a new life. If my day goes by happy, without a problem or if there is pain, He keeps me protected. With every passing day there's war with pain on one side and there's faith in Him on the other side.

I'm very lucky to have spent the first 13 years of my life with Maharajji that I can never ever forget. He was my whole life. My day started with him and ended with him... that's true even today.

When I was younger, I would spend the whole day around him. I remember when I would wake up in the morning, touch his feet and go to school. When I came back from school I would tell him about school, I would play with him, massage his feet and get scolded by him when I was naughty. I would feed him with my hands, show him my drawings and happily listen to his praise. Also, I used to ask him for mundane things. Those were such wonderful times and I loved those days.

Almost Electrocuted

People get only one life but I have been given many lives. People are saved once and are given a new life but I have been saved millions of times.

When I was around 6 or 7 years old, I had filled a bottle with water and was going to put it in the fridge. I had always been a very naughty child. Fridge was at the far side of the room and we had to cross the room to get to it. I thought I would take the short cut, and that was going through from under the cooler. I was completely wet and the cooler was on full blast and it didn't occur to me that I could be electrocuted. I was only thinking of getting to the fridge so I went from under the cooler. For about 15 minutes I was in the zone of electric current underneath the cooler. I don't know how I was able to get out but when I did my Mom ran and hugged me. I was shivering and my hands had become swollen. My Mom realized I had been electrocuted. She asked me what happened and I told her everything. She hugged me tight.

My Grandfather saved my life; otherwise I would have died that day.

Chapter 20

Ardent Disciple

I met with an ardent disciple (referred to as Mr. D, as he did not want to be identified) of Maharajji who had come in contact with him in 1992 in Jaipur. He met Guru Maharajji a few times and was greatly impressed. Sri Vyasji Maharaj gave him one *mantra* initially and he started chanting it under his guidance. Soon, he was given ten *mantras* to chant. Thereafter, on a religious day, Maharajji gave him *deeksha* and he continued with his chanting.

Maharajji advised him to listen to the chanting of the *mantra* attentively.

According to Mr. D, a person can only meditate if God so wishes. The aspirant should try and pray at a fixed time every day. Power is not asked for but; by the dint of prayer, power is accommodated. The meditator, after praying intensively may get peace of mind, and the ability to cure diseases.

He also said that prayer should be done as per an individual discipline. We should pray punctually. If you want to start prayer at 5:00 a.m. or so, the prayer should be started daily at the exact time. One should not make any excuses and this discipline must be maintained.

Every day is a working day for meditation. It is not easy to meditate; you can only do so if God wishes for you to do so.

Amazing Discovery

The author, from time to time, had many long discussions with

this ardent disciple about Guru Maharajji's guidance and blessings.

It was a great pleasure to know that this ardent disciple has reached an advanced stage, where, *whatever he says, happens*. This is due to the blessings of Guru Maharajji. He stated that according to Guru Maharajji, chanting of *mantras* led him to this power. People have started coming to him, getting his blessings and fulfilling their desires. He said he did not want this to become public knowledge, otherwise people will start flocking to his residence and he will not have any time to pray.

Interestingly, this has worked only up to 99% of the time. He told the author that, "If I request something for myself, it does not happen."

For the past 30 years, he has been doing intensive prayers every day for 17 hours, and now he has reached the stage of *samadhi*. He gets a lot of pleasure from doing his prayers and has never missed a day as far as possible.

Once he requested Guru Maharajji if he can put him as a 'gatekeeper' at his house, to which Maharajji smilingly replied that 'if he will ever need to, he will do so.'

He also said that he goes into *samadhi* for 5 to 10 minutes almost daily. Once he went into *samadhi* for four hours. Sometimes he starts snoring but the movement of the rosary continues. He further said that it is all due to the blessings from Guru Maharajji.

Another time he told the author that he was in dire need of Rs. 400,000 when a stranger came to him and said, "Here is Rs. 400,000. Please take it." When he expressed surprise and asked him who he was and why had he come? The man replied, "Please take the money otherwise I'll be ruined." He then went away leaving the money with him.

Such is the power of prayer.

Mr. D verbally narrated this to the author.

Chapter 21

Spiritual Experiences of Mr. Manoj Vyas

I was born in the family of Raj Guru Sri Bakshi Ram Vyas, in Jaipur. My Grandfather Sri Kesar Lalji Vyas Kaul was the communal Guru, and his son Ram Swaroop ji Vyas was my father. My Grandfather and Guru Maharajji, Sri Krishna Gopal Vyas ji Maharaj were close friends from Jaipur.

Guru Maharajji gave me *deeksha* during the occasion of *Guru Purnima* of 1996, and I started meditating on the *mantras* that were given to me. I continued on with this program.

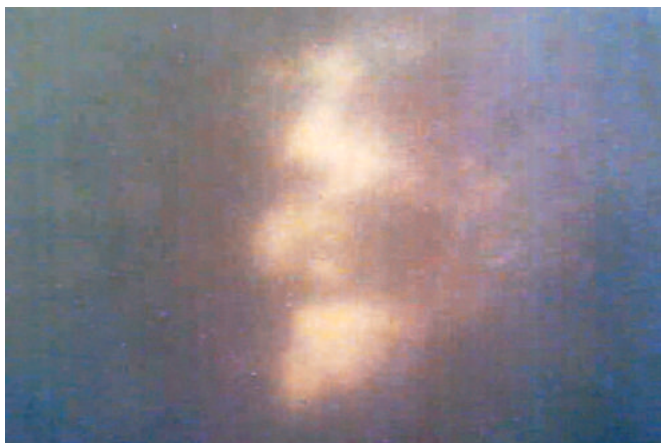
During the *Guru Purnima* of 2001, at the *Chowki Pujan* when I touched Maharajji's feet and asked for his blessings, Maharajji patted my back with his hand. I felt as if Maharajji had conferred spiritual energy upon me. I felt empowered.

Maharajji passed on to heavenly abode. After that, whenever I would sit down for meditation, I would feel another breath along with my own. It took me a long time to realize that this is *Sushmna Nadi* i.e. energy in the center of the spinal cord through which *Kundalini Shakti* flows.

Sometime later, I had a dream that I was in Kashi with Swami Tailang. He was walking in front and all the disciples were walking behind him. Like a child, I was holding his fingers and walking along with him. I also had a vision about an incident when he went on his heavenly abode. He was sitting on his bed completely surrounded by his disciples and as I came near I asked them to move. Swamiji raised his arm and took my hand in his. He said,

“Where have you been all this time? You took a long time to get here.” He then passed away.

In the Hindu Sanatan religion, it is considered a privilege to see the vision of *Omkar* (meaning the Supreme). It is due to the blessings of Guru Maharajji that the shape of *Om* appears on the nails of my fingers, by its own accord.



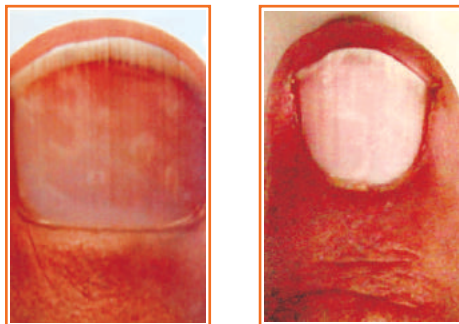
Shape of 'Om' in the lake at Pushkar, Ajmer

I also experienced a vision of *Omkar* in Pushkar, Ajmer. After the prayers at the *Gau Ghat* (sacred area by the edge of the lake) I saw the vision of *Omkar* in the water. I also find this vision appear in earth and other elements as well.

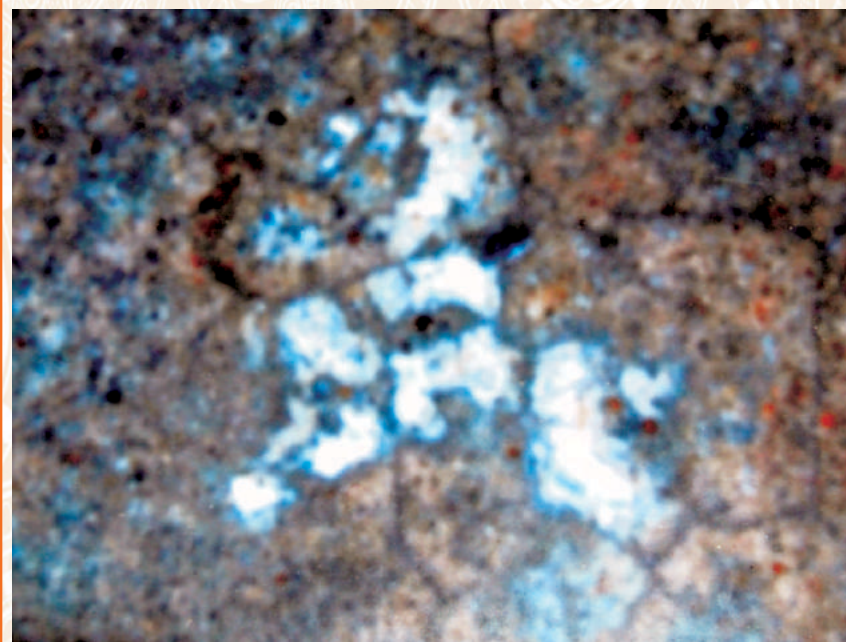
In addition, I find the vision of *Omkar* appear in yogurt, milk, sandalwood, incense, chapati and vegetables.

This is all due to the blessings of Guru Maharajji!

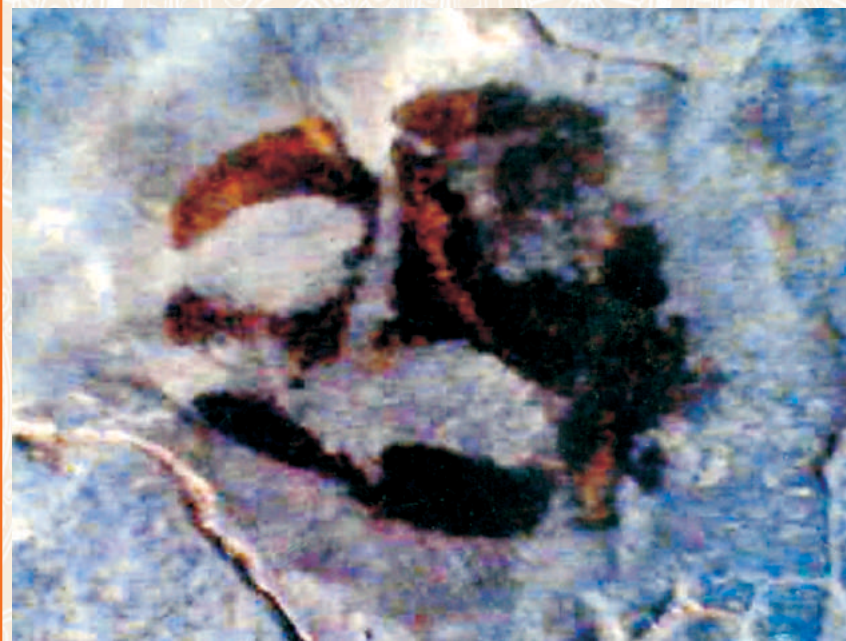
Mr. Manoj lives in Jaipur and provided this in a letter to the author.



Shape of 'Om' formed on Manojji's nails



Shape of 'Om' made on bathroom floor



Shape of 'Om' made from Charan Paduka (Slipper)

Chapter 22

Spiritual Experiences of Dr. Haldia

On May 2, 1974, at about 6:00 p.m., as I sat down to pray to Goddess Durga in my prayer room, I became overwhelmed with emotion. I complained to her that I had completed the *Golden Period* of my life spanning 40 years, but had not seen the face of my Guruji. I was in this emotional state for about a half hour. I had great thirst in my heart to find a *Sat* (true) Guru as soon as possible.

Later that day, I went to the Santokh Ba Durlabhji Medical Hospital in Jaipur to see my friend's mother, who had been admitted there. I began to chat with three other friends who had also come to visit. At about 8:00 p.m. a gentleman and his wife came to visit the patient and sat down beside us.

One of my friends introduced the gentleman as Sri Vyasji Maharajji, a great spiritual soul. My friend also advised that I could ask Maharajji any questions regarding spiritual science.

Suddenly, it occurred to me that Goddess Durga had sent him as my Guruji. I narrated my worship schedule to Sri Vyasji Maharajji and inquired if I was worshipping correctly. Sri Vyasji advised me that the worship I was doing didn't suit my soul. I asked, "Can you prove it?" Sri Vyasji replied, "I had anticipated this question from you." He then told me that I had been having severe headaches and bouts of anger. It was

correct!

I decided to discontinue my current form of worship and sought Sri Vyasji's advice on how to worship God. Sri Vyasji ordained me a three-word *mantra*. I was unable to pronounce it correctly, and I kept trying to do so for the next 20 minutes. Sri Vyasji then put the palm of his right hand on my head and asked me to pronounce the *mantra* again.

Now I was able to pronounce the *mantra* correctly. I later learnt that by putting his hand on my head, Sri Vyasji transformed spiritual energy to me. This washed away part of my sins, and enabled me to pronounce the *mantra* correctly. I asked him whether I would have *darshan* (vision) of Goddess Durga, and Sri Vyasji replied that I would have a vision of Lord Krishna.

This was my first meeting with Sri Vyasji, which later brought about many miracles in my life.

Darshan of Guru Maharajji

On November 16, 1975, I received ceremonial *mantra deeksha*, with *Gopal Mantra*. Further, I received *Gayatri Mantra*, along with other *mantras* on April 8, 1976, a very pious day of *Ramnavmi* (Lord Ram's Birthday) and *Pukhnakhshtra*.

On November 6, 1996, I was sleeping in my bed when suddenly I heard the voice of Guru Maharajji saying, "Is Dr. Haldia Sahib in?" I woke up and realized that this was Guru Maharajji's voice. A couple of seconds later, I saw Guru Maharajji sitting in front of me in a particular posture, on an iron chair. He was wearing a shirt and white trousers. I could see that Guru Maharajji's eyes were open. Also, he was wearing a shirt of which the top two buttons were open. I was puzzled to see the unexpected arrival of Guru Maharajji.

I sat up in bed, and started repeating the *Gayatri Mantra*. I had the vision of Guru Maharajji for about three to four minutes, after which Guru Maharajji suddenly disappeared. I could not figure out how Guru Maharajji came in and left my house since I live on the fifth floor and coming in is not easy. Guru Maharajji had never visited my house before and could not have known the way. All the doors were locked from the inside. This was a complete mystery to me - this was my first vision of Guru Maharajji.

I met Guru Maharajji about a fortnight later at a wedding

party. I told him about the episode and mentioned that he had appeared in my house at about 2:40 a.m. Guru Maharajji said that the day and the episode were correct, but the time was 2:36 a.m. and not 2:40 a.m. He further said to me that I did not greet him when I saw him, and also did not bid farewell when he left. It is customary to do *Pranam* (to prostrate before him) before Guru Maharajji when a disciple meets him or takes leave after meeting him. I admitted to this lapse.

After three or four days of this meeting, I went to visit Guru Maharajji and during conversation asked him how he had come to my house, when all the doors were locked. Guru Maharajji explained that it is very simple in *Jagrit Samadhi*. He had to utter one of the three words, *Om*, *Soham* or *Ram* three times and make a wish to see anybody and he would be in front of that person instantaneously. "The person would see me in the same clothes and posture in which I happen to be sitting at home."

I asked Guru Maharajji as to what he was doing at such an odd hour. Guru Maharajji replied that he had to do some spiritual work in Russia, France, and the Scandinavian countries. Upon completing the spiritual work, he remembered me and came to see me.

I also asked Guru Maharajji about the nature of spiritual work he was doing in those countries. He said that many people in those countries had difficulty in knowing the correct *mantra* that suited their souls, and in knowing the correct path that would lead to self-realization. Guru Maharajji does this when he receives instructions from his Guruji or God.

Darshan in a Glass of Water

On the night of February 4, 1977, I felt thirsty, and woke up to get a drink of water. I picked up a glass and tried to dip it in earthen water pot. However, I could not do so; I felt that somebody had pulled my right hand back by holding it near the elbow. I again tried to dip the glass in the water pot but to no avail. The third time, I started repeating *Gayatri Mantra*, wondering how somebody could prevent me from taking out water from the water pot. Suddenly, I saw Guru Maharajji's smiling face in the glass. I was very happy to see him.

I later asked Guru Maharajji about this incident. He said that

he had played a trick on me.

Darshan from USA

Guru Maharajji left for USA in the month of April 1977. On April 30, 1977, at about 1:00 p.m., I was sitting with my friend, Dr. B.N. Bhargava in Santok Ba Durlabhji Medical Hospital, Jaipur. Dr. Bhargava took out a letter from his shirt pocket, and told me that he had received this letter from Guru Maharajji on that day. He mentioned that Guru Maharajji had conveyed his blessings to me and to others. I felt a little upset that Guru Maharajji had not written a letter to me.

On the night of May 1, 1977, I had a dream in which I saw a white light coming towards me. I woke up and sat up in my bed. As the light came near me, it changed into the form of a person. I saw Guru Maharajji was in front of me, wearing a white *Kurta and a Dhoti* (traditional Indian outfit for men). He blessed me by raising his hands and I had vision of Guru Maharajji for about a minute and a half. The time was between 2:00 a.m. and 3:00 a.m.

When Guru Maharajji returned to India, I mentioned the incident to him. Guru Maharajji said that he could not send me a letter, as there were two doctors with the same name and very similar address in Jaipur - so he was not sure if the letter would reach me. This is why he had come to see me personally.

Darshan 40 - 50 Times a Day

In July of 1977, I was transferred from Jaipur to Ajmer by the State government of Rajasthan. I did not want to move there and mentioned this to Maharajji when I met him.

Guru Maharajji advised me to accept the transfer to Ajmer. He said that I will be fine and will not feel lonely there, even though my family would continue to live in Jaipur. I took the position in Ajmer, rented an apartment and moved there without my family.

As soon as I moved to Ajmer, I started seeing Guru Maharajji frequently. I would have *Darshan* of Guru Maharajji several times, wherever I was and whatever I was doing, such as working, cooking, bathing or sleeping. All this was Guru Maharajji's personal love for me, so I did not feel

lonely being away from my family.

Relief from Severe Pain

In 1976, I developed a severe pain in my right leg and foot that wouldn't go away. It continued even after I took painkillers. The pain would fluctuate and relapse daily, and for three to five minutes I would be struck with severe pain, like electric shocks.

Once I visited Guru Maharajji at his residence along with a few other fellow disciples. Guru Maharajji asked me if I was feeling uncomfortable. He said, "Do you have a problem with your right leg? You are touching your right leg again and again." I replied that I did have a problem, but requested Guru Maharajji not to cure me, as my pain was due to my past sins, for which I should suffer. I told him that I had consulted two senior doctors. One of them advised that I should take powdered aspirin, four to six times a day. The other doctor advised that I take an injection of neurobion (Vitamin B1, B6, and B12).

After that conversation, I left for home at about 12:30 a.m. I had come there on my scooter, and while returning, I could not kick-start the scooter due to acute pain in my right leg. Another disciple helped me start the scooter.

On reaching home, I took double dose of the painkiller along with some sleeping pills, and felt a little relief. However, I did not sleep comfortably due to continuing pain shocks. At about 2:30 a.m. that night, the pain totally subsided. I remarked to my wife, that the pain had subsided due to Guru Maharajji's blessings. The next day, I again went to visit Guru Maharajji, who inquired about the pain in my leg, and asked if I had taken neurobin injections for relief. I told him that the pain had subsided at about 2:30 a.m., the previous night. I was sure that Guru Maharajji had blessed me.

Guru Maharajji at first denied that he was responsible for my healing, but on being pressed about it again and again, he said that there was no way out except this.

Guru Maharajji further said, "Last night, when you left, your Guru Mataji (my wife) requested me to do something to relieve you of this acute pain. At first I refused to do anything. She insisted that I help you, saying, 'How will Dr. Haldia sleep with such a severe pain?' I turned to one side and saw a calendar on the wall with the picture of Lord Hanuman. I requested Lord Hanuman to relieve you

of the severe pain in your leg. Lord Hanuman agreed, and relieved you of the pain.”

My Son Gets a Second Life

In January 1977, my son Anil suffered an attack of infectious hepatitis, which continued for several days. A team of doctors who were also good friends, were treating him at my home. There was no improvement in his condition; rather, his condition was deteriorating day by day. Anil became comatose, and could not recognize anybody, including his mother and father. My wife and I were very worried and distressed.

On January 27, 1977, I spoke with Guru Maharajji on the telephone and told him about the deteriorating condition of my son's health. Guru Maharajji said, “I will come to your residence tomorrow at about 4:00 p.m.” I felt that my son's condition had deteriorated so much that I was not sure if he would live until the next day. By the afternoon of the next day, January 28, 1977, my son's condition got worse. Tears rolled down my eyes. I had examined my son's horoscope and knew that his time had come. My wife and my horoscope also indicated the same prediction for our son.

Guru Maharajji and Guru Mataji came to my home at about 2:45 p.m. Guru Maharajji took out a sacred thread from his pocket and asked me to put the thread around Anil's neck. With tears in my eyes, I touched the feet of Guru Maharajji and put the thread on Anil's neck. Guru Maharajji sat down on a chair and told me that the time until 9:00 p.m. was bad for my son, and that his condition would improve thereafter. There was no need to take him to the hospital. Guru Maharajji said that the diagnosis (of hepatic necrosis) made by the doctors was incorrect, and the correct diagnosis and treatment would begin after 9:00 p.m. Guru Maharajji said he and Guru Mataji would stay with me until 9:00 p.m.

I was surprised to see that Anil, who was comatose until then, suddenly sat up in his bed, and with folded hands, recognized and paid respects to Guru Maharajji. I asked Guru Maharajji, how Anil was able to do this, when previously, he was not even recognizing his parents. Guru Maharajji said, “It is not his body but his soul that has recognized me. The time had come for his improvement.”

I offered tea to Guru Maharajji but he refused it, saying that he would have tea with Anil the next day. I was not sure until then if my son would survive. Guru Maharajji reassured me that the bad time for Anil was over, and that now he would improve. Then the Guruji left for his residence at about 9:30 p.m.

The doctors who were attending to Anil came to our house at about 10:00 p.m. They advised us to shift Anil to the government hospital, as his condition was deteriorating. I disagreed with them but the doctors insisted that Anil be moved to the hospital because of his serious condition. I told them that Guru Maharajji had visited, had seen Anil, and had advised us that there was no need to move Anil to the hospital.

One of the doctors called Guru Maharajji at about 10:45 p.m., and suggested that Anil be shifted to the hospital immediately. Guru Maharajji said that he was satisfied with their treatment but felt that there was no need for moving him to the hospital at that time. There was nothing more that could be done in the hospital, except for providing him with oxygen, if needed, but that could also be done at their residence as well. Guru Maharajji further said that the boy could be taken to the hospital the next day. The doctors agreed to this suggestion.

All of a sudden it occurred to me to test Anil's blood and urine for glucose, as his condition had deteriorated. (I.V. Glucose, that is, 50% glucose, is given intermittently). Initially, the attending doctors didn't agree with this suggestion; however, one doctor agreed and took a sample of Anil's blood and urine to a private clinic for diagnosis.

On testing, there was found to be four plus (++++) sugar in urine, and the blood glucose level was 400 mg%. This showed the diagnosis of the team of doctors was incorrect, and that Anil had been receiving the wrong treatment. The correct diagnosis was *Itrogenic Diabetic Coma* and not hepatic necrosis. This corroborated what Guru Maharajji had indicated earlier about the wrong diagnosis and treatment being administered to Anil.

Anil's treatment was changed immediately. He was given a saline drip. When I woke up the next day at about 5:50 a.m., I was surprised to see that Anil was lying on the bed with his eyes open. I asked him how he was feeling, and he replied that he was feeling

better. I asked him what time it was and he told me the correct time. The doctors felt very sorry for administering the wrong treatment. When Guru Maharajji asked me about Anil's progress I told him about the miraculous improvement in his health. Guru Maharajji came there later in the day and had a cup of tea with Anil, as per his promise.

I asked Guru Maharajji what had happened to my son, and how his condition had improved suddenly. Guru Maharajji said, "In a previous life, your son had given trouble to a saint who cursed him, and because of that he was about to die. The curse given by the saint could not be undone but it could be withdrawn, if something good was offered to him, which he agreed to accept. Guru Maharajji gave him a *Purushcharan* (2.4 million chants) of *Gayatri Mantra*. The negotiation with the saint took five hours to improve Anil's condition. Therefore, Anil's condition improved slowly after five hours.

My son Anil's life was saved due to the kindness and blessings of Guru Maharajji.

Darshan of Guru Maharajji's Feet

On the night of December 12, 1995, I had *darshan* of Guru Maharajji's face four times, but I could not recognize him. At 3:00 a.m. I had *darshan* of his right foot, with a pleasant golden halo around it, and after about a minute, *darshan* of his left foot, also with a halo around it.

I am fortunate to have these visions of Guru Maharajji who also saved my son's life.

Experiences on a Pilgrimage

I wanted to go to on a pilgrimage to Haridwar. Thereby, I went to see Guru Maharajji in order to request this of him, and to ask his permission. Guru Maharajji advised me to go to Badrinath (one of the four holy places in India) as well, on my pilgrimage to Haridwar. The date was fixed as June 10, 1999. On June 9, I went to Guru Maharajji's residence to pay my regards. He inquired about my program. I narrated that I was going for seven days. He said that seven days was inadequate. I should also go to Gangotri (origin of river Ganges) along with Badrinath.

I was very happy to hear this. I requested to him that without his *darshan* at Badrinath, the pilgrimage would be incomplete. He

told me that he was always with me, everywhere. (This depends on one's own devotion to him.)

On June 10, along with ten members of my family, I left Jaipur for *Gangotri* by taxi. Between Gangwana and Harshal villages, we saw a very beautiful, divine, complete *Om* made of ice on the top of a 5,000 meter high hill, of the size 50 by 50 feet. We were all amazed and happy to see this. On returning from Gangotari, we again saw the same vision of *Om* at the same place the next day. At another place, about five to seven kilometers away, we saw another *Om* on top of another hill, made of ice, nearly of the same size. I realized the presence of Guru Maharajji as a vision in the *Om*. I was remembering him all the time, at every place.

On June 15, we left Gangotri for Badrinath Temple in the same taxi via Joshimatt. Due to Guru Maharajji's grace, we had full *darshan* of Lord Badrinath in *Mangla*, the early morning and *Shringar* with decoration of flowers and jewelry, and *Aarti* everytime. Lord Badrinath was seen in Lotus posture with four hands, two on his Lap, and two in blessing posture. On June 16, my elder son, Anil, and his family almost missed having *darshan* of Badrinathji between 11:00 a.m. and noon. The *darshan* is usually closed at noon. It was surprising that on this day, the *darshan* was again open at 12:20 p.m. It remains a mystery as to how and why it was open at this unusual time.

I asked my son Anil to go inside the Temple with his family, and I sat outside the Temple as I had *darshan* many times. My son Anil and his wife Rashmi, their daughter Sarita and son Ramchandra, went into the Temple for *darshan*. Anil, Rashmi and Sarita had *darshan* there. My daughter-in-law Rashmi told her son Ramchandra to do *darshan* carefully. On this, Ramchandra, who is nine years old, told his mother that in place of God's idol, he saw Guru Maharajji sitting in white Kurta and white trousers in *Sukhasan*, with his hands on his lap. He was not wearing glasses, and was looking towards him. Only my grandson had Guru Maharajji's *darshan*, and no one else.

This clearly proves the constant presence of Guru Maharajji with us. We realized that everything was pre-arranged. We had a comfortable journey, comfortable stay, and full *darshan* of Lord Badrinathji for more than 30 minutes, though usually people have three to five minutes of vision at the temple.

Kundalini of a Disciple Activated

On November 16, 1975, Guru Maharajji gave me Gopal *mantra deeksha* with *touch deeksha* whereby he put the palms of both his hands on my head, just above my ears, to the middle of my scalp. A 1500-year-old pious *Rudraksh Mala* (a rosary made of *rudraksh* beads) was placed around Guru Maharajji's neck and mine for about 10 minutes while *mantra deeksha* was being ordained to me.

I felt my body becoming very light as if it was elevated. My mind was engulfed in a wave of peace. I had a pleasant and delightful sensation in my body, which lasted for a very long time.

On March 11, 1996, Guru Maharajji organized a *mantra ucharan* session for about 10 disciples at his residence. During chanting of the *mantra*, I felt a pleasant sensation, twice, as if a current arose from the base of my spinal cord to the top of my neck. Guru Maharajji asked me how I felt. I replied that I felt a pleasant current like sensation. Guru Maharajji said that it was the initiation of *Kundalini* activation.

Again, on March 22, 1996, Guru Maharajji organized a *mantra ucharan* for about 60 people at my residence. After *mantra ucharan* was over, Guru Maharajji asked disciples to do *mansik Japa* (silent prayer) of six *mantras*, each for about 90 seconds. The *mantras* were *Om, Soham, Ram, Om Soham Om, Om Ram Om, and Om Shiv Om*. During *mansik Japa* of each *mantra*, I felt the same pleasant sensation of two snakes crawling upwards from the base of my spinal cord to the top of my neck. Nobody else felt such a sensation. I felt the same sensation six times during that period. Again, it was the activation of *Kundalini*.

I felt the same type of sensations during *mantra ucharan* held in the second week of April 1996 at Guru Maharajji's residence. I described all these experiences to Guru Maharajji, who was very pleased to hear about them.

All this was due to Guru *Kripa*, that is, Guru Maharajji's grace. After that, I had daily visions of Guru Maharajji for several months.

Dr. Kailash Narain Haldia, ex-director Mobile Surgical Unit of Jaipur, Rajasthan, gave me these details in writing.

Chapter 23

Lord Ganesha's Statue Changes

Mr. Shiv Kumar Pareek, a devout disciple of Guru Maharajji and a companion of Mr. Atal Bihari Vajpayee, ex-Prime Minister of India, lived in Defence Colony, New Delhi. In 1997, Guru Maharajji visited New Delhi to attend the wedding of the son of Colonel Raina, another devotee of Maharajji, but stayed at Mr. Pareek's residence. During the day, Guru Maharajji went to Colonel Rain's residence in Som Vihar where he gave *mantra deeksha*, had spiritual deliberations and blessed many of Colonel Raina's relatives.

Maharajji returned to Defence Colony at midnight. A decorative brass statue of Lord Ganesha in a dancing posture was prominently displayed in the house. It weighed about 20 kg. Mr. Pareek was not sure as to whether a statue like this should be kept in the house or not. Finally, he decided to consult Maharajji about this. However, Mr. Pareek could not ask Guru Maharajji as it was already midnight when he came, and he didn't want to disturb him at that hour.

Next day, Maharajji was scheduled to board Indian Airlines for a morning flight from Delhi to Jaipur. All members of the Pareek family went to the airport to see him off - as did members of Colonel Raina's family and other disciples. Colonel Raina's family members brought a flower garland that had been offered to Maharajji when he had visited Som Vihar the previous day. Amazingly, the size of the

garland had increased from its original size of one a half feet to six feet.

Everyone was surprised as to how the garland of one and a half feet could grow nearly six times in length. Similarly, the garland of one Mr. Bhushan Batra - and which he brought and showed to Maharajji - also increased to over 11 feet on the last day. These incidents really astonished the people.

Guru Maharajji left Delhi for Jaipur on an Indian Airline flight and all the disciples of Guru Maharajji dispersed from there. While returning from the airport, Mr. Pareek also brought two garlands from Malai Temple for Maharajji's picture, as it was Thursday - the day they offered a garland to his picture. It was of great interest to Mr. Pareek and the disciples as to how those garlands of Colonel Raina and Mr. Batra had increased - and whether their own garlands would also increase.

On reaching home, I was told by my mother that there was a change in the statue of Lord Ganesha. Every member of the family was startled to hear the news. The family members immediately went to see the statue, and noticed that the trunk of Lord Ganesha had been turned upwards, and the *Farsa* (big knife) had changed its position towards the right. It was a miracle that such changes occurred in a 20 kg brass idol of Lord Ganesha, without the idol being touched.

Suddenly, my younger brother came running to me and told me that the two garlands that had been offered to Guru Maharajji's photos had doubled in size. All family members were astonished by these developments. Mr. Shiv Kumar Pareek immediately phoned Guru Maharajji to tell him about these incidents.

Before Mr. Pareek could say anything, Guru Maharajji told him, "You wanted to know about Lord Ganesha's idol, whether it was auspicious or not, but I could not tell you then. Yes, it was inauspicious and so I had to make necessary corrections in the idol to make it suitable for you to keep it in your house." When Mr. Pareek told Guru Maharajji about the increase in the size of garlands, Guru Maharajji said, "The garlands will keep on increasing until they reach the stairs of your ground floor."

I took photographs of the garlands at regular intervals. The size of the garlands kept on increasing the whole day until they

reached the size of 16.5 feet from the original length of two feet!

Vision of Guru Maharajji

In the year 1998, Mr. Shiv Kumar Pareek was at his home in Defence Colony, New Delhi, after just coming back from work. He had picked up his mail and was busy reading it when the telephone rang. As he was in conversation over the phone Mr. Pareek went to sit on a sofa where he always sat. Unfortunately, the sofa had been removed from there during room cleaning and he had a bad fall. His knees were injured and he was in acute pain. Somehow, he managed to reach his bedroom.

That night, Mr. Pareek took painkillers, but to no avail. He tried to sleep but could not do so, because of the intense pain. He switched off the light and the room became dark. The door was locked from inside. Suddenly, a hanging light appeared in the room and Mr. Pareek saw Maharajji standing at the door. Mr. Pareek paid his obeisance at his lotus feet, and Maharajji came closer to him and sat on his bed. Maharajji asked Mr. Pareek about the pain, and put the palms of his hand on his knees. Mr. Pareek realized that the pain in his knees was fading. Maharajji continued his application for almost three hours, and both continued to discuss various matters.

Mrs. Pareek was sleeping on the other side of the bed, and was not aware of anything. Mr. Pareek now felt no pain in his knees. Early in the morning hours Maharajji said, "*Ab Jana Hai*," meaning, "Now I must go," and disappeared. Mr. Pareek described the whole incident to his wife. She said that she had a feeling that he was talking to someone but when she tried to get up, she could not do so.

The presence of Guru Maharajji at Mr. Pareek's house in a room that was locked from inside is miraculous!

Vision of Maharajji on a Train

Mr. Shiv Kumar Pareek was once traveling by Lucknow Mail (an Indian Railways train). A Superintendent of Police also accompanied him in the air-conditioned first-class compartment. After dinner, he locked the compartment door, and also locked the additional latch and went to bed.

Around midnight, there was a sudden light in the compartment, and Mr. Pareek saw Guru Maharajji standing there. Maharajji asked Mr. Pareek about the pain in his knee that had been

caused due to over-exertion. He remained in the compartment for 20 to 25 minutes, and continued talking to Mr. Pareek. Suddenly, the light went out and Mr. Pareek could see that the door that he had locked was now open.

Mr. Pareek was surprised and asked the officer whether he had opened the gate. The officer said he hadn't. Mr. Pareek, on reaching his destination, rang up Guru Maharajji the next day and described the whole incident. Guru Maharajji laughed and told him, "I wanted to invite you for *Janamashtami* (Lord Krishna's birthday) function, and so I came physically to your compartment."

Guru Maharajji has blessed many people with his vision many times, but this was the first time Mr. Pareek had a vision on a moving train.

Rain of Ganga Jal on Shri Mangleshwar Temple

Some years ago, Guru Maharajji did *Pran Pratishtha*, that is, laid the foundation of *Shiv Pind* (representation of Lord Shiva in the temple) in Shri Shiv Kumar Pareek's farmhouse in Achrol. This was on the Jaipur-Delhi Highway. The temple was named *Shri Mangleshwar Mahadev Temple*. In 1997, Mr. Pareek invited Guru Maharajji to celebrate the *Maha Shivratri* (Lord Shiv's birthday) function along with the disciples, and Guru Maharajji accepted the invitation.

On his arrival, Guru Maharajji performed *Jalabhishek*, the pouring of holy Ganges water on the *Shiv Pind*. More than 400 disciples of Guru Maharajji participated in these celebrations. The entire atmosphere echoed to the chanting of *Mandaar Mala mantra*. In the evening, Mr. Radhay Shyam Phatak performed a beautiful *Shringar*, a beautification and floral decoration of *Shri Mangleshwar Mahadev*.

At that time, someone came to Maharajji and informed him that drops of water were falling from the dome of the Temple. Guru Maharajji asked Mr. Mahesh Pareek to go and take a look. When Mahesh entered the Temple, a few drops fell on his forehead and he saw that water was falling like rainwater. He went back to Guru Maharajji and narrated the whole incident. Guru Maharajji asked him to send someone on the roof of the Temple to see whether there was any possibility of water having accumulated there. He sent his brother to the

top of the roof who shouted from the terrace that there was not a single drop of water on the terrace.

It was a matter of great surprise to those who witnessed this incident. There were certain senior Police officers, including an Inspector-General of Police, who also witnessed this incident. The Temple was overcrowded and everyone was enjoying the water droplets and wondering where the water was coming from.

Guru Maharajji kept smiling, and after repeated requests of his disciples informed them, "Very few Saints in India are capable of performing *Pran Pratishtha* of *Ardha-narishwar* (the combination of Lord Shiva and Shakti), but at *Shri Mangleshwar Mahadev*, I have performed *Pran Pratishtha* in the *Shiv Pind*, of Lord Brahma, Lord Vishnu, Lord Shiva and the Shakti. There will be no other Temple of this kind in the world. You will be surprised that Ganga Mata herself came here to perform *Jalabhishek* (pouring of water on *Shiv Pind*) on *Shri Mangleshwar Mahadev*."

It was an amazing and unforgettable incident for all those who were present there and those who heard about it.

Mrs. Manju Pareek has vision of Guru Maharajji

A few years ago, *Greha Pravesh* (first entry into a new house) ceremony was performed at Mr. Radhey Shyam Phatak's residence in Jaipur. *Prasad* (food offering to God) was distributed to all present there.

Thereafter, a *Kawali* program (devotional songs) was organized featuring the famous Sabri Brothers. The function was going very well and the atmosphere was charged. Sabri Brothers sang *Sufiani Kawalies*, prayers in honour of God by Sufi Saints (minister of a religious sector). Referred to as *Ishke-Hakiki* (love for God) it is composed by various Saints in Urdu/Arabic in praise of God. Guru Maharajji was fond of these *Kawalies*.

In the midst of the program, there was tea break. Mr. Sayed Kawal was talking to Mr. Pareek about Guru Maharajji. Kawal said that he has seen many saints in India and has had the opportunity to sing Kawalis in front of them, but none of them equaled Maharajji. Kawal said that Maharajji was more than a human being, and in true sense, a real God. He further added that Maharajji is capable of leaving his body and going anywhere. Talking about *jagrit Samadhi*, Mr. Sayed said that he had seen Maharajji leave his body

many times in the midst of *Kawali* through *Jagrit Samadhi*.

The *Kawali* program started again and to everyone's great surprise, they saw that Maharajji's body was not responding in a natural manner; it was as if the body was there but Maharajji was not. There was no movement in the body. Maharajji remained in that posture for almost an hour and a half. It was for the first time that Mr. Sayed had seen a real demonstration of *Jagrit Samadhi*. It was a matter of excitement. The *Kawalis* continued till early morning.

It was a really exciting time. Mr. Pareek rang up his wife, Mrs. Manju Pareek, and narrated the whole incident to her. To his utter surprise, she told him that Maharajji was in Delhi during that time. He didn't believe her story, and asked her whether she had seen Maharajji in her dream. She confidently told him that she had really seen Maharajji in their drawing room. Furthermore, when asked what outfit was Maharajji wearing at that time, he was stunned when she described the same outfit that Maharajji was wearing at Mr. Phatak's house. Incidentally, Maharajji had put on that coat in front of Mr. Rameshwar Nath Gaur and me. He had told us that, "I'm wearing this coat for the first time, even though it was stitched a long back."

Mrs. Pareek further informed that her father-in-law, Mr. Shiv Kumar Pareek, had a severe nosebleed, and his life was in danger. Maybe that is why Maharajji opted for *Jagrit Samadhi* openly to save the life of Mr. Pareek's father.

Pakistani coin found at Shri Mangleshwar Mahadev

A few years ago, Guru Maharajji had made a program to travel to France. I was fortunate to accompany him from Jaipur to Delhi. Guru Maharajji was going by car, with the idea to perform *puja* at *Shri Mangleshwar Mahadev* on the highway between Jaipur and Delhi. Guru Maharajji also performed *Jalabhishek* on the *Shiv Pind* and asked all our family members to do the same, one by one.

Incidentally, Mr. and Mrs. Govind Sharan Rawat, who were disciples, also came to the temple to offer *puja* (prayers) as it was their wedding anniversary. They also performed prayers in the presence of Guru Maharajji. Everyone prostrated before Guru Maharajji as soon as he got up from the function. I noticed that a coin was lying on the white sheet. I asked Guru Maharajji whether the coin belonged to him. He said it did not. When asked other

members who were present there, all of them said that the coin did not belong to them. On careful examination, it was noticed that the coin was from Pakistan and it bore words written in Urdu.

All the members present there were surprised at the appearance of this coin from Pakistan. Guru Maharajji kept on smiling. They left the temple to go to the nearby hall for tea. Everyone talked about the appearance of the coin in the Temple, but no satisfactory conclusion was available. After repeated requests, Guru Maharajji told us, "This temple is not an ordinary temple. Many souls come here and offer their prayers. This coin has been presented to me after offering obeisance to me."

This was an astonishing incident. The coin is still safe with Mr. Shiv Kumar Pareek.

Ganga Puja in Haridwar

In the month of May 1999, Mr. and Mrs. Shiv Kumar Pareek went to Haridwar to perform *Ganga puja*. Mr. Pareek had informed a certain *Panditji* (priest) who usually performed the *puja*, to make the necessary arrangements.

On arrival at *Har ki Pauri*, a place for taking a holy bath on the banks of river Ganga in Haridwar, Mr. and Mrs. Pareek were asked to perform the *Badi Aarti* (the main prayers) as the person who had booked the *Aarti* had cancelled his program to visit India. It was the first time that the *Badi Aarti* booked by someone was cancelled, and Mr. and Mrs. Pareek were asked to perform the same. Before *Aarti*, *Ganga puja* is performed. Accordingly, Mr. and Mrs. Pareek sat on the platform along with the *Panditji* to perform *puja*.

Suddenly Guru Maharajji appeared on the platform and asked Mr. Pareek to perform the *puja*. The couple was surprised to see Guru Maharajji. The *puja* was performed at his directions. The *Panditji*, who was to perform the *puja*, was busy in his personal *puja*. Maharajji gave Mr. Pareek various instructions, including mantras to be performed. It took almost 45 minutes, and Guru Maharajji was present throughout that time. As soon as the *puja* was over, Maharajji disappeared. Thereafter, *Panditji* asked Mr. Pareek to get ready for the *puja*, but Mr. Pareek told him that the *puja* had already been performed.

Mr. and Mrs. Pareek also performed the *Badi Aarti*. Their trip to Haridwar was a great success, by the blessings of Maharajji.

For the Pareeks, this was a memorable experience indeed!

Mr. Mahesh Pareek, son of Mr. Shiv Kumar Pareek, sent me a letter with the details above.

Experiences of Mr. Shiv Kumar Pareek

I was suffering from osteoarthritis and was advised by the doctors to have a plaster cast on my right leg. When I visited Maharajji, my leg was in a cast, and I was unable to walk properly.

Maharajji was pained to see me in this condition. He asked me to sit in front of him. He touched my leg with his fingers and kept on rubbing my leg for some time. He then asked me to get the plaster removed, and soon it was. I could feel waves after waves of *Shaktipat*. My entire body was in sweat as Maharajji touched my leg with his fingers. There was a significant improvement in my leg, and I was able to walk properly again.

A month later, I happened to visit Bombay. One of my friends took me to see Dr. Dholakiya, who is one of the prominent doctors in the country. He examined the x-rays, and informed me that my kneecap had been damaged so badly that I had to go for an operation. Immediately, I telephoned Maharajji in Jaipur, and informed him about the findings of Dr. Dholakiya. Maharajji asked me to come back to Jaipur.

I reached Jaipur and went to meet him. He touched my leg with his fingers and did *Shaktipat*. This time, the waves were much stronger. I could feel that energy was being transferred into my body. I could see an aura on his face. Now I am able to walk properly. I can even sit in *Sukhasan* (a yogic posture) for hours without any problem.

Incidentally, I happened to meet one of the best doctors of Germany. After he examined my leg thoroughly, he concluded that medically it was a matter of research as to how I could walk, work, and sit in a normal manner. I am indeed fortunate to have Guru Maharajji's blessings, and pray to God that Maharajji continue to bless me throughout my life.

Mr. Shiv Kumar Pareek sent the above details in a letter to me.



Maharajji placing a garland on Shiv Pind at Sri Mangleshwar Mahadev

Chapter 24

Maharajji's Visit to Bhuratwala

In 1977, Mr. Jaswat Singh and *Brahamchari* Shiv Lalji met Guru Maharajji on the festive occasion of *Maha Shivratri* (Lord Shiv's Birthday), at his residence in Jaipur. Guru Maharajji gave Mr. Jaswant Singh *mantra* that he has been chanting since that day. He used to visit Guru Maharajji on special occasions like *Ramnavmi* (Lord Ram's Birthday), *Guru Purnima*, etc. to get his blessings.

In 1979, Mr. Jaswant Singh came to visit Guru Maharajji in Jaipur, and he was given another *mantra* that day. At about 4:00 p.m., Mr. Singh felt thirsty, and came down from the first floor to ground level to drink water. When he turned on the tap, he was startled to see milk flowing from there. He drank it. For about 15 years, he did not talk about this miracle to anyone on the advice of his village friends, who told him that if he disclosed the miracle to others, he would never see another miracle again.

About four years later, he described the incident to Guru Maharajji, who was very pleased to hear about it. Guru Maharajji told him there was no need to keep the miracle a secret.

Since 1982, Mr. Jaswant Singh had been asking Guru Maharajji to visit his village, and the visit finally took place in the summer of 1995. On May 6, 1995, Guru Maharajji along with 150 disciples, left Jaipur in the morning by several cars and buses. The author also accompanied Guru Maharajji on this visit. Everyone

had a sumptuous breakfast with hot tea at about 9:00 a.m.

It was a very hot day. A couple of fellow disciples had requested Guru Maharajji to postpone the trip until it got cooler. Guru Maharajji said it would rain and it did. The journey became very pleasant and the party reached Bhuratwala village early in the evening.

Mr. Jaswant Singh, helped by Mr. Birdichand, had made excellent arrangements in the village. A superb *Guru Ashram* had been constructed for the comfort of Guru Maharajji and his family. Rooms were assigned to families for their stay. Tents were pitched, where villagers coming from neighbouring villages could be comfortable, since they were all coming for the *darshan* of Guru Maharajji.

When Guru Maharajji and the party reached Bhuratwala, villagers from Bhuratwala and neighboring villages gave him a warm welcome. Guru Maharajji talked with the villagers and other members of the party, and after *Prasad* (dinner), the villagers went home and the others retired to their rooms.

Next morning, the villagers waited for Guru Maharajji under a big tent. Guru Maharajji came at about 9:30 a.m. and spoke to the people sitting there. Many people requested *mantra deeksha*, and Guru Maharajji gave them suitable *mantras*. After breakfast was served, the program continued until the *Prasad* (lunch) was served for everyone. People were coming and going throughout the day.

In the afternoon, everyone took a break. In the evening, there was another gathering under the tent. Visitors asked Guru Maharajji questions, and he gave them appropriate replies. Those who asked for *mantra deeksha* received it. Thereafter, again, *Prasad* (dinner) was served and after gathering for a short time, everyone dispersed.

This program continued for five days. During this time, Guru Maharajji and the visiting party also went to the village of Jasana, where Mr. Birender Singh, an ardent disciple of Guru Maharajji, lived. Mr. Singh had made excellent arrangements for the reception of Guru Maharajji and the visitors in his residential fort. The party was served cold drinks and *Prasad*. All devotees present performed *Puja* of Guru Maharajji. The atmosphere was

serene and peaceful.

In the afternoon, Guru Maharajji and disciples left for a temple near Jasana village. Here, an interesting story came to light:

The *pujari* (priest) of the temple narrated a story from his father's time. He said that one day, after the doors of the temple were closed for the night, a man came up to the deity and offered a hundred-rupee note. His father asked him who he was, but the man did not reply. He left shortly thereafter. On examining the currency note, the father found the signature of Birender Singh on the note. He thought the signature to be that of Mr. Birender Singh of Jasana, but on inquiry, found that Mr. Singh had not visited the temple that night. Besides, Mr. Birender Singh confirmed that it was not his signature.

Later that year, Mr. Birender Singh brought the *pujari* to Jaipur for *Guru Purnima* with the permission from Guru Maharajji. They attended Puja before the *chowki*. The *pujari* immediately recognized Guru Maharajji to be the man who had come to the temple when all the doors had closed for the night and offered the hundred-rupee note.

The visiting group discussed this information. The question arose as to whose signature was on that currency note. This note had been framed and was examined by everyone. Guru Maharajji, when asked, described how he could visit this temple and present the signed currency note in front of the deity when he was in Jaipur. Everyone was eager to know the truth. Guru Mataji (Guru Maharajji's wife) examined the note and immediately confirmed the signature to be that of Guru Maharajji. She also noted that one of the letters in a word bore resemblance to a letter Guru Maharajji wrote to her before marriage.

Ultimately, it became known that Guru Maharajji had visited the temple on that night after all the doors of the temple were closed, and placed this currency note bearing his signature before the deity. Everyone enjoyed the revealing of the mystery, and Guru Maharajji admitted to the truth of this episode.

In late afternoon, Guru Maharajji and the party left the temple for Ratanpura village by cars and buses. The local villagers had arranged a warm reception for Guru Maharajji at Ratanpura. Tents were pitched and people came in large numbers to greet Guru

Maharajji. He sat in the center as the local villagers saluted him and discussed their personal problems with them. Guru Maharajji gave *mantras* to those who were interested in receiving them. He also explained the method of chanting the *mantra* to them. Guru Maharajji and the party were hospitably entertained. They left for Bhuratwala village in the evening.

After a one day stay in Bhuratwala, Guru Maharajji and the party left the village by buses and cars for Dhani Lakhji, a village in Haryana state. Mr. Mani Ramji, an ardent disciple of Maharajji resided there. He had made excellent arrangements for the reception of Guru Maharajji and his party. The villagers greeted them very enthusiastically and served milkshakes to the visitors, as they paid great regards to Guru Maharajji.

Guru Maharajji sat on a chair in the center and all the villagers sat in front of him. He gave *mantras* to those who were interested in receiving them. In the evening, the local residents served dinner to the visiting party. Guru Maharajji and party left Dhani Lakhji late in the evening and returned to Bhuratwala for the night.

After five days stay, and on the morning of May 11, 1995, Guru Maharajji and party got ready to return to Jaipur. Guru Maharajji and everyone in the party were given a warm send-off by Mr. Jaswant Singh and the local villagers. It was a moving and tearful scene.

Guru Maharajji and the party stopped in the village Baas Kashiram, a place 15 kms from village Bhuratwala. The villagers had pitched beautiful tents for the reception of Guru Maharajji, and were waiting for his *darshan* (glimpse). On his arrival, an assembly of more than 500 people welcomed Guru Maharajji along with the rest of the party. After entertaining Guru Maharajji and the visiting party, the villagers asked Guru Maharajji for *mantra deeksha*.

We were curious to see how Guru Maharajji would give *mantra* to so many people in this big crowd. We were sure that Maharajji would have to extend his stay to comply with every request by aspiring individuals - as he would not leave without giving *mantra* to those who requested it. Suddenly, we saw Guru Maharajji telling the crowd that those who were interested in receiving *mantra* come to one side. He then gave one *mantra* to the

whole crowd. Giving one *mantra* to such a large group (of more than 500 people), as well as one that was compatible with everyone seemed an almost impossible undertaking. But, to our surprise and appreciation, Guru Maharajji performed it effortlessly.

After three or four hours, we left Baas Kashiram for village Bhudhwalia, which is about 20 km away. Mr. Ladhu Ram, an ardent disciple was there with the villagers to welcome Guru Maharajji and his party. The tents were pitched and the visitors were given a warm welcome. The hosts were very hospitable and they provided lunch to the visitors.

A crowd of 600 villagers requested Guru Maharajji to give them *mantra*. Again, Guru Maharajji gave one collective *mantra* to the assembled crowd. Thereafter, Guru Maharajji and his party left for Jaipur.

Maharajji's Visits Bhuratwala Again

Mr. Jaswant Singh of Bhuratwala again asked Guru Maharajji to pay a visit to his village, as the villagers were very eager for his *darshan*. Guru Maharajji accepted their request and decided to travel by train this time. About 100 disciples were ready to accompany Guru Maharajji to Bhuratwala.

On March 26, 1997, Guru Maharajji and the party (including the author) left Jaipur for Bhuratwala by train in the evening. They reached Ellanabad railway station on March 27, 1997, at 6:00 a.m. Transportation had been arranged from Ellanabad to Bhuratwala village. Guru Maharajji and his family stayed at Guru Ashram, and suitable arrangements were made for the visiting party as well. Tents were pitched to accommodate the visiting villagers from nearby villages. They gave a warm and rousing welcome to Guru Maharajji and all those who had come with him.

During this visit, Guru Maharajji helped the villagers with their health problems. Some villagers, who had incurable ailments, requested Guru Maharajji to give them relief. Guru Maharajji administered spiritual therapy treatment by putting his left forefinger on the ailing parts of their bodies. These sufferers felt relief from their ailments, such as migraine, rheumatic pains, abdominal pain, backache, headache, dislocation of the backbone, and other painful conditions.

One 14-year-old girl, who had a stationary eye, came with her parents. They had tried various medical treatments for their daughter but to no effect. Guru Maharajji simply put his left forefinger on the upper eyelid of the ailing girl. After a few minutes, the stationary eye became mobile and normal. This miracle was very much appreciated by the villagers and the visiting party!

About 400 to 500 visitors visited Guru Maharajji for treatment, and found instantaneous relief. Guru Maharajji would say, "God is curing the ailments and I am only the medium for your cure. As such, one should have implicit faith in God and worship Him." People were also given *mantra deeksha* on request. And during Guru Maharajji's stay in Bhuratwala, *mantra deeksha* was given to about 2000 people.

Guru Maharajji's visit to the villagers brought them great relief. On March 31, 1997, Guru Maharajji and his party were given a warm farewell. The next day, they left Bhuratwala for Jaipur.

Mr. Jaswant Singh, son of Mr. Ladhu Ram of village Bhuratwala, District Sirsa, Haryana State, India, and an ardent disciple of Guru Maharajji, narrated these experiences.

Chapter 25

Experiences after Death

Dr. R. K. Soni, MBBS, a physician in private practice in Jaipur, who is an ardent disciple of Guru Maharajji, sent me a letter describing how Guru Maharajji saved his life.

I have been practicing medicine in Jaipur for the past 40 years. On December 15, 1986, Guru Maharajji asked me to chant 25,000 rosaries (2.5 million times) of the *mantra Om Joom Saha*. I completed the rosaries and informed Guru Maharajji of this on March 1, 1987. Guru Maharajji was pleased with my progress, and said that now there was nothing to worry about.

On March 3, 1987, my wife and I came to Chaura Rasta, a busy road in Jaipur City, and parked the car on one side of the road. While I was crossing the road, a speeding motorcycle hit me. My body flew and fell about 20 feet away from the scene of the accident. In the accident, I sustained a head injury, blood started oozing out of my left ear, my right leg was fractured, and I fainted.

The police came and took me to Sawai Mansingh Hospital, Jaipur, for treatment. My wife, who was sitting in the car, didn't see this accident and was unaware of it. When she found out about the accident, she immediately rushed to the hospital. I remained under medical treatment at the hospital until March 6, 1987. Thereafter, as I was later informed, I lost my senses, my condition became very serious, and I was declared dead. A white cloth was put over my

body. A little while later, I miraculously came back to life and later narrated my story to Guru Maharajji.

I told Guru Maharajji that my soul left my body and I was declared dead. One *Yamdoot* (messenger of death) about 25 feet tall, asked my soul to go to another person, who was about four feet tall, and wearing a lot of jewelry. Guru Maharajji later said that this was *Mangal Greh* (Mars).

I saw another person, about six feet tall, holding a *Kamandal* (a pot kept by saints) in one hand, and one *Chimta* (iron prong) in another, and standing behind a pillar. I later realized that this was Dada Guru Maharajji (Guru Maharajji's Guruji), who addressed *Mangal Devta*, and asked him to ask the *Yamdoot*, not to take my soul. My soul inquired from Dada Guru Maharajji as to why I should not go with the *Yamdoot*. Dada Guru Maharajji told my soul to ask his Guru Maharajji. The soul then entered my body by mouth, and I woke up.

In the meantime, my wife had gone to visit Guru Maharajji's residence. When I came to my senses, I saw Guru Maharajji standing there along with my wife, who had come to Sawai Mansingh Hospital to see me. By the time they reached the hospital, I had come back to life, throwing away the white sheet covering my body. I narrated the whole episode to Guru Maharajji, who said it was all a dream.

After about a week, I received a letter from my sister, who lived in Canada, narrating the whole episode. She said that Dada Guru Maharajji had come there to save my life. He had saved my life from *Mangal Greh*. When Guru Maharajji came to visit me at my home to ask about my health, I handed the letter to him. He read it and said that this letter had disclosed the whole secret. My sister was herself a very spiritually advanced soul.

Yet Another Experience of Dr. Soni

One day in the winter of 1993, I was sitting in my clinic, located on Mirza Ismail Road, Jaipur. A few patients were sitting opposite me, and generally talking amongst themselves. I heard the voice of Guru Maharajji coming from behind saying, "Lord Shiva has visited your temple and you should go home immediately. He will go back at twelve in the night." I immediately closed the clinic and rushed home.

On reaching home, I found the fragrance of *chandan* (sandalwood) coming from my *Puja* room. My wife told me that there was fragrance of *chandan* in the whole house but it was really strong in the *Puja* room. The scent was very pleasant. I told to my wife what Guru Maharajji had told me that Lord Shiva would remain in our *Puja* room until twelve at night. The pleasant fragrance of *chandan* vanished exactly at twelve o'clock in the night.

I narrated this whole story to Guru Maharajji, who confirmed the episode.

Dr. R. K. Soni's Son Saved from an Accident

My second son, Navin was going to Mumbai to take up a job in April of 1984. He visited Guru Maharajji to seek his blessings. Guru Maharajji asked him to come back the next day. Navin returned to Guru Maharajji place the next day and was blessed by him. Maharajji tied a *dora*, a special thread of best wishes and blessings on his right hand and advised him not to untie it for the next forty days.

Navin reached Mumbai and started his new job. He travelled to his office by electric train. After about nine days, while going to work, Navin was crossing a railway line to go to the platform, when suddenly, a train arrived. He felt that someone pulled his shirt from behind. He was pushed aside, which saved his life, and saved him from being run over by the train.

When Navin came to Jaipur, he met Maharajji and narrated to him how his life had been saved while crossing the tracks. Guru Maharajji said, "I tied a *dora* on your hand, to save you from this calamity. You should be very careful in crossing the tracks." Navin realized that Guru Maharajji had saved his life.

An Opium Addict Kicks the Habit

In November 1997, I went to Raj Palace hotel, a very prominent hotel in Jaipur. I went there to meet my friend S. Ali, who had come from Dubai. Mr. S. Ali was a wealthy man. He was also addicted to opium - and took five injections of it daily. My advice, to stop using opium, fell on deaf ears.

Guru Maharajji had given me rose petals a long time ago for my use before leaving for USA. Ali came to my clinic during his

second visit to Jaipur. I gave him some rose petals which Guru Maharajji had given me, and told him to eat one every day. From that day, he completely gave up consumption of opium.

These incidents are only a few of the remarkable true-life stories in which Guru Maharajji plays the God-given role of helping his disciples!

Chapter 26

Help for Brahmachari Shiv Lalji

The late Brahmachari (ascetic saint) Shiv Lalji was an ardent disciple of Guru Maharajji. About 20 years ago, he was near the Ghaghar River in Hanumangarh district, Rajasthan, when there was a heavy storm, and it became very dark and cold. Brahmachariji was shivering from cold, as he did not have warm clothes. From the depths of his heart, he remembered Guru Maharajji.

All of a sudden, Brahmachariji saw Guru Maharajji appearing before him wearing a men's scarf. Brahmachariji was very happy to see Guru Maharajji. Brahmachariji caught hold of Maharajji's scarf to prevent him from leaving. However, Guru Maharajji disappeared and Brahmachariji was left holding the scarf.

The next morning, when Guru Maharajji woke up at home, his wife Guru Mataji asked him where his scarf was. He didn't say anything. Later, he purchased another scarf for his personal use.

Brahmachariji was a frequent visitor to Guru Maharajji's residence; he attended religious festivals like *Guru Purnima*, *Ramnavami*, *Maha Shivratri*, *Janamashtmi*, etc. Brahmachariji described this incident to other disciples on one occasion. He said that the scarf was still with him. Guru Maharajji confirmed the incident.

Chapter 27

A Dip in the Ganges while in Jaipur

In the year 1994, Guru Maharajji was planning to visit Haridwar along with his disciples. An ardent disciple, Pundit Rameshwarji expressed great desire to accompany the party to Haridwar. But he was an old man, and it was not possible for him to go with them. Guru Maharajji had a talk with him and advised the elderly man to continue doing his regular *Japa* in Jaipur.

In the morning of the scheduled date, Guru Maharajji along with his party left Jaipur by several cars and a deluxe bus. They reached Haridwar after stopping *en route* for breakfast and lunch. The party stayed in a *dharamshala*, a boarding place, in Haridwar, where everybody was comfortably accommodated. The next morning, Guru Maharajji and the party left *dharamshala* for a holy dip in the Ganges. They assembled at *Har Ki Pauri*, a place by the side of the Ganges River, earmarked for taking a holy bath.

Guru Maharajji, as usual, took a dip in the Ganges along with all disciples, and chanted *mantras*. Everybody was happy to be with Guru Maharajji, and felt privileged to take a holy dip in his company.

In Jaipur, Pundit Rameshwarji continued his *Puja* as usual. In the morning, when he was at his prayer, a beautiful girl came to him and murmured something to him. Panditji couldn't understand what she had said. He thought that she had come to meet his

daughter in-law. He told her that his daughter in-law was inside the house, and she could go in. The girl said, "I am Ganga. I have come to take you for a holy dip." Panditji was astonished to hear this as she took hold of his hand.

Panditji felt that he had reached Haridwar and was taking a bath in the Ganges. He saw Guru Maharajji and Guru Mataji there, taking a bath along with other disciples. Panditji bowed down and touched Guru Maharajji's feet. Ganga Mataji then told him that he should also do *Pranam* (pay homage) to Guru Mataji, which he did. After that, he came out of the experience and realized that he was doing his prayer back in Jaipur.

This is how Pundit Rameshwarji's desire to have a holy dip in Haridwar was fulfilled. Ganga Mata herself came to Punditji in Jaipur, and he could see Guru Maharajji and Guru Mataji with all the other disciples, taking a bath in Haridwar. Pundit Rameshwarji's wish was fulfilled and he rejoiced in this miracle.

Pundit Rameshwarji narrated this episode to Guru Maharajji in my presence at Maharajji's residence.

Chapter 28

Sweets Increase Manifold

Mr. Rameshwar Nath Gaur, an ex-Deputy Inspector General of Police, Rajasthan narrated this story to me in a letter.

Guru Maharajji visited Nathdwara and Eklingji, in the Udaipur Division of Rajasthan state with a small group of disciples. From there, we were to go to Mount Abu. Since I had an important engagement, I left for Jodhpur and joined him at Mount Abu two days later.

When I reached Mount Abu in the evening Maharajji had already arrived. We all sat and talked in his room. As the dinner was announced, I asked my wife to bring the box of *Dahi-Tadi* (famous Jodhpur sweet made of wheat flour, yogurt, ghee and sugar) from the car. I offered it to Guru Maharajji, who in turn offered it to his Guru Maharajji, holding it in his raised hand facing the wall. He gave it back to me as *Prasad*. I gave it to one sister disciple for distribution to everyone.

There were 10 or 12 of us sitting at the dining table by pushing in extra stools and chairs. Food was served. Eight or nine pieces of *Dahi-Tadi* sweets were also brought in on a serving plate. My wife put one piece on Maharajji's plate and then everybody was served a piece each. As we were halfway through the meal, I saw five or six pieces of the sweet in the plate. I was astonished, but the thought slipped out of my mind, as we were talking on some other

subject.

In the morning, we assembled again on the dining table for tea. I recollected the previous night's incident of seeing five to six pieces of *Dahi-Tadi* on the plate even after every one was served a piece each. There had been only eight or nine pieces on the plate initially. Maharajji simply said, "They had to increase as he had offered it to his Guru Maharajji." I just could not believe it and exclaimed, "How come?" He laughed, and said I might have brought two boxes of sweets.

At this point another disciple, Doctor Dutta, said he had distributed one piece to everyone from that same plate last evening. It means that some 35 to 40 people, including the police and forest staff present, had gotten a piece. It was all very amazing. I inquired of a sister disciple as to where she had kept the sweet box, and she pointed to a corner in Maharajji's room. I asked her to look for it, and asked Dr. Dutta to accompany her. In a short while they both returned with the box. To our surprise, it was full except for eight to nine pieces taken out of one of the rows of sweets. We all looked at each other, puzzled.

I placed the box on the table in front of Maharajji and asked his permission to take a photograph of the *Magic Box*. He smilingly agreed. Thakur Birender Singh of Jasana, another disciple of Guru Maharajji, popularly known as Babyji, brought out his camera. I asked Maharaj again if we could all assemble around him to be photographed along with the box. He said, "Yes" and the miracle was captured for posterity.

Dr. Dutta distributed the sweets again to all those present. My driver and personal guard, along with the others said that they had already had it last night. Everyone was astonished and delighted to hear the details.

I returned to Jodhpur again because of work, and Maharajji came back two days later after visiting *Jawai Dam* and other places on the way. He stayed with us for a few days. Mataji gave my wife a bag full of sliced bread-and-butter for *Prasad*, and she placed it in the fridge. After Maharajji had left, we opened the bag one morning at breakfast, and as I was laying out things I saw one piece of the same *Dahi-Tadi*. I showed it to my wife and then ate it. She said she would like a piece too. So, one more piece was dug up and she ate it.

Yet again a third was found, and we distributed it to all the staff at the residence.

This multiplying of sweets was a real miracle.



A box of sweets that multiplied and fed many

Lunar Eclipse

Spiritual Path is said to be very difficult to traverse. Scriptures use the term *Kshurasya Dhara* (razor's edge). But my Guru-Spiritual-Master says that realized souls also have developed simpler ways based on experience. These ways are prevalent even today, passed on from Guru to *Shishya* (disciple). One such method is the chanting of *mantra* (root-word sound) during the time of lunar eclipse.

Purushcharan has its own importance in *mantra Japa* (repetition/chanting of *mantra*). It is a unit of measurement. *Mantra* consists of syllables. Repeated chanting of *mantra* as many lakhs (hundred thousands) of times as it consists of syllables is called *Purushcharan*. For example, *Gayatri mantra* consists of 24 syllables; therefore, *Gayatri Purushcharan* means repeating the *mantras* 24 lakh times. In the ordinary course of time, rules regarding this *Japa* are very difficult to observe. One has to sit at a particular place and time daily to do *Japa* uninterruptedly as per

sankalp (vow). For a householder, it can be extremely difficult.

But this unit of *Japa* can easily be achieved during eclipse by following these principles:

1. Sit facing west
2. *Mantra* should be *sajeev* (alive), *Guru-Pradutta*, that is, given by a true Guru who has himself perfected it.
3. Time of eclipse depends on the place during which the eclipse is visible at that place.
4. One *mantra* has to be repeated uninterruptedly during the whole eclipse period. To be safe, start chanting *mantra* five minutes earlier and finish five minutes later than the stipulated time, to counteract difference in watches / places. Nothing else should be spoken during this period except the *mantra*. Speed and hasty repetitions are not ideal and do not matter at all.

Ideally, you should speak slowly with clarity. Pronunciation should be correct. However, adhering to one's sitting posture is also not important. The *Japa-Mala* (rosary) can be worn around the neck. If you feel thirsty, you can sip water. And if necessary, you can also avail of the bathroom facilities. But during these physical interruptions, one should continue with the *mantra Japa* mentally, in a silent, speechless way. It is important to take proper rest as well as to follow dietary restrictions, such as avoiding solid food during *sutak* (the proscribed period before eclipse), and drinking water for a few hours before eclipse.

On one such auspicious occasion, the lunar eclipse fell, around April 1976. My initiation was hardly six months old. Eclipse period was about two-and-a-half hours. I was feeling excited. The only thing was, being posted to field duties in the city, I could not take proper rest during the day.

I took a bath and sat down for *Japa* on a wooden bed adjacent to my bedroom, wearing a *kupeen* (a short piece of cloth for a beret). The light was on and I had Guru Maharajji's photo on a table in front of me.

Hardly 15 to 20 minutes had passed, and I started feeling sleepy. *Japa* became difficult. I got worried and focused on gazing wide-eyed at Guruji's photo. A little later, I felt something crawling

on the calf of my right leg (I was sitting cross-legged).

I was stunned to see a large bug - one of those flat, foul insects that infest dirty houses and beds. It was enormous; almost four to five times the size of an ordinary bug. I flicked it hard with my right thumb and index finger, as you do while playing *carom board*. It settled on the front wall with the wooden door. Sometimes, the bug would enter the crease of the door and again reappear and start crawling on the wall. I kept on watching it and also continued with the *Japa*.

After some time the bug descended on the floor and started moving towards me. It subsequently vanished midway on the floor. I looked at the watch; the time of eclipse was over. I finished the *Japa*, got up and started looking for the bug. I vigorously pushed the *Takhat* (futon) to and fro, and raised and dropped it with a thud to see if it was infested with bugs. But I didn't see any, nor did I find the original one.

Next day, I went to see Maharaj in the evening. He abruptly asked me why I had been so worried during *Japa* last night. He further said that since he was busy with his work he requested his Guru Maharajji to take care of me. When I told him about the bug episode, he smiled and advancing a little, placed his finger on the right spot on my right calf where the bug was crawling, "This was the spot." I was flabbergasted. He continued saying, "Why were you searching for it on the bed? It was an illusion sent to keep you awake for the *Japa*."

Lord Ganesha's Grace

It was the last quarter of 1976. I was posted at Sikar and had to come to Jaipur on government duty for about a week. My brother lived on campus at M. R. Engineering College and I had planned on staying with him. I would visit Maharajji every evening.

During those days, I used to observe a fast on Wednesdays, eating only one meal (preferably lunch) and would do a hundred *malas* (rosary) of *Gang*, a one-word *mantra* of Lord Ganesha, given to me on my initiation.

I was with Maharajji one Wednesday evening, and when all other visitors left, I also got up to leave. Maharaj asked me to wait for a while, and went inside his room. In a few minutes, he returned

to the hall with a big paper roll of something, wrapped in a newspaper, in his hand. He gave it to me. I asked him what it was and he said, "It is *Asana* (a special rug) for you to sit on while doing *Japa*." He said he had specially prepared it for me. I took it, bowed and left the place.

On the way home, I recollected that I had not done my quota of a hundred *malas* that day. Since I already had lunch, I thought I would do it after reaching my brother's place.

After ablutions, I sat down for *Japa*, spreading the *asana* that I had just received from Maharajji. I was amused to see it was the same *asana* that Maharajji was using at his place for himself. I started *Japa* at 10:00 p.m. One *mala* usually takes about a minute.

I had switched off the light and was sitting with my eyes closed. It was during the 20th *mala* that I felt a shadow moving from my right to the front. It was like an elephant's trunk, and the left eye was visible. Within moments, it appeared again and vanished in similar fashion. The third time, the whole image of *Lord Ganesha of Moti Doongri* (a famous Ganesha temple in Jaipur) appeared in front of me. I could recognize the deity although it was in a shadowy form only. It also vanished after a few moments.

I finished my *Japa* and went to sleep. I gave no special importance to this incident nor did I narrate it to anyone. Next evening, when I was preparing to go to Maharajji's place, my younger brother asked if he could accompany me. Together we went to Maharajji's residence. The hall was crowded and Maharajji seemed to be in an angry mood. One by one, visitors left the place and in the end, only the two of us remained. Sensing it was not a good time, I said that we should go. He smiled and said, "*Hazrat*, I have made the others leave for you only; where are you going? First, tell me, what happened at 10:20 p.m. last night?"

I was astonished. My brother also knew nothing. I narrated the whole incident. Maharajji inquired, "You recognized that he was the *Lord Ganesha of Moti Doongri*?" I said, "Yes, but there was a difference in the headgear which looked like one worn by *Mahabharata* warriors." He laughed and asked me to go to his bedroom and look at the wall over the small table by the bedside. There I saw a calendar with a picture of Lord Ganesha, wearing that type of headgear. I asked Maharajji, "How did it all happen?"

He told us that after we had left his place last night, his wife Mataji brought his food into the bedroom and placed it on a small table. He was sitting on a *moodha* (stool) and started eating. While eating, he looked up at the calendar. The Lord looked beautiful. He requested the Lord to bless me. In a moment he got His reply. He had blessed me. He turned his head to look at the watch in the hall and it was 10:20 p.m.

It was a rare example of *Bhaktaadheen Bhagwan*, the Lord under the control of his devotee.

Chapter 29

Helping a Doctor

Dr. S.C. Dutta, M.S., Member of I.A.G.E.S., ex-Assistance Professor, Surgery, Sawai Man Singh Medical College, Jaipur, now-retired, wrote a letter regarding his experiences with Guru Maharajji.

I came to know of Maharajji from my neighbor Mr. Inder Kumar Batra, and asked him to arrange for his *darshan*. To my utter surprise, I got a call on *Guru Purnima* from Guru Maharajji. My family and I had his *darshan* before *Chowki*, where *Guru Purnima Puja* was being performed. We also got *deeksha* at that time. Thereafter, I became a regular visitor at Maharajji's residence.

Prayer Saves a Life

My friend, Mr. Ashok Bhargava developed a severe pain in his abdomen and was diagnosed with a kidney stone. I decided to operate on him at the SMS medical hospital, Jaipur. On the appointed day, Mr. Bhargava was wheeled into the operation theatre and given an anesthesia.

Before I could begin the operation, and to my utter dismay, Mr. Bhargava had a cardiac arrest. In spite of the best efforts of the anesthesiologist, along with an intra-cardiac injection and cardiac massage, Bhargava could not be revived. The anesthesiologist gave up hope and asked for the next patient to be brought in. He asked me to break the sad news to Bhargava's relatives waiting outside. I was

deeply disturbed and in shock at the unfortunate outcome. From the core of my heart, I prayed to Guru Maharajji for help.

While I was taking off my gloves and gown to go out and break the sad news, the anesthesiologist suddenly detected a pulse. Mr. Bhargava's blood pressure began increasing, and he was revived. I then successfully operated upon him. Mr. Bhargava recovered completely and was sent home after post-operative care. I did not tell anyone about this incident.

A month or so later, I went to visit Guru Maharajji, who was sitting in the main hall with other disciples. When the disciples started leaving, Maharajji asked me to stay back. Once everyone had left, Maharajji asked me, "Do you remember what operation you had performed last month?" I could not recall anything unusual as I had conducted innumerable operations by then.

To my utter surprise, Maharajji began describing Mr. Bhargava's operation as if he was watching a video film of that operation. He said, "Your patient was on the operation table at 8:00 a.m. and then he went into a cardiac arrest. You were told that he was dead and the anesthesiologist wanted to bring in the next patient. Then you prayed to God to save the patient. You have seen for yourself that when you pray to God from your heart, he comes and helps you. I wanted to point this out to you and now you may go."

This incident strengthened my faith in Guru Maharajji. From that day onward, I offer a prayer and chant *mantras* before beginning any operation.

Coaching an Intern

Dr. Arun Foflia was doing his Masters in Surgery at the SMS Medical College in Jaipur. His group was attached to my unit for surgical training. Guru Maharajji once asked me to give special attention to Dr. Arun. I promised to train him well. After a while, he was assigned to assist me in the operation theatre.

One day Mr. Foflia asked me to let him operate on a patient, and I readily agreed. In order to fulfil my promise of chanting *mantra* before beginning an operation, I touched the patient's body with the blunt side of my scalpel and chanted the usual *mantra*. Then I gave the knife to Dr. Foflia to perform the operation, which went very smoothly. Neither Dr. Foflia nor anyone else was aware

of my pre-operation ritual.

Later, I went to visit Guru Maharajji. When I entered the main hall, I heard Guru Maharajji saying to all the disciples present, "Here is Dr. Dutta, the surgeon. He has invented a new technique of performing an operation. He uses the blunt side of the scalpel to operate the patients." No one else understood Guru Maharajji's remark, but to me it was proof that Guru Maharajji was watching me. I felt a sense of warmth and reassurance.

Applying *Gulal* Three Times

On the day of the *Holi* festival, I completed my morning prayers and applied *gulal* (special dry colored powder used during Holi festival in India) on the lotus feet of Guru Maharajji's picture. I then celebrated the festival of colors with my family and friends. Later that day, I went to visit Guru Maharajji. Mr. Shyam ji, brother in-law of Guru Maharajji, was not feeling well. I had kept a small amount of *gulal* in my pocket, with the intention of applying it to Guru Maharajji's feet, in person, as a token of *Holi* Festival.

Guru Maharajji was sitting alone in the main hall. I went upstairs to examine Mr. Shyamji, and then came to visit Guru Maharajji. I saw many people applying *gulal* to Guru Maharajji's feet. I asked permission of Guru Maharajji to apply *gulal* to his feet. Maharajji replied, "You may do so, but you are doing it for the third time. You did it first at 7:00 am, then again at 7:02 am and now you want to do it for a third time?"

I was wonderstruck by the realization that Guru Maharajji knew that I had applied *Gulal* on his feet in the morning the first time. Then after a debating whether it was appropriate to do so, I applied *Gulal* on Guru Maharajji's forehead on his photograph. That was the second time. So, when I applied *Gulal* to Guru Maharajji's lotus feet physically, I was really doing it for the third time that day.

Guru Maharajji Postpones His Trip to Haridwar

My nephew, Sharad Dutt, who is a computer engineer in New Jersey, USA, developed a neurological problem, and was operated upon by Dr. S. C. Mathur at the Sawai Man Singh Medical Hospital in Jaipur.

Guru Maharajji had arranged to go to Haridwar (a religious place) with disciples for bathing in the Holy Ganges, three days

after the operation. I was in a great fix. Should I stay in Jaipur and attend to my nephew in the hospital or go to Haridwar with Guru Maharajji? I prayed to Guru Maharajji with tears in my eyes to guide me.

In the evening, I went to meet Guru Maharajji. As I entered the main hall, he said, "Doctor Sahib, we have postponed the trip by a week, will it suit you now?" My joy knew no bounds. My problem was solved. Now I could accompany Guru Maharajji and the entourage to Haridwar, enjoy his company and have a bath in the holy water of the Ganges.

Attending the *Satsang*

I was the family doctor of a Sindhi family in Jaipur. One girl from that family was married into a family in Indore. The in-laws of this girl wanted their son to divorce her as she had an enlarged spleen, which was probably due to malaria. I had opined that, since the spleen is not crucial to life, it could be removed without any danger to the girl's life.

The girl's in-laws had taken a different stand in court. The girl's uncle had produced my certificate in the court of law at Indore and so, I was summoned as a witness. The girl's uncle had gone to Indore and had arranged for my stay there. The cause was noble. I was keen to save the girl from divorce.

Guru Maharajji had scheduled a *Satsang* at his residence, one day before the date of the hearing of the divorce case in Indore. I was in a great fix as to what I should do. If I went to Indore to tender evidence in the case, I would miss the *satsang*. On the other hand, if I attended the *satsang*, the judge might rule against the girl in my absence. As the devotees began to take leave of Guru Maharajji, he told me, "You must come tomorrow for the *satsang*."

I told Guru Maharajji that I really wanted to attend the *satsang* but I had to go to Indore the next day to help the girl whose case was in the court of law. I asked Guru Maharajji to find a way so that I would not have to go. Guru Maharajji just smiled and blessed me. I returned home with a heavy heart, as I would have to miss the *satsang*.

Before I left for the airport next day, I called up Mr. Gurmanji, uncle of the girl, to inform him that I was leaving for

Indore. Mr. Gurmani informed me that I did not have to come to Indore as a dispute had arisen between the judges and the advocates, leading to a strike. All the courts were closed. Mr. Gurmani said that he had been trying to contact me to inform me of this development. I was very happy, and attended the *satsang* in the evening. Later, the girl's uncle also informed me that I did not have to come to Indore as the court had accepted my report.

Guru Maharajji Visits My Residence

One fortunate day, Guru Maharajji visited my home in the morning. I offered him tea, which he accepted. A few drops of tea were left in his cup. With Guru Maharajji's permission, I took those drops of tea as *Prasad*. Thereafter, Guru Maharajji accompanied me to my basement, where the Puja room is located.

I prostrated before Guru Maharajji and felt vibrations of very high intensity emanating from his feet. When I got up, I saw Guru Maharajji standing with his eyes closed, both hands in *Mudra of Ashirvad* (blessings from the palms of Saints). I could feel the *Shaktipat* that Guru Maharajji was performing. I felt overjoyed with peace.

He Helps Disciples in Various Spheres of Life

After working for 15 years in District Bharatpur, I was transferred in 1985 to Jaipur, as an Assistant Professor of Surgery. My confirmation was to be done by the Rajasthan Public Service Commission in Ajmer. My wife, Dr. Asha, was transferred from Udaipur to Jaipur after completing her post-graduation. I mentioned to Guru Maharajji that if my transfer were not approved, I would have to go back to Bharatpur.

Guru Maharajji blessed me, and said that I should not worry about it. I was not so sure. Guru Maharajji was busy with some other work when this conversation took place. Inderji, another disciple of Guru Maharajji, congratulated me, in advance, as he said that my transfer would be duly approved.

On the appointed date, I went to Ajmer for the interview. It was to be at 2:00 p.m. I prayed before Guru Maharajji's photo. When I went in, I noticed that the Head Examiner from Gwalior, Dr. Dharkar, looked very much like Guru Maharajji and he seemed to be helping me in the interview. I was selected with merit. Guru

Maharajji was very happy to hear this news. In fact, it was his gift to me.

Before my wife wrote her final exam for MS (Gynecology), she sought Guru Maharajji's blessings, and was successful in the examination. When we went to meet Guru Maharajji, he said, "You took a long time in replying to the question about nutrition." This was indeed true. The examiner had asked about the diet of a pregnant lady under special circumstances, and she had given a lot of thought to it before answering. Guru Maharajji remarked, "What would have happened if she had not answered the question?"

These incidents illustrate how Guru Maharajji helps his disciples in various spheres of life, even without telling them.

Chapter 30

Help in Securing a Job

In March 1983, I was looking for a job. At that time, we had decided to move from Sarnia, Ontario, back to Toronto. I started to look for a job in the Greater Toronto area as this was a more familiar environment for me, and Sarnia really did not offer much job opportunity in my field.

In late August, my personnel agent, Stan King called me and asked me to go for an interview at a company called Texas Instruments in Richmond Hill. He told me it was imperative that I go and see them that same day because they had already interviewed many people and were almost ready to make an offer to a candidate. It was almost as if I was going there just for the sake of it, for it appeared that they had already made up their mind. The interview was arranged for 1:00 p.m. I immediately called my wife Mukta at her workplace to let her know about this development.

I went for the interview and met the Corporate Controller. (I did not meet the General Manager whom I was going to report to, as he was out of town on business.) The Corporate Controller talked to the General Manager on the phone, but they decided that since they had completed the interview of the originally selected candidate, they would carry on with that decision. They were already in the process of offering him the job.

They did offer the job to the preferred candidate but

strangely enough, he refused it. They were very puzzled. Then they offered the job to me and asked me if I could start work the following Monday. The whole process took place less than a week. We were all very surprised but pleased with the outcome. We thanked God for taking care of us.

After about a year, we all visited India and we got to spend time with Guru Maharajji. Actually, it was my first time that I got to spend so much time with him and really got to know him. On the last day, Maharajji came to visit us and brought *ladooos*, a special Indian sweet. He had remembered that about five years ago I had mentioned to him that *ladooos* are my favourite sweets.

Guru Maharajji then mentioned to me that, "The man who got you the job at Texas Instruments, his name starts with 'S.' If you like, I can spell his name." I was amazed. Further, he also told me about the other candidate who had been offered the job, and how he had turned it down, after which they immediately offered the job to me. The whole thing had happened so fast that within a week I had started working at Texas Instruments.

That is when it hit me like a brick that it was Maharajji who had performed this miracle from so far away. I still remember that moment in January of 1985. Before that, he had never visited us but he knew everything about us. After this, things became clear to me, as to how so many events had turned favorable. It was he who was orchestrating the scenes so smoothly for us.

Just to give you one more example of an event at work in 1998. A very important negotiation I was involved in turned ugly. The other party said that a certain offer that had previously been on the table was now off, and that there would be no more deals. I was very concerned as this was an extremely important event for me. Next morning, I phoned Maharajji and explained the situation to him. He told me over the phone that "God will take care of you," and to not worry.

In the afternoon, the same day, I got a telephone call from the other party to say that everything was back to normal, and that it was just a case of misunderstanding. He also said the deal had also been approved by the President of the company. I could not believe my ears how quickly the whole situation had turned around.

Next morning, I called Maharajji and explained to him that

everything was back to normal. He said, "God is great. This is the result of your *mantra Japa*."

There are so many times when I have felt his presence around me. I have smelled the Rose fragrance in my office. I know he has visited me because a few years later when I went to India and went to pay my respect to him, he asked me as to why I had rushed to close my office door when he visited me at around 2:45 p.m. that day! He said, "Did I come through the door? So why were you closing it?"

I know there are numerous events where he has taken care of us. Each one of us who has come in contact with him is a lucky person. He is the closest man to God I have come across in my life; to me he is God! He takes care of us like family.

Mr. Ajay Vadera, CFO of Monster Inc., California, USA, sent a letter to me describing his experiences with Guru Maharajji, and I have reproduced it, above.



Maharajji conversing with Mr. Ajay Vadera

Chapter 31

Request to Attend Wedding Ceremony

Maharajji happened to be visiting the hospital the day I was born, that is, February 1st, 1963. My father conveyed the news of my birth to him, and he blessed me. Guru Maharajji's blessings have been with me guiding and protecting me ever since.

I went through a rebellious, atheistic, anti-God phase from the age of twelve until I was sixteen. I used to read a lot, everything from fiction to literature, psychology to philosophy. My mind was a maze of confused ideas that I had trouble assimilating. I knew no peace.

In September 1978, when I was in ninth grade in Delhi Public School, Maharajji came to visit us at our home in Rajouri Garden, New Delhi. I asked him, “What is the proof that God exists? People talk about Him, but how do I know He is really there without ever having seen Him?”

Maharajji said, “Just like there is electrical current in the wires that are connected to a lamp, but you have to turn the switch on to get light, so God exists everywhere around us, but we have to make ourselves worthy of seeing Him.”

He continued, “It is known that the sun has a lot of heat. But sunlight cannot burn a piece of cloth or paper. However, if you focus sunlight through a magnifying glass onto a piece of paper, it catches fire. God is all around us but to really feel His presence we need to

focus our attention through meditation.”

Guru Maharajji gave me some *mantras*, and asked me to spend a few minutes a day repeating them. He told me that neither faith nor a belief in God was required to get results. All that was required was the effort to spend a few minutes everyday in *mantra Japa*. I began to spend five to ten minutes a day, depending on how much time I could spare in the morning repeating the *mantras*. That was the end of my atheistic phase. Over the years, I started to feel the peace. My worries sorted themselves out and confusion lifted.

I have since learned more about *mantra Japa*. It is important to receive a *sajeev mantra*, a *mantra* that is infused with life, so to speak. Before giving a patient a blood transfusion, a doctor makes sure that the blood type matches that of the patient. Similarly, the Guru gives the seeker a *mantra* that is suitable for his or her spiritual temperament. The true Guru has to be spiritually advanced to make that determination. It is important to pronounce the *mantra* correctly, just like it is important to take the medicine that a doctor prescribes rather than any other medicine.

Guru Maharajji has always stressed that it is very important to listen to the *mantra*. Most of the benefit of *Japa* is lost if the seeker fails to listen to the enunciation of the *mantra*. For *mantra Japa* to work and provide peace, it is not necessary to believe in God or any particular religion. In order to use a knife to cut a rope you do not have to believe that the knife can cut the rope. If you go through the motions of cutting the rope with the knife, the knife will cut the rope.

Guru Maharajji does not place any restrictions on a person's lifestyle or activities. For example, while Guru Maharajji is a vegetarian, he does not require other seekers to be like him. I have found, as have several of my family members that regular *Japa* over time leads to an aversion to eating meat. It does not have to be forced, but just comes from within. Similarly, Guruji does not restrict the consumption of alcohol, but over time some seekers lose a taste for it.

I came to the United States in 1985 and enrolled in the Ph.D. program in Finance at Vanderbilt University. I used to go back to India every summer. On one of my summer trips, I had a really bad seat on the plane. It was all the way toward the end of the aircraft,

next to a loud engine and the bathroom. While I was unhappy with my seat, I did not mention this to anyone. When I visited Guru Maharajji, he remarked that I had been unhappy with my seat on the plane. He said that I had thought about asking the flight attendant to change my seat but did not do so. This was true, as the thought had indeed crossed my mind.

Guru Maharajji can read peoples past actions and even fleeting thoughts. He says that through *Japa*, one's intuition becomes so powerful that one can view the past as if one was watching a program on television. I believe that *mantra Japa* also helps me in material ways, for example, in my education and in my career. Through *mantra Japa* I became receptive to God's help in removing obstacles to my earthly goals.

In order to get the most from *mantra Japa*, it is necessary to make it a part of your life. Even if you have a very busy lifestyle, spending five minutes a day will have great long-term rewards. On days when it is not possible to practice *Japa* at home in the mornings, one can do it while commuting to work, on the train or bus, or while stuck in traffic. If one has the desire, it is possible to make the time for it.

When I have been in the presence of my Guruji, I have felt a sense of indescribable peace. For a while, all the worries, commitments and deadlines fade away and I experience *living in the present*. All the other disciples have similar experiences. One sign of a true saint is the feeling of peace that one feels in his presence. Saints radiate peace.

During the *Guru Purnima* festival, we worship the Guru as God, since the Guru shows us the way to God. We offer prayers to Maharajji, and he helps us offer prayers to his own Guru. During the celebrations, Maharajji often sits cross-legged in one place for thirty-six hours or more as he helped the devotees offer prayers to his Guru and to God.

Guru Maharajji does not accept money from seekers who come to him for spiritual guidance. Rather, during religious celebrations, he provides *prasad* and meals to the visitors.

Guru Maharajji tells many stories and parables, all relating to God. He maintains such an intimate relationship with God that it is an inspiration to us mortals.

Guru Maharajji attended my wedding in March 1994. Indian wedding ceremonies usually start late at night after dinner and run into the early hours of the morning. The evening began with the singing of *Kawalies* by The Sabri Brothers. There were around 700 guests. After dinner was served, most of the guests took their leave. Close family members then proceeded to the place where the actual ceremony took place.

I wanted Guru Maharajji to attend the entire ceremony. However, being aware that it might be a strain on him, I wished that he, at least, would accompany the wedding group to the place of the actual religious ceremony. As I was about to board the bus, Guru Maharajji remarked that since I had wished that he accompany us to the place of the religious ceremony, he would do so. He had read my mind.

As I was sitting on the bus, I felt some remorse that if I had wished that Guruji would stay for the entire ceremony, he would have done so rather than just accompany us to the wedding house. It wasn't too late to make that wish. I prayed in my mind in earnest that Guruji stay for the entire ceremony. He heard my prayer even though he was traveling by car while I was with the wedding group in the bus. He stayed for the entire ceremony and left at about 5:00 a.m. the next morning, when the ceremony ended.

I am fortunate to be blessed with a long association with Maharajji that dates back to my birth. He has guided me in countless ways, in innumerable circumstances, very often without my knowing that he is helping me. When I was a child and my father used to visit Guru Maharajji and spend hours there, I used to get bored. But once I started doing *mantra Japa*, I began to see how one could lose all sense of time in Guru Maharajji's presence. Guru Maharajji's presence and *darshan* bring peace to a troubled mind.

One of the major tenets of Guru Maharajji's teachings is surrender to God. At the beginning and end of *mantra Japa*, one should say, "*Hey Bhagwan mein aap ki sharan men hun*", which translates as "O, Almighty God, I have come under your shelter." This is also one of the *mantras*. Faith and devotion come much later. It is enough to practice *mantra Japa* as taught by Guru Maharajji.

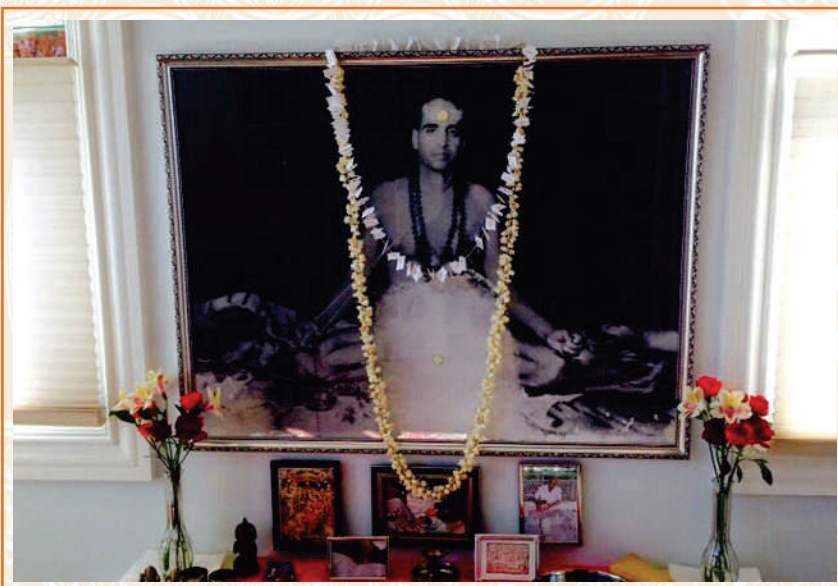
After completing my Ph.D. in 1990, I had gone back to work for the Frank Russell Company in Tacoma, Washington. Corporate

life in the US is very hectic. My life became even more hectic when I joined Bankers Trust in 1994 and moved to the New York area.

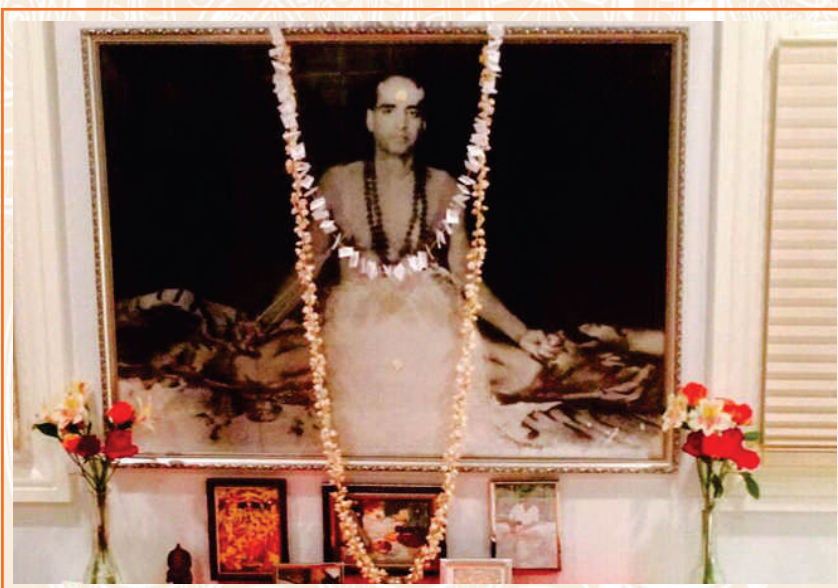
In 2015, I offered a Jasmine garland to Maharajji's picture and in two days the garland almost doubled in length. This, to me, shows his presence even to this day.

In the midst of a busy life, I maintain my balance of mind by continuing to find a few minutes every day to do *mantra Japa*.

This account is from a letter from Mr. Vijay Chopra, Portfolio Manager and Managing Director, Labenthal Asset Management, New York, USA, narrating his experiences with Guru Maharajji.



Garland offered to Maharajji's picture increased in length (day 2)



Garland increased in length even more (day 3)

Chapter 32

His Word is the Law

Guru Maharajji has been very kind to me. He has helped me in so many known and unknown ways. I am what I am today ONLY because of His blessings and His pure love, affection and guidance.

In May 2001, I lost my job. This was due to recession and a deteriorating American economy where many companies were laying off employees because of lack of work. When I explained my situation to Guru Maharajji over the phone, he just said, "You will find a better position."

I started my job search and was interviewed by many companies. I was interviewed as a Director and thought that I would get that job, but did not. I was called for an interview at another small company, iSTARK, for the position of a Project Manager, which is the same position that I had at my previous company. I was not very enthusiastic about the interview, however my one-hour interview lasted for almost four hours. When I reached home after the interview, the company mailed me an offer letter. The offer was exactly the same position and salary as my previous job. I also found that this iSTARK was actually owned by one of the largest cement manufacturing company in the world.

I verbally agreed to join the company, but still thought that I would find a better position soon. A miracle happened on the second day on my job. I was informed that I was promoted to Director of

Technology and my salary had been increased! Now, this is an unheard situation and is due only to Maharajji's blessings and kindness.

I remember another incident from 1980 when I was doing my graduation at IIT Kanpur, India, and was visiting Jaipur after my semester examination. Maharajji welcomed me lovingly, as he always does, and when we all settled down, He asked me about my exams. During the conversation, He said, "You were not very happy while writing the second exam!" I remembered and explained that the desk on which I was writing had a loose nut and was swiveling around. This had caused me irritation while writing the paper and was creating unnecessary frustration for me.

He also said, "In the last exam, you were very happy to read answers to some questions just before the exam began, and which actually came in the exam." This had of course happened and I was very surprised. He explained, "Whatever you think or do is imprinted in *ether* and all he had done was to play it back. This can be done by anyone who has developed a pure soul". The soul, he said can be easily developed by chanting *mantras* and listening to their vibrations.

There have been innumerable circumstances where Maharajji has explained to me things that have happened in the past, or things, as they would happen. Here is one such incident. All of us devotees were sitting on Maharajji's terrace. My brother was visiting from America. One by one, each devotee got up, prostrated before Guru Maharajji and took leave.

When my turn came, Maharajji asked me when I was going back to America, mistaking me for my older brother. When I clarified, He said, "Don't worry, you will also go to North America". This came to me as a big surprise as I had no plans, or intentions of even visiting America. Surely enough, within three years, I landed as an immigrant in Canada.

I came to Canada in 1993, when the country was in recession and jobs were scarce. With the grace and blessing of Maharajji, I got two job offers within 40 days of coming here. I spoke to Guru Maharajji by phone and asked His opinion to select the company. He advised me to join Citibank, Canada, even though it was a shorter contract compared with the other company. I became a

permanent employee within 4 months and the other company went bankrupt. He looks after His disciples anywhere and everywhere they go.

We were blessed to have him amongst us in Toronto and in New York, in the fall of 1997. There we witnessed many miracles. Maharajji would touch with the tip of His left finger and would cure even incurable diseases. I witnessed a case where an elderly gentleman (aged 70 yrs.), used hearing aids since his childhood. After the therapy from Maharajji, he stopped using them and has to date not used them.

Even I used to have frequent pains in my back and with the healing touch of Maharajji, I have not had them since that year, 1997.

I have not seen God, but I can say that Maharajji was God to me in human form. Just His presence and, moreover, just His thought, brings peace of mind and the realization that there is much more to life than the daily materialistic routine. It is very important to keep a balance in life, which most certainly includes spirituality.

This letter is from Mr. Ajay Chopra, Senior Consultant, Kronos, Toronto, Canada, of his experiences with Guru Maharajji.

Chapter 33

Help with Job Interview

After securing my law degree in 1985, I started looking for a job. I applied to various organizations, including the banks. I even applied at the Rajasthan State government, but to no avail. My father was ailing, and was having problems with his government job. He had met Guru Maharajji a couple of times in his childhood. My younger brother and I decided to visit Guru Maharajji. We went to his residence and rang the doorbell. Guru Maharajji inquired about the reason for our visit.

We had gone to Guru Maharajji to request him to cure our ailing father. This request was made to him. Guru Maharajji said that he would give me a *dora*, a string blessed by Him, which I should pick up the next day. I collected the *dora* as advised, and put it around my father's neck. My ailing father recovered and was brought back to perfect health.

Guru Maharajji had given me a *mantra* and I started chanting it regularly. With Guru Maharajji's blessings, I was successful in Rajasthan Judicial Service examination, but my name was put on a waiting list. I met Guru Maharajji and requested his blessings for my success in Rajasthan Judicial Service. I did very well in the interview. It was all due to his blessings that I could enter the Rajasthan Judicial Service.

Son Cured of Speech Problem

In 1993, I was posted in Desuri, District Pali, Rajasthan, India. My two-year-old son suddenly developed a speech problem and stopped talking completely. My father, who was settled in Jodhpur, telephoned Guru Maharajji about this acute problem.

Guru Maharajji advised my father to get his grandson treated by some renowned physician. The advice was carried out. Due to Guru Maharajji's blessings, my son regained speaking faculty that was not possible otherwise. It was a miracle that the recovery of the boy started right from the day he was blessed by Guru Maharajji.

Thanks to Mr. Rameshwar Vyas, for this letter about his experiences with Guru Maharajji.

Chapter 34

Recovery from Brain Tumor

Mr. Tek Chand Modi is a leading tax lawyer and the first elected President of the Municipal Council, Moonak in Punjab. He had led the development of the prosperous town of Barnala in the agro-intensive Malwa region of the progressive state of Punjab. Famous for his selfless and honest service to the people, he is a very popular and a respected citizen.

His elder daughter Jinder's husband, Mr. Des Raj, a well-known trader of Moonak, Punjab, was diagnosed with a brain tumor by the experts of Oswal Hospital, Ludhiana. The surgeons wanted to remove the tumor through surgery, but this idea was not palatable due to the possibility of complications that could be near fatal, or would have condemned the patient to a vegetative existence. So, they resorted to the alternative of radiotherapy, etc.

Instead of improving, his condition deteriorated and he slipped into a state of deep coma. Any hope of recovery or even consciousness was receding fast. In desperation, one turns to the Almighty, and spiritually inclined persons seek succor from the Siddhas' (adepts) in their hour of utter helplessness. Mr. Modi telephoned me in Jaipur from Barnala on the night of December 30, 1997. He begged me to ask Shri Krishna Gopal Vyasji Maharajji to intercede on behalf of Mr. Des. Raj and cure him of this terminal ailment. I assured him that I would request Guru Maharajji for his kind and compassionate intervention next morning.

On the morning of December 31, 1997, I rushed to Guru Maharajji's residence, disregarding the custom of seeking his prior permission. Mr. Jaswant Singh of Bhuratwala village, Haryana, told me to hurry up to meet Maharajji as he was planning to go out after allowing audience to the judge of a High court. Just then Mohit, a disciple and a devoted attendant, appeared and through him, I conveyed the request for an urgent meeting. I entered Maharajji's hall along with Mr. M. P. Singh, the acting Chief Justice of Rajasthan. Guru Maharajji blessed Mr. Singh, and he was treated with customary courtesy.

After paying my obeisance at his lotus feet, I related to Guru Maharajji all that Shri Modi had told me, and fervently prayed on my and Mr. Modi's behalf for his help. Guru Maharajji asked me the name and whereabouts of the patient, and after pausing for a few seconds observed that the patient was in a very critical condition at the time due to the ill effects of the stars. He said such cases could be cured as God is all-powerful. Maharajji said that he would pray once at that very moment and do so again after returning home, as he had to leave immediately.

I respectfully submitted, and from that moment onward, I had no anxiety whatsoever on this score, and asked him if any instructions were to be conveyed to Mr. Modi. He said that any one member of his family should undertake the *Japa* (recitation) of the holy *mantra*, *Om Shiv Om*, for the benefit of Mr. Des. Raj. I was asked to report to Maharajji the next morning.

On reaching home, I called Mr. Modi and told him what had transpired. I asked him to have faith and reassured him that Mr. Raj would most certainly be cured. One of the family members should undertake the prescribed *Japa* with devotion, and apprise me of the progress later that night or next morning.

It was not quite 4:00 p.m. on December 31, 1997, when a miracle happened. The patient not only came out of his coma but after regaining consciousness, also became aware of his surroundings. On being asked by the doctor that evening, whether he was aware of where he was, he answered that he was in the hospital, and not in his own home. He also identified the doctor, his brother-in-law Anil, by name. By the morning of the New Year, he was cheerful and feeling much better.

On January 1, 1998, after paying my respect at his lotus feet, I relayed the progress report to Maharajji. He remarked that he had received indications of this when he reached home, at about 6 p.m., on December 31, 1997. Maharajji reiterated that nothing was impossible for the Lord, and said one must have full faith in Him. He observed that spiritual science went beyond the limitations of modern scientific knowledge. He instructed that the *Japa* should be continued and all would be well. I conveyed the message to Mr. Modi.

On January 2, 1998, Mr. Modi informed me that Mr. Des Raj had not only briefly gotten up, but also read the newspaper. He was being administered liquid food orally. Maharajji prepared a sacred thread for Mr. Des. Raj and sent it to my son Vivek through Mr. Sankarshan Kumar Vyas. We sent it to Ludhiana for Mr. Des Raj to wear at all times. From then onwards, Mr. Des Raj recovered very quickly.

A few days later, the medical staff asked him to remove the thread as they wanted to perform a medical procedure to remove some fluid, but he refused to allow the thread to be removed. He was taken to the operation theatre and there, the doctors were astonished to discover that there was no need to perform the procedure!

Mr. Des. Raj was later discharged from the hospital, and is much better in his home at Moonak - all due to the divine blessings of Maharajji.

The above details were given to me by late Mr. Mohan Lal Kalia, I.P.S. Director General of Police, State Bureau of Investigations, Civil Defense and Home Guards, Prisons and Correctional Services, Rajasthan, Jaipur.

Chapter 35

Healed after 15 Years of Agony

I am 54 years of age. In November 1985, I slipped in my bathroom. In the years that followed, from 1985 to 1999, a long duration of fifteen years of my life, I remained in agony, and had a miserable life. During this period, I was suffering from backache, leading to pain in my hips. I was in such severe pain that I had to walk with a stick. I could not sit cross-legged.

I had consulted many renowned doctors for my condition, but did not get any relief. Various diagnoses were made by doctors in Bombay and Jaipur but there was no relief from my backache, pain in the hip and joints, and burning sensations. A total hip-replacement surgery was recommended.

The millennium year 2000 brought blessings of Guru Maharajji when my younger brother Vishnu took me to meet him. Guru Maharajji bestowed his grace on me when he touched my body where it hurt with his left-hand index finger. I heaved a sigh of relief. My pain started fading. Guru Maharajji asked me to leave the stick. I have been walking without a stick ever since. I can now sit cross-legged. I have gained strength in my legs and now have a lot of confidence.

I may add that during the past two years, my family and I have gone on pilgrimage three times to *Yamunotri, Gangotri, Amarnath, Badrinath and Kedarnath*. We also went to Haridwar

about eight to ten times. The journeys were so comfortable that I had no physical problem at all. I had the feeling that Guru Maharajji was with me all the time.

It was on February 24, 2002 that Dr. Shekhar Agarwal of Sant Parmanand Hospital, a renowned doctor from Delhi, examined me in the presence of Dr. Vinay Dyal of Jaipur and took X-rays of my ailing body parts. He ruled out the possibility of operations, though Dr. Dholkia of Bombay had advised operations at a later stage.

I am very grateful to Guru Maharajji, who cured me by Spiritual therapy, without the need for undergoing an operation as advised by the renowned doctors of Jaipur and Bombay. How cheerful my family members and I are to have these blessings of Guru Maharajji.

Mr. Om Prakash Kanungo of Jaipur gave the above details.

Chapter 36

Spiritual Experiences of Mrs. Santook

Mrs. Gita Santook was an ardent disciple of Guru Maharajji, and spiritually very advanced. She was married to Mr. Noshir Santook, a senior officer of Government of India.

In response to my letter, Noshir Santook wrote back saying that Gita, his wife, was very devoted and spiritually awakened. She had been writing down her spiritual experiences and had compiled them into a complete set that she presented to Maharajji before her death. Guru Maharajji gave me a copy of the set during one of my visits to India, and some of the experiences are described below:

“I dreamt that I was walking along a winding pathway, amidst natural gardens. My friend, Mr. Marathe, was walking ahead of me, his wife Vimal, and daughter Vijaya were walking behind me.”

“There were people seated on both sides of the path. Bright-hued flowers were growing beside them. It was early, very early in the morning, and yet the sun was up, shedding a lovely golden light. Everything seemed to be radiant with colour. There was a joyous quality of lightness and freshness all round.

“As I came nearer to the people sitting there, I saw that they were holy men, Saints and Sadhus, Yogis and Rishis, and men with bright effulgent faces and beaming eyes. The flowers that I had thought were growing there were actually garlands that had been

offered to them.

“I felt exhilarated and happy. I felt that I was walking on air; then came to a small flight of steps, and as I stepped down, someone touched me. I was startled, and looked to see who it was. It was a Sadhu, or a Saint, seated on the steps on my right. He gave me a lovely smile, and lifted his hand in blessing.

“At that moment, I heard Mr. Marathe call out, 'Gita, hurry up and come here.' I saw Mr. Marathe ahead of me. He was standing beside a man, who was sitting cross-legged on the ground, dressed in a simple white '*Dhoti*' and '*Khurta*.' All the others were sitting on either side of the road, with this man seated alone in the center.

“I hurried up and as I reached them, Mr. Marathe said to me, 'Gita, this is the greatest saint in the world today; bow down and touch His feet.' I looked at Him, and bent down, wanting to put my head on His Holy feet, but before I could do so, I felt my body consciousness leave me, and I woke up to find myself in bed.

“I had this dream in 1977.

In 1978, I met Maharajji for the first time in New Delhi, just after *Diwali*, a festival of Hindus. I met Maharajji in Delhi on two other occasions again, after which I went to Jaipur to meet Him. On the second or third such occasion, while I was sitting before Maharajji in Jaipur talking to Him, I suddenly remembered the dream and said, 'Maharajji, I have seen you before, in a dream.' He said, 'Yes, about two or two and a half years ago. You see I have not forgotten you.’”

Sarva Vyapee (Omnipresent)

Early one morning, I completed my morning ablutions in preparation to go to my *Puja* (worship) room to recite *mantras*.

My mind was preoccupied with many problems. I was a little late that morning as I had overslept. One part of my mind was thinking of Maharajji, saying, “I'm late, but I'm hurrying up, and will recite as many *malas* as I can” - while the other part of my mind was revolving around the problems.

Suddenly, I felt that Maharajji was paying attention to what I was saying, and listening to me. So, I hurried and went to the *Puja* room, with the thought that I would sit before His picture and enjoy the feeling of His presence and His listening.

I went in, and the first thing I did was to light the *diya*, or oil lamp, and as I was lighting it, again I felt that He was with me. So I said, “Maharajji, there are some things I want to talk to you about.” He said, “*Jaldi se bolo. Mere pas itna time nahi hai* (Speak quickly, I do not have much time)”. Knowing that I could not say all I wanted to quickly, I replied, “Maharajji, it will take some time. I still have to put my thoughts in order. Let it be. I'll tell you some other time.”

I sat before His picture, with my *mala*, ready to start *Japa*. I was looking at His picture, feeling very happy because I could feel his presence. I said, “Maharajji, what a great and wonderful person you are. I can't say how great, because I myself am so limited.” I just sat there, thinking of Him, gazing at His picture, delighted in His presence, and filled with awe and wonder at His majesty.

Then I saw Him, sitting a little above eye level, about two or three feet away from me. Something was pouring out of Him. I don't know what it was - energy° But energy gives the impression of strength. This was different, a wave upon wave of something. I really can't describe it. When I first started, I thought, Maharajji is giving me *Shaktipat*. But no, the waves flowed through me, above and around me as a never-ending flow. It filled the world, the universe, every inch of space - a flowing stream of waves, misty and nebulous.

I thought, “Oh, He is *Sarva Vyapee* (Omnipresent), all-pervading.” I looked at Him adoringly. His form was clear, His eyes were gazing at me, and He was filling all space with Himself, from just one center in His body near His heart. The clock struck. There was nowhere He was not.

Later, when I told Guru Maharajji about this, he confirmed it, and then he smiled and said, “I was taking a walk in the garden at the time.”

Maharajji Is Param Dayaloo (Very Kind)

I was in Poona, staying with Daulat, who was a childhood friend. On October 30th, 1984, I woke up at about 3:00 a.m., feeling very breathless and ill with a severe bout of asthma. Daulat gave me my medicine, and then made me a lovely hot cup of tea to comfort me. After a while, I felt much better. Daulat and I talked softly about many things, mainly to do with spirituality. Then she dozed off and I

settled down to do my *Puja*.

At about six o'clock, Daulat got up to go for her bath. As she was leaving the room, she uttered the words *Dadar Ormazd*, (Holy Arabian God) with intense feeling. As I heard these holy words, I saw before me a clear white light of immense purity, the light of a many-faceted diamond. Though the light appeared as a column, the facets seemed to give the impression of an oval. Within that oval stood the divine form of our Zoroastrian Prophet, Zarathustra.

As I was gazing at Him in wonderment, I saw Maharajji seated in front of me, a little to the left and slightly above eye-level. I saw His human form, with nothing ethereal about it, but His skin glowed like pure gold. His cheeks were tinged with red, and His eyes were luminous. Each particle of his being was pure love. He seemed to be melting with infinite Love. He had a smile of great sweetness on His face as He looked at me.

The vision faded.

I finished saying my *malas* and got up to find Daulat, longing to tell her of this wonderful vision I had had. She was saying her prayers, so I went for my bath.

As I waited for my bath water to cool down, I thought about the vision I had just seen. I should have been feeling peaceful and happy, instead, I suddenly felt afraid, afraid because time was short and that I was wasting my time, and would miss my chance of being with Maharajji and not gain the *Amrit* (nectar from God and the Guru) for which I had waited many lifetimes, and which only He could bestow on me. All of a sudden, one day, I might lose him, and who knows how many more lives I would have to wait to meet Him again°

These thoughts caused me to start trembling and weeping when I saw before me; a vast expanse of space. This was *Mahakaal* or The Great Time - that time "Which has no beginning and no end." This space was made up of *Moments in Time*, some of which stood out clearly, like precious gems. I seemed to understand that these were the precious *Moments in Time*. I had to keep myself ready for them by keeping in touch with Maharajji through the use of *mantra*, spiritual practice, and by praying constantly to the Almighty God to bless me with *Buddhi* (intellect or good sense), or *Bhakti*, (pure and holy love) for the feet of my Divine Guru.

I thought of Maharajji and mentally did *dandawat* (prostration), to Him. As I did so, I saw Maharajji seated before me again, his body radiant, glowing like pure gold, melting with Love, the exceptionally sweet smile, and his eyes luminous with love fixed on me.

From the very depth of my heart, I cried out, "Oh Maharajji, I'll wait eternally for you, and only you."

I felt something stirring in my heart. I looked within and there I saw a lotus, half open, while a shining drop of *Amrit* fell slowly right into the heart of the lotus. I saw three or four of these drops fall in to the lotus, and then the lotus closed, its petals slightly curled like a bud.

Guru Kripa – a Param Brahman Swaroop

I had this experience on Thursday the 28th of November 1985, at about 3:30 p.m. The next day I rang up Maharajji and asked if I had seen and understood it correctly. He said, "Yes, but maybe not all." I think that I have not been able to grasp the magnitude of the *darshan* Maharajji gave me.

While I was having this experience, I tried to write out exactly what I was witnessing and realizing. However, later when I read it out to my husband, it was so disjointed that he said he couldn't understand anything. The only clear sentences that I could find were "I am feeling overwhelmed, Maharajji, I wish I could explain to you what I am experiencing at this moment. But this is only a glimpse of what you are. You are everything, something above and beyond all that is."

For the next two or three days, I tried to write down what I had seen, but found that I could not do it. Then on Monday, early in the morning while I was drinking my first cup of tea of the day, I was thinking of Maharajji and wondering how I should write down this extraordinary experience. I saw him sitting before me looking just as he did on Thursday, so I asked him if he would help me in writing out what I had seen that day.

He asked (in Hindi), "Why°"

I said, "I find that I just can't write it down."

Then he said, "You were the one who saw it."

I answered, "I have no words to describe it."

To that he replied, "It's so easy. Write what you saw." So, I am trying to write down what I saw on that Thursday, but I don't think that I can describe it, even less, what I *realized*, understood and absorbed, for that is totally beyond description."

Chapter 37

Spiritual Experiences of Dr. Mishra

In 1973 or 1974, one wintry afternoon at about 4:00 p.m., I was doing *Japa* (prayer) in my room, on the first floor. All of a sudden, I observed a small scintillating spot of light on the wall in front of me. The spot started to enlarge gradually, and I discovered a profile, which I thought was of respected Shri Vyasji Maharajji (Guru Maharajji).

The spot started descending gently towards me, and when it was about four feet high from the floor, the profile turned towards me. Maharajji appeared in physical form, sitting in lotus position, adorned in an off-white *Kurta-Pajama*, with a pair of glasses, and looking very sober and serene. He was about eight feet away. Guru Maharajji's entire body was illuminated as if it was made of tube light.

Maharajji started moving towards me slowly. When he was about two feet from me, he bent his neck forward and gazed at me. I was looking at Guru Maharajji without blinking an eyelid. I could observe the pattern, the colour and luster of his eyes. I could not move backwards as my back was against the wall. Guru Maharajji kept on advancing until his nose touched my nose, and then he disappeared. Dazed by this experience, I even forgot to pay my obeisance to Guru Maharajji.

After this episode, Dr. Ram Avatar Sharma, the then-

professor of Medicine at Sawai Mansingh hospital in Jaipur, and an ardent disciple of Guru Maharajji, came by and inquired if I would like to go and visit Guru Maharajji. I accompanied him and we both reached Guru Maharajji's residence by car. I saw him sitting on a *mudha* (wicker chair) wearing the same outfit that I had seen him in the vision. I made up my mind not to reveal this incident, and wanted Guru Maharajji to give me a hint of it.

Guru Maharajji got up to receive us. When I touched his feet, he smiled and said, "Don't you offer tea or water to a guest?" I was dumbfounded, and felt overwhelmed by the Divine grace he had showered upon me. I humbly replied, "My home is your home. Does one have to offer hospitality to one's family members?"

Dr. Yogesh Chandra Mishra, professor and head of the department of Ophthalmology, Sawai Mansingh Hospital, Jaipur narrated his experiences to Dr. C.L. Kaul, Head of the Department of Mathematics, Malaviya Regional Engineering College (since renamed as Malaviya National Institute of Technology) in Jaipur, who wrote to me in Canada.

Chapter 38

An Incredible Cure

In June 1999, Dr. Girish Bhardwaj of Delhi was driving with his arm on the open window of the car. He stopped at a red light. A person on a scooter struck his elbow and seriously injured it. After a couple of days Dr. Bhardwaj was traveling by public transportation in Delhi, when he was again injured at the same spot on the elbow causing severe pain. He consulted an orthopedic surgeon who diagnosed it to be "tennis elbow." Dr. Bhardwaj was advised to do certain exercises, which he did, but with no progress or relief.

Dr. Bhardwaj sought help for his right elbow from renowned doctors and physiotherapists and had laser therapy treatment, but to no avail. He was advised to have surgical operation of the injured elbow. In the course of these treatments, Bhardwaj lost the muscular movements of the injured elbow. He was unable to lift even a glass of water.

On September 11, 1999, Guru Maharajji's birthday, two renowned orthopedic surgeons from Jaipur examined him again. They recommended further treatment and exercise. Dr. Bhardwaj requested Mr. Rameshwar Nath Gaur, to ask Guru Maharajji for a cure. Mr. Gaur took the request to Guru Maharajji. A meeting was set up for September 12, 1999. Dr. Bhardwaj reached Guru Maharajji's residence at the appointed time and when asked, narrated to Guru Maharajji the story of his accident.

Guru Maharajji asked Dr. Bhardwaj to pick up a pair of eye glasses with his right hand, but Bhardwaj expressed his inability to do so. He then was asked to pick up the telephone, but he could not do so. The condition of the right elbow was so bad that the muscular broken tendrils were visible -- although there was no bone fracture. It was difficult, even impossible, to stitch the broken tendrils.

Guru Maharajji started his spiritual therapy by placing his palm on the affected part of the right elbow, which gave Bhardwaj feelings of latent waves in the right arm. He started perspiring and to everybody's surprise, the severe pain he was in vanished immediately.

Guru Maharajji then asked Dr. Bhardwaj again to pick up his eyeglasses, which he easily did. Then Maharajji asked him to pick up the telephone, and he found he could pick it up easily and without any pain. Guru Maharajji asked Bhardwaj to call him from Delhi if he developed pain in his right elbow. This startled Dr. Bhardwaj. Guru Maharajji could sense it. Dr. Bhardwaj proceeded to take leave of Guru Maharajji as he was going back to Delhi, when Guru Maharajji called him back, to "lock up the pain," meaning to stop the pain permanently. To the utter wonder of all those present there, he did this, which brought great relief to Dr. Bhardwaj.

Dr. Bhardwaj was again able to perform operations. He wrote a letter to Guru Maharajji on October 15, 1999, with the details described above.

Chapter 39

Reassuring a Mother

My daughter, Kamla fell ill in May 1987. She developed a boil on the back of her thigh, and the inflammation increased day by day. It was red and swollen with pus, and became four inches long and four inches wide in two days. She developed a high fever of 104° to 105° F temperature, and also became very weak. She could not even stand on her own. The doctors administered antibiotics, but to no avail. They advised me to have Kamla examined by a surgeon.

I took Kamla to see Dr. Mukherjee, a renowned surgeon at the Summit Clinic in New Delhi. After examining Kamla, he strongly recommended that she be operated upon immediately, lest the pus enter the bloodstream and endanger her life. My husband was on tour, so I gave permission for an immediate operation.

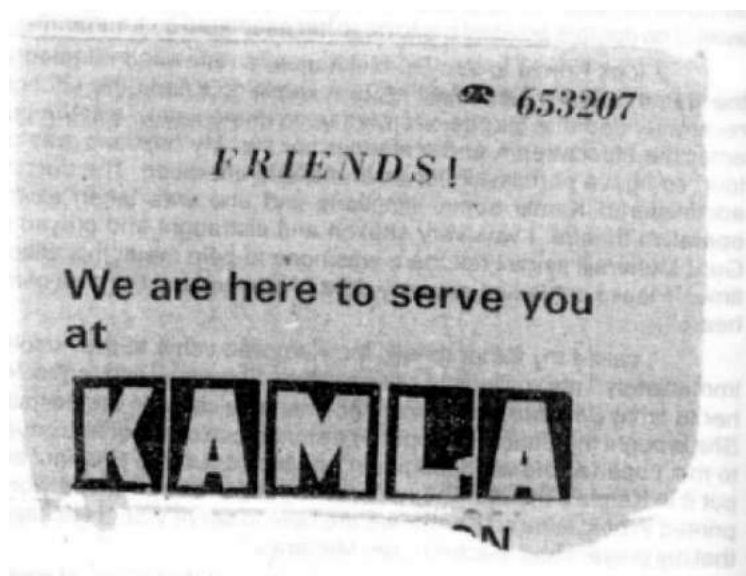
The doctors gave Kamla injections, and she was taken to the operating theatre. I was very shaken and distraught, and prayed to Guru Maharajji since I felt there was no one to help me at this critical time. "Please come and save my child," I prayed from the core of my heart.

I called my father-in-law, Mr. Kao, who came to the hospital immediately. I also called my close relative, Shamanji, and requested her to bring *Bhabhut* (ashes from the remains of the holy fire sacrifice or *Hawan*) with her. When she came to the hospital, she brought the *Bhabhut* wrapped in a small piece of paper and gave

it to me. I opened the wrapped paper and took out the *Bhabhut* and put it in Kamla's mouth. The paper was pink and I saw these words printed in bold letters, "Kamla, we are here to serve you." I felt happy that my prayers had reached Guru Maharajji.

I asked Shamanji where she had found that piece of paper. She told me that she had picked up the *Bhabhut*, but as she could not find any paper, she picked up a piece of paper from a box containing newspapers, and put the *Bhabhut* in it. She had no idea what was written on the paper.

Guru Maharajji saved my daughter, and gave her new life. I am certain that my prayer reached Guru Maharajji in Jaipur. He sent this paper to console me. What a miracle! How can a piece of paper in a newspaper box bear such a message, typed in bold print? It was blessings of Guru Maharajji to console me in my time of need, when I was perturbed and helpless.



Piece of paper used to bring *Bhabhut* for Kamla

(Mrs. Sanjana Mulla c/o Mr. Anil Mulla, resident of Delhi, sent a letter to Guru Maharajji about the recovery of her daughter Kamla, which was given to Dr. Ram Avatar Ji, who allowed me to include it in this book.)

Chapter 40

Can a Photograph Answer a Question?

Many years ago, I invited a very close relative home for lunch. The visitor asked me about a particular photo. I replied that it was the photo of my Guru Maharajji in *Samadhi*. The visitor then inquired if Guru Maharajji was a *Shaivite* (believer in Lord Shiv) or a *Vaishnav* (believer in Lord Vishnu).

I was startled to hear this question, and had no answer, as it had never been discussed before. The discussion became serious. The visitor refused to have lunch unless his question was answered. There was no alternative for me but to take the guest to Guru Maharajji for clarification.

We both reached Guru Maharajji's residence. I explained the situation to Guru Maharajji. He replied, that this question would be answered by the photo. We then returned home. After about a week, a dot appeared on the photo. I thought that it was due to moisture. Slowly, over the course of the next few days, the dot grew in size. I got worried. I mentioned it to Guru Maharajji, who did not say anything.

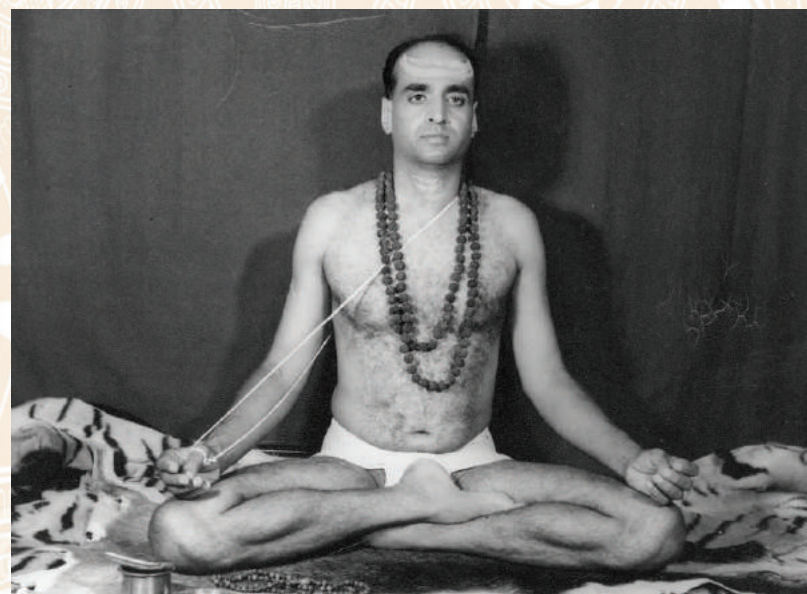
After a few days, the spot became bigger and bigger. I took the photo to Guru Maharajji and showed him. He told me that the photo was replying to my question. There was a *Shiv Pind* (the cylindrical symbol of Lord Shiva) developing in the photo. The question was answered automatically; Guru Maharajji was a

Shaivite.

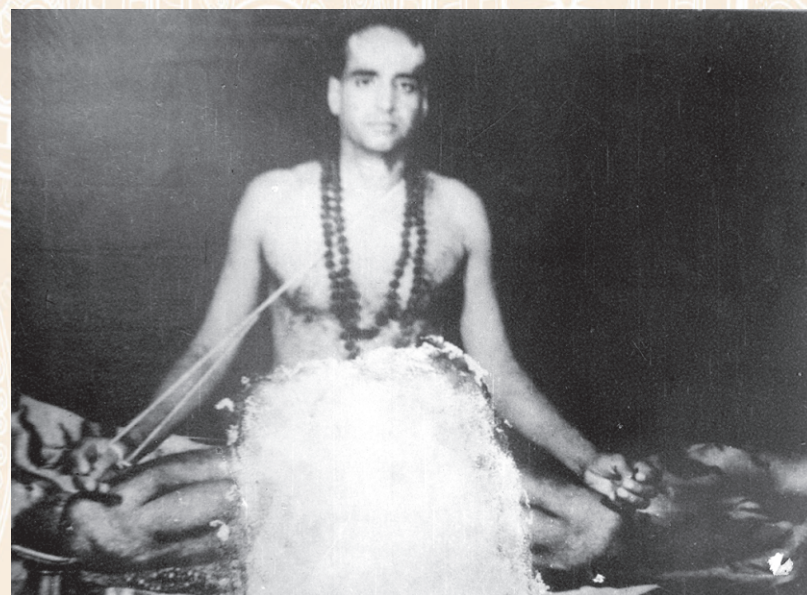
Many disciples witnessed this amazing incident, and one of them took a picture of the photo. The developed photos were then freely distributed. The *Shiv Pind* continued to grow on all the photographs. Eventually, the image of a garland and three beads of a fine garland rosary worn by Guru Maharajji also developed over the *Shiv Pind*.

This unique incident demonstrates that Spiritual science is beyond physical science and perplexes the modern-day scientists. This photograph is included.

This episode was told to me earlier by late Shri Krishnan Rawat, proprietor of Rawat Misthan Bhandar, a famous sweet shop near Chaura Rasta, Jaipur, and a devoted disciple of Guru Maharajji.



Guru Maharajji in Jagrit Samadhi



Guru Maharajji's picture answers a devotee's question

Chapter 41

Snakes in Lord Shiva's Temple

In 1993, Mr. Panna Lal Purohit started the construction of two temples in Bikaner, India. One temple was dedicated to Lord Rama, and the other one to Lord Shiv. Both temples were in the same building complex. These temples hosted festivals from time to time.

On August 26, 1996, an exhibition of serpents was organized in Lord Shiv's Temple. This Temple has a *Shiv Pind*, and the deities of *Parvatiji*, *Ganeshji*, and *Kartikeyaji* were installed there in the idol form. The idols of these deities are three feet higher than the *Shiv Pind*. A framed picture of Guru Maharajji, taken at the Dashnam Ashram in Hardiwar on the occasion of *Ganga Dashmi* in 1994 was placed about two feet above the idols. This picture was about eight feet from the floor. Guru Maharajji was in *Jagrit Samadhi* at that time when the photo was taken.

Three snake charmers, along with 21 serpents, had been called from Jaipur to Bikaner for the festival. Serpents are Lord Shiv's favourite and he wears them around his neck. In some places, snake charmers bring snakes in Lord Shiv's Temple on *Maha Shivratri*, the birthday of Lord Shiv. This is considered auspicious.

The serpents were let loose from their baskets in Lord Shiv's Temple. Some of the serpents coiled themselves around the *Shiv Pind*. Three of the serpents, each about eight to ten feet in length,

climbed up to where Guru Maharajji's photo was placed.

One of the snakes placed its hooded head over Guru Maharajji's right toe and one on the left toe, and the third placed itself on the top of the frame of the picture. When the event was over, the snake charmers were asked to remove the serpents from the temple. All efforts to coax the serpent that was sitting on the frame of Guru Maharajji's picture away from its perch failed. The serpent refused to move, and remained resolutely in its position despite the best efforts of the snake charmer.

The next day, the snake charmers collected the serpents to return from Bikaner to Jaipur. The serpent that had perched itself on top of Maharajji's picture passed away on its way to Jaipur. (It is believed that the serpent felt the presence of Almighty God in Maharajji's picture. Being the pure soul, he must have thereafter departed for its eternal abode.)

This news was passed onto Guru Maharajji. In the course of a conversation, he mentioned that the snake had had an association with him for the previous 112 years, and not being able to bear the shock of separation, it passed away.

Mr. Pannalal Purohit of Bikaner provided these details



Snakes on Maharajji's picture at Lord Shiva's temple in Bikaner

Chapter 42

Fruits of *Japa*

Mr. Santokh Singh was initially a disciple of a Guru whose name is not known. Before his Guruji passed away, he entrusted his disciple, Mr. Singh, to the care of Guru Maharajji.

Since that day, Guru Maharajji had taken care of Mr. Singh in his spiritual pursuits. Mr. Singh devoted a major part of his day to prayers, especially to chanting *mantras*. Mr. Singh had also visited Guru Maharajji several times, including during *Guru Purnima*. He had a great yearning to see the Almighty God, and had frequently prayed to Guru Maharajji that he might have a vision of God.

About five or six years ago, Mr. Singh was present at a celebration at Man House in Jaipur. All the disciples garlanded Guru Maharajji, and he blessed us all. When it was Mr. Singh's turn, Guru Maharajji made him sit before him. Mr. Singh was looking at Guru Maharajji, and all the disciples were watching and listening to the conversation between Guru Maharajji and Mr. Singh.

Guru Maharajji asked, “What do you see when you look at me?”

Mr. Singh replied, “I see Lord Shiva before me. Lord Shiva has a third eye in the center of his forehead.”

Guru Maharajji, “Where is the third eye now?”

Mr. Singh, “It has shifted from the center of the forehead to the left side.”

Guru Maharajji then said, "What else can you see?"

Mr. Singh, "I can see hair on Lord Shiva's head neatly tied. Lord Ganesha (who is Lord Shiva's son) is sitting on the right lap of Lord Shiva, and snakes are also visible on Lord Shiva's neck."

This conversation continued for about an hour or so. All the disciples were amazed to hear this conversation. They felt that Mr. Singh was very fortunate to be able to see Lord Shiva while sitting in the presence of Guru Maharajji.

The function ended late at night.

After a few days, Guru Maharajji received a letter from Mr. Santok Singh. A translation of the letter is as follows:

"Respected Guru Dev,

"Upon my return home after meeting with you, I sat down for prayers the next morning at 4:00 a.m. After a little while, my body started to feel cooler. Suddenly, I noticed white smoke swirling from below my belly bottom. I was concentrating on your lotus feet when I noticed white smoke emitting from them as well. The body started to appear in a dying state. Then, it appeared as if one white snake coiled around the smoke.

"You suddenly caught hold of my arm. The smoke went up, and so did the snake. They twirled around my belly bottom, chest, throat and head. The snake seemed to be slowly disappearing.

"Suddenly, a tunnel opened. You caught my arm, and took me across the tunnel. There appeared light, nothing but light. There was a garden, a temple and a spring of water. You appeared to be sitting at a distance. Lord Shiva was sitting near you. I came close to you. At first, I saw you, and then I saw only Lord Shiva. There was a small mountain and total bliss. There was light. My body seemed not to be there. The only thing that was there was light. At some distance water was flowing. The bliss that I experienced in that place was spectacular and unimaginable.

"Upon returning, I am writing about that experience to you, but what I am writing is only about two-percent of what I had experienced. Everything there was the truth and here everything is false. Now, it all seems like a dream. There was total bliss. I did not feel any hunger or thirst. A voice was saying, "*Mera muj mein kuch nahin, jo kuch hai so tero,*" meaning thereby "Nothing is mine,

everything is yours," in a very melodious tone. This singing was resonating in my ears. I could hear this song all day long: "Nothing is mine, everything is yours."

"I did not say anything, and thereafter the light started getting dim. Lord Shiva started to disappear. From a far-off distance, a very sweet voice could be heard. I could not understand it completely, but the voice kept echoing to the same tune of "Nothing is mine, everything is yours." Then it appeared as if someone said, "Now you go."

"I don't know who said this and who took me away."

"What was this bliss, this vision? Then a small ray of light entered my body, and my body became light like the wind. The body became active. There was total bliss which only you can understand."

Mr. Santok Singh, of Tibi, District Ganga Nagar in Rajasthan gave these details to Guru Maharajji in a letter, the contents of which have been translated above.

Chapter 43

Unique Dream of a Disciple

Guru Maharajji had always been very fond of fresh fruit. I came in contact with him some 37 or 38 years ago, when Maharajji used to visit my father to purchase fresh fruits. Guru Maharajji performed my thread ceremony in 1974, and gave *mantra deeksha* in the same year. I was advised by him to keep *Chowki* of Guru Purnima in my vision. That would always give me peace of mind and happiness. Thus, I started worship by chanting *mantras* given by Guru Maharajji.

Dream of Maharajji

In 1979, I had a dream of *Tarkeshwarji* Temple, a renowned temple of Lord Shiva in Jaipur. There, I had a vision of Guru Maharajji seated in *Padma Asana* or lotus pose.

I saw him floating from *Akhand Jyoti* (a special temple fire that does not burn out) just behind *Shiv Pind* (Lord Shiv's oval representation in stone in temples, as seen in the accompanying photo).

He floated one to two feet above *Shiv Pind*. This was a unique dream. I narrated this dream to Guru Maharajji who said it was *Shubh* (very auspicious).

Dream of an Underground Temple

I saw Guru Maharajji in a dream again, wearing a *Janeu* - a sacred thread worn by Hindus - at a place about 15 to 20 feet deep in

a Lord Shiva Temple. All entries into this temple were closed except for one made from above by me and my brother. We made our way to the temple from the opening. We reached Guru Maharajji. I said to him, "As advised by you, we have opened the temple after one year."

Guru Maharajji said, "One year is not over yet, so close the temple. Give my blessings to all."

My brother and I then closed the temple from above. I narrated the dream to Guru Maharajji, who said, "You had removed seven *Catlas* (stone slabs) for opening the temple." This was indeed true in my dream.

Lost Mala Found

In 1991 or 1992, Mr. Narainji Saini, proprietor of Santosh Garage, an automobile workshop on Ajmer Road in Jaipur, arranged *Prasad* (dinner) at *Jharkhand Mahadev* Temple in Jaipur. Guru Maharajji was invited to this function. I was present along with more than 150 invitees.

Sitaji, another disciple of Guru Maharajji, was also present at that function. She had lost her *Puja Mala* (Rosary) at about 9:30 p.m. that night, and was upset. Tears rolled down her eyes as she felt this great loss. After dinner, a thorough search was conducted for the *Mala*, but to no avail.

I told Sitaji that a person who wore glasses had found her *Mala*, and he would bring the *Mala* to Guru Maharajji's residence the next evening. This message surprised Sitaji. After the function was over, everyone dispersed. To everybody's surprise, a person wearing glasses brought the *Mala* to Guru Maharajji's residence next evening, and handed it over to Maharajji. It was a miracle.

I had this intuition, because of my worship of *Chowki*, as advised by Guru Maharajji and his blessings.

Saved by a Push

In 1990, six or seven friends and I left Jaipur to worship at *Amreshwar Mahadev Temple* in the Sawai Madhopur district of Rajasthan. At about 3:00 p.m., my friends and I went outside to relieve ourselves in the nearby forest. Suddenly, I felt somebody push my chin up, to where I saw a snake coiled around the branch of a tree. If I had relieved myself under the tree, the snake might have

bitten me. My life was saved because of the push given to my chin by an unseen power - which I believe to be Guru Maharajji.

This is an example of how Guru Maharajji saves his disciples at every step.

These details were given to me by Mr. Radhey Shyam Phatak, then 65, a wholesale fruit dealer who was a resident of Jai Jawan Colony, opposite Sanghi farm, Tonk Road in Jaipur.

Chapter 44

Flower Garland Grows Longer

One day in the month of May 1992, I was sitting with my husband, Dr. Jagdish Chandra Sharma in the main hall at Guru Maharajji's residence. Amongst others present there were Mr. Birender Singh Jasana, Mr. Rameshwar Nath Gaur and Mr. P.D. Sharma.

At about 2:00 p.m., after paying obeisance to Guru Maharajji, the disciples began to leave one by one. He blessed each one of them and gave them the *Prasad* of rose petals. Sitaji was sitting near Guru Maharajji and preparing a small garland, about a foot long, with *raibail* flowers. She handed over the garland to Guru Maharajji. As Guru Maharajji had run out of rose petals, he gave the garland to me, with his blessings, and said, "This is a *Prasadi Mala*, which you should wear, and then keep in your room. It is considered auspicious."

I wore the flower garland around my neck, and along with my husband took leave of Maharajji. We had lunch after getting home. I then fell asleep on a sofa in the drawing room, while my husband watched a football match on television.

I woke up an hour or so later and to my utter surprise found that the flower garland that I had been wearing around my neck had become longer - almost reaching my ankles. I exclaimed to my husband, "How unusual! The garland that I could barely wear

around my neck has grown longer and is now almost touching my ankles.” My husband did not pay much attention to it, as he had to visit his patients. He asked me to prepare tea. I took the garland off, and put it in the small *Puja* enclosure.

My sister-in-law, Mrs. Pushpa, came to visit me from Ajmer the next day, and I narrated the incident to her. My sister-in-law was amazed to see the long garland and asked me to preserve it in a box. A couple of days later a fellow disciple, Mr. Birdi Chandra came to visit us, and I also narrated the whole episode to him.

Mr. Birdi Chandra made an appointment for my family with Guru Maharajji, and we took the garland to show it to him. Other disciples were also present when I narrated the whole episode and showed him the garland. Guru Maharajji just smiled and momentarily closed his eyes. He said that the garland had increased in size because he had offered it to his Gururji before giving it to me.

Guru Maharajji then asked Mr. Vishnu Dutt Sharma to measure the garland. He found it to be 108 inches long. Guru Maharajji jokingly asked me how many beads there are in a rosary. He himself provided the answer, 108, and said that that's why it had become 108 inches. Vishnu Dutt Sharma took a picture of the garland.

Everyone present was amazed as to how a garland made of thread and flowers could elongate, and increase manifold in size. Neither the thread was elastic, nor did the flowers multiply.

When asked about this miracle, Guru Maharajji said, “God has done this just to make us understand, that there is some supreme power that wants us to have faith in Him and perform good deeds.” The garland has since been preserved, and kept in my *Puja* room. The picture of the garland is included in this book.

Healing my Husband

On December 13, 1995, my husband developed a severe pain in the chest and following a myocardial infraction, was admitted to the intensive care unit of Sawai Man Singh Hospital in Jaipur. Because of Guru Maharajji's blessings, he recovered completely.

He is in good health now and is currently the Principal of Sawai Man Singh Medical College and the supervisor of the

attached hospitals in Jaipur. Investigations done recently indicate 2-D echo and ECG, and Holter Monitor recording show that heart functions have become normal and ECG changes have reversed to normal. This was all due to Guru Maharajji's grace.

Hot Milk Burns Gururji's Tongue

One morning in the summer of 1998, I added sugar to hot milk and poured it into a silver glass, filling it to the brim. I put it before the photograph of Guru Maharajji and after offering it went into the kitchen. When I returned, I saw that the glass had become half-empty. There was nobody in my home except my husband and me. The house was locked from the inside.

I asked my husband if he had entered the temple after I had placed the glass of milk there. He replied that he had not. I was very excited and told my husband that the glass that had been full of milk when I had placed it before Guru Maharajji's photo was now only half-full. He too was surprised.

The next day, I went to Guru Maharajji's residence for his *darshan*, and paid my obeisance to his lotus feet. He blessed me and told me that I had offered very hot milk, and by drinking it, his mouth got burnt. I was amazed! I had not told this incident to anybody in my family. How could it have come to the knowledge of Guru Maharajji? This indicated that he always takes care of his disciples. From that day onward, I cooled the milk before offering it to Guru Maharajji.

Correcting My Pronunciation

One day Guru Maharajji asked me out of the blue, “Will you please repeat your *mantras*?” I was given the *mantra*, “*Om Ram Ramaya Namah*.” After listening to my *mantras*, he corrected my pronunciation and asked me to repeat the *mantra* a couple of times. In fact, I was pronouncing the *mantra* as “*Om Ram Ramsaya Namah*.” He corrected it to “*Om Ram Ramaya Namah*.” This clearly indicates that he looks after his disciples and guides them through the correct pronunciation of *mantras* when needed.

Continuing Education

In 1992, my son Amit was offered a posting as a management trainee in the Chemical Division of Grasim Company at Nagda, Madhya Pradesh in India. Before going there, my son and

I went to visit Guru Maharajji for his blessings. He saw us and told my son that he had to study a lot, and that his study career was not yet over - and that he might have to rejoin college after three to four months. We were all surprised to hear this.

After three months, my son Amit got a letter of admission to the Post-Graduate diploma course on foreign trade management at the Indian Institute of Foreign Trade, Ministry of Commerce, Government of India, in New Delhi. The All-India Entrance Examinations were held about a year earlier, and, my son had completely forgotten about it. Now, Amit, who had joined the job at Nagda, packed up his baggage, and moved to New Delhi to pursue higher studies.

Guru Maharajji would give his disciples everything without telling them anything. They seldom came to know that they have been blessed. This incident clearly showed his generosity towards his disciples.

No Surgery Required

On the night of January 26, 1999, I had severe post-menopausal bleeding. I went to the Zanana hospital where I was working as Professor and Superintendent, and saw Dr. Anju Taly. The investigations were performed and D&C was done. Ultrasonography was also done at K.C.J. Diagnostic Clinic in Jaipur, which showed multiple fibroids in the uterus. The gynecologist advised abdominal hysterectomy.

My husband sought an appointment with Guru Maharajji regarding my situation over the phone. Maharajji asked me to come after three days, and told me that I would be all right.

After three days, my husband and I went to meet Guru Maharajji and informed him that abdominal hysterectomy had been urgently advised. In fact, Dr. Taly had even asked her for a date on which this operation could be performed. To our utter surprise, Guru Maharajji said that her stars were bad till February 23, 1999, and as such, they should come to him for knowing the date of operation after the said date. The bleeding stopped on January 28, 1999, and I became perfectly well by that date.

During the period, I slipped twice on the floor in my home, and had back injury. I was not even able to sit or walk. I also got an

infection of the throat, and remained ill for almost a month. On February 23 and 24, we tried to contact Guru Maharajji on the phone seeking an appointment, but to no effect.

On February 25, we both went to Guru Maharajji's residence, and sought an appointment, which was immediately granted. We requested him to indicate the date for which the operation should be performed. To my utter surprise, Guru Maharajji said, "You will not need any operation; even a small nick or incision will not be required."

I am perfectly well now. This is all due to his grace and kindness showered on his disciples.

Saving the Car

About five years ago, Guru Maharajji saved my Maruti car from an accident. I had gone to purchase vegetables from the market. A bulky Tata Sumo station wagon that was without a driver began to roll towards my car; apparently the driver had forgotten to put on the hand brakes. My back was towards the car, and I was engrossed in purchasing vegetables at the shop. The vegetable vendor and other people at the shop thought that my Maruti car would be crushed.

I panicked, and remembered Guru Maharajji. The Tata Sumo stopped a hair before hitting the Maruti car. The tires of the Tata Sumo car got bent after striking the footpath. I came home by cycle rickshaw and told my husband to bring the car, as it was not possible for me to retrieve it. He brought the car home after the incident.

After a couple of days, my husband and I went to see Guru Maharajji and were surprised to hear him say, "Your car had a very narrow escape." He himself narrated the incident as to how the car was saved. I kept mum all the time. This clearly showed how Guru Maharajji takes care of his disciples, whenever the occasion demands.

The Recovery of Dr. Sharma

I was informed that Dr. Ram Avtar Sharma, former Professor and head of the Department of Medicine, and Superintendent of Medical College Hospital, Ajmer, and ardent disciple of Guru Maharajji, had become seriously ill. I paid him a

visit to inquire about his health.

He told me that in the second week of June 1998, he had noticed two or three small patches of skin rash on his forearm. He also had low-grade fever with general malaise and body aches. He was examined by Dr. Saxsena, professor of dermatology, and by another specialist, who advised him to take antibiotics. In the evening, Dr. Sharma developed more rashes involving other parts of his body. He was advised hospitalization, to which he did not agree.

Next morning, Dr. Ram Avtar Sharma became really ill and disoriented. His son was worried and telephoned Guru Maharajji, and after describing his father's ailment, requested his blessings. He asked Guru Maharajji to talk to his father to get him admitted to the hospital. Considering the ailment, the son was sure that Maharajji's instructions would be complied with. While he was talking, the telephone got disconnected.

After about ten minutes, the son called again and talked to Guru Maharajji - who had told him that his father, Dr. Sharma, would be all right, but that *Markesh*, a bad star, was having ill effects on him. Maharajji suggested that Dr. Sharma be hospitalized.

It was surprising that, by the time the telephone conversation ended, Dr. Sharma started feeling better. His condition started improving. He was subsequently hospitalized and diagnosed with *Meningococcal Septicemia* with *Encephalitis* - and pus pustules all over his body - a serious condition with a very high mortality rate.

Guru Maharajji visited Dr. Sharma in the nursing home, and reassured him that he would have a quick recovery. The *Encephalitis* improved by the next day. Within ten days, Dr. Sharma recovered from the ailment and was able to go back to work at his clinic, although he still needed regular dressings for some lesions.

Chapter 45

Prayer Saves a Child

On September 24, 1990, a daughter was born to Mr. Radha Ballabh Rawat in Bangkok, where he was settled. She was named Kamla. The family moved to Jaipur in the beginning of 1998 in connection with their jewelry business.

Kamla usually left for school at 7:00 a.m. On the morning of January 20, 1998, her mother, Mrs. Madhubula Devi, got up at 6:00 a.m. and went to wake her up. The child's body was limp and did not show any signs of movement. Her thumb was in her mouth. Mr. Radha Ballabhji also tried to awaken her, but to no avail. He sprinkled water on her face, but nothing happened.

Mr. Ballabh put two *prasadi* rose petals in Kamla's mouth. She showed some movement and took her thumb out of her mouth. But she neither spoke nor opened her eyes. Her parents called their neighbor, Mr. Chunni Lal Attar, who was a naturopathic physician. He examined her and advised them to take her immediately to the emergency room of the government hospital. Radha Ballabh and his wife left with the child for the hospital right away.

On the way, it occurred to them that they should seek Guru Maharajji's blessings first. They turned around and reached Guru Maharajji's residence. There, at the gate, they prayed for Kamla's recovery. The little girl began looking here and there, and it was obvious she could hear. Soon, she regained mobility. Since Kamla

was behaving normally, her parents gave up their plan of going to the hospital, and returned home.

Mr. Radha Ballabh, his wife and Kamla went to visit Guru Maharajji at about 11:00 a.m. the next day. They paid obeisance at Guru Maharajji's lotus feet and narrated the whole episode to him. Guru Maharajji reassured them. A few days later, Guru Maharajji sent a *dora* (a sacred thread) through Mrs. Suman Devi, wife of Mr. Rajinder Kumar Rawat, for Kamla to wear around her neck. When Mr. and Mrs. Radha Ballabhji came to visit Guru Maharajji, he told them, "You were heading to the government hospital directly." This shows Guru Maharajji was looking after the welfare of his disciples and their families.

Baby Kamla's life was saved, and she is quite normal and healthy now!

The above details were given to me in writing by Mr. Rajinder Kumar Rawat proprietor of Rawat Misthan Bhandar, Jaipur describing the experiences of his uncle, Mr. Radha Ballabh Rawat.

Chapter 46

Helping a Disciple

Legal Help

I migrated from Pakistan after the partition of India in the year 1947, and settled down in the then princely state of Jaipur. In the year 1950, I had a quarrel with a rich and influential person, who registered a false case against me at the local police station in Jaipur. I met Guru Maharajji, and told him the true facts of the case. Guru Maharajji told me that I should go to the Albert Museum the next morning, and pray. I complied accordingly.

I had visions of Guru Maharajji there, wearing Saffron clothes. He said, "Don't worry, everything will end well."

And ultimately, everything went well, and I won the case.

Healing Hiccups

My sister-in-law, Ms. Paras Bai, had hiccups continuously for three days. This caused her great agony. I met Guru Maharajji, and informed him about this acute problem. Guru Maharajji told me to give her *Charnamrat* (holy water) daily, from *Tarkeshwarji Temple*, a renowned temple of Lord Shiva in Jaipur.

Ms. Paras Bai did as advised and her hiccups stopped.

Help with a Wedding

My daughter, Sunder Bai, was to be married in the year 1961. I was running short of funds. I met Guru Maharajji and

described my situation. Guru Maharajji consoled me, and told me not to worry. He said, "The marriage ceremony of your daughter will be performed comfortably and without any monetary problems."

Guru Maharajji gave me two Rupees (Indian currency). The guests in the marriage party were to come from Hathras, Uttar Pradesh. It began raining, and members of my family were worried as we feared dislocations in the arrangements for the reception. Much to the surprise of everyone, the rain stopped when the marriage party entered the boundaries of Jaipur City. There was no rain while the marriage party remained in Jaipur. The rain started again after the departure of the party.

It was also a surprise that I had only purchased 12 kilograms of *ghee* (clarified butter) for use in the marriage function. It was miracle that the marriage ceremony went very smoothly. Despite the limited quantity of *ghee*, guests were entertained with full hospitality. Indeed, some of it remained unconsumed even after the function was over. Normally, three to four big tins of *ghee* (each tin containing 15 kilograms) are required in a marriage function.

Guru Maharajji's blessings solved all my problems, and my daughter's marriage ceremony was performed with great pomp and show.

Mangoes Out of Nowhere

I came to participate in the *Guru Purnima* celebrations at Guru Maharajji's residence in 1964 or 1965. My turn for *Puja* came at about noon. After *Puja*, Guru Maharajji gave two mangoes to each disciple who worshipped before the *Chowki*. It was surprising that all the mangoes given as *prasad* were identical. Even more surprising was the fact that there was no basket of mangoes near Guru Maharajji.

I asked Guru Maharajji where the mangoes were coming from, as there was no basket of mangoes present in sight. Guru Maharajji said that his Guruji was sending the *Prasad*, and not him. He was merely passing it on.

Mr. Heera Chand Dhadha, a resident of Partaaneyon ka Rasta, Johri Bazar, Jaipur, personally narrated how Guru Maharajji helped him in difficult times. This letter is reproduced above.

Chapter 47

Experiences of Mr. Acharya

Averting an Accident

On January 26, 1995, I was planning to go to Jodhpur for the birth of my younger brother's son. I requested Guru Maharajji to kindly let me know the date and time when I should leave for Jodhpur. He told me to start my journey on January 26, at 7:30 a.m.

As I was about to get into my car, I decided otherwise and instead proceeded towards Guru Maharajji's residence. I entered his house and went upstairs but wasn't sure how to approach him at this odd hour. In the meantime there was a call from inside: "Who is there?" I respectfully replied, "I am Suresh Acharya." Guru Maharajji called me inside.

I said to Guru Maharajji that I could not enter the room due to *Shawan*, a custom in which close family members do not enter a temple or a religious place for a particular period as per Hindu customs. He said, "Don't worry - come in. I don't believe in such things." I entered the room. Guru Maharajji said, "It is good that God sent you here. This is not the right time for you to start your journey." Maharajji then said, "You may leave for Jodhpur at 8:30 a.m."

Subsequently, he said that no time upto 11:30 a.m. was auspicious to embark upon a journey. I said, "My going to Jodhpur is essential." He said, "You may proceed any time after 11:30 a.m." I

paid my respect to Guru Maharajji and returned home.

As advised by Guru Maharajji, my two friends and I left for Jodhpur by car at 11.35 a.m. I remembered God as I left. We had hardly covered 55 to 60 kilometers, when I saw a truck approaching from the opposite direction. Then I also saw a car overtaking the truck. The car narrowly escaped a collision with the truck, and also with my car. There was no damage to any vehicle.

I saw another truck approaching us from the opposite direction. Through intuition given by Guru Maharajji, I gave a signal to that truck to get off the road, and it did so. And a head-on collision was averted.

On return, I had a palmist read my palm, and had an astrologer examine my horoscope. They both said that I had *Mrityu Yog*, that is, I was destined to die on January 26 at that time. It was my Guru Maharajji who saved me from that calamity.

Healing a Cancerous Cyst

I live in a multi-storied house in Singhiji Ka Rasta close to Guru Maharajji's residence in Jaipur. I have set up a photography shop on the first floor. My family lives on the second and third floors of the building.

My house had been under repair for some time. The repairs had been undertaken slowly by Mr. Mohan Lal Kumawat. His wife, Savitri, developed breast cancer and the cancerous cyst was surgically removed. The cyst reappeared for which the surgeons advised another surgery. Mrs. Savitri came to my studio one evening, and sat down near Guru Maharajji's photo.

Suddenly, I heard the voice of Guru Maharajji saying that the photo of the goddess in Mrs. Savitri's house faces south, and that it should be changed to another direction. This would bring relief.

I narrated this episode to the lady. She was certain that there was no picture of any goddess in her house that was facing the South direction. Later she remembered it and promised to change its direction. Once she reached home, she changed the direction of the picture of goddess.

The cancerous cyst began melting with time, and the pain in Mrs. Savitri's neck started subsiding. She developed an implicit faith in Guru Maharajji as she began to recover. The suspected cyst

was removed and sent to a laboratory for analysis. An examination revealed that the tumor was not cancerous. Mrs. Savitri had an early recovery.

I narrated this whole episode to Guru Maharajji. He advised that the photos of Goddess should never face south. It creates health problems.

It is surprising that the lady did not even meet Guru Maharajji in person but was cured by his blessings.

Vision of Hanumanji

Once, I was sitting in the main hall at Guru Maharajji's residence when he suddenly asked me, "What conversation did you have with Hanumanji?" I replied, "I did not have any." The next day, Guru Maharajji posed the same question and I gave the same reply. This continued on the third and fourth day, I still replied in negative.

Guru Maharajji then went into the room where Hanumanji's picture was hanging on the wall. He came out and asked me to go inside and take off the garland from the photo of Lord Hanumanji, which I did. I was surprised to see the face of Lord Hanumanji in the photo turned from West to East. Whenever I went to offer a garland to Lord Hanumanji as per Guru Maharajji's instructions, I found the photo facing the West. It was amazing.

I removed the garland from Lord Hanumanji's picture, placed it in a bag and came out of the room. Guru Maharajji asked me, "Tell me what vision did you have?" I narrated the whole vision to him. Then he said, "I had been asking you about the vision of Lord Hanumanji for this reason."

Correcting Mantra Pronunciation

Once, I visited my brother-in-law in Jodhpur. I reached there at about 11:30 p.m., and we stayed up talking to each other until about 2:00 a.m.

To our surprise, my brother-in-law and I heard Guru Maharajji's voice inquiring of me if the other person was my brother-in-law. I replied in the affirmative. The voice again said, "Ask him if he is doing *Japa* of *Gayatri Mantra*." I enquired from my brother-in-law, and he replied, "Yes." Then the voice said, "Ask him to stop *Japa* of *Gayatri Mantra* as it does not suit him." I told him what I had heard. The voice again said, "Now he will ask you

which *mantras* he should chant if he discontinues chanting *Gayatri Mantra*. You tell him to do *Japa* of *Om Shiv Om* and *Sita Ram*.”

My brother-in-law asked me that question, and I advised him to do *Japa* of *Om Shiv Om* and *Sita Ram* as per the voice I heard. The voice further asked me to tell my brother-in-law to recite the *mantra Sita Ram* in his mind (*Mansik Japa*).

Soon after, the voice said, “He has stopped *Mansik Japa* of *Sita Ram* and has started thinking about somebody who was in the hospital.” The voice continued, “Ask him if he has stopped *Mansik Japa*.” I asked my brother-in-law, and he replied, “I did *Mansik Japa* of *Sita Ram* for some time, and then started thinking about my friend who had suffered a heart attack, and was admitted to a hospital.” My brother-in-law was wonderstruck at my questions.

Next day, I left for Jaipur by train at 3:00 p.m. There was a woman with three children aged 6, 8 and 12 years in the same compartment. On that day, I hadn't performed my daily prayers. As I started with my prayers, I overheard the lady chanting *Om Namoh Shivaya*. I once again heard Guru Maharajji's voice telling me that the *mantra* was being recited incorrectly. I asked Guru Maharajji as to how to correctly pronounce the *mantra*. The voice said to pronounce it as *Om Namah Shivaya*. As I was about to get up from my seat, the voice said, “First do your prayers, and then leave your seat.”

After completing my prayers, I prayed to Guru Maharajji and asked how to tell the lady to pronounce the *mantra* correctly, as we were complete strangers to each other. The voice said, “Ask the lady if she was chanting the *mantra*, *Om Namoh Shivaya*. Only if she confirms chanting the *mantra*, you can tell her that she was chanting the *mantra* incorrectly.”

I asked the woman if she was chanting the said *mantra* and she replied that she was. I then told her to pronounce the *mantra* correctly, as per Guru Maharajji's advice. At that point, her daughter jumped in and also told her that she was chanting the *mantra* incorrectly, and said, “The uncle is saying the correct pronunciation of the *mantra*.”

Guru Maharajji's voice then said that the *mantra* was not suitable for the lady and accordingly, I advised her that the *mantra* was not right for her. She readily agreed. As per Guru Maharajji's

guidance, I advised her to chant the *mantra Om Shiv Om*. I asked her to repeat the *mantra* and she repeated it. Guru Maharajji also gave the *mantra Sita Ram* to the woman's three children. Soon after, the train stopped, and the woman along with her three children got off the train.

I was amazed at how Guru Maharajji had blessed this lady and her children without even meeting them. After reaching Jaipur, I went to Guru Maharajji's residence and narrated the whole episode to him. Guru Maharajji said that members of that family were separated because of wrong pronunciation of the *mantra*. The incorrect pronunciation of *mantra* brings bad luck and is harmful.

Healing Neck Pain

I developed severe neck pain, and my parents advised me to have it checked at the Sawai Man Singh Hospital, Jaipur. I went to my brother-in-law, Dr. Devender Purohit, who was a neurosurgeon at the hospital. He examined my neck and advised me to get an X-ray done. He examined the X-ray and diagnosed the problem as an overgrowth of the neck bone. A neck brace was recommended for relieving and eliminating the pain.

I came home and then went to Guru Maharajji's residence to tell him about the diagnosis of my medical problem. I mentioned that the neck brace, if used, would cause hindrance in my photography profession. Guru Maharajji asked for the X-ray, and then asked me to take it out of his room, which I did.

Guru Maharajji instructed me to sit in front of him. He placed his palm on my neck where it was sore for four to five seconds and said, “It is not an extension of bone but an accumulation of fat.” Miraculously, the pain vanished.

After about a year and a half, Dr. Purohit visited me and inquired about my neck pain. The pain in my neck returned. The doctor advised that the pain was psychological. I stood in front of Guru Maharajji's photo and requested him to eliminate the pain. To my utter surprise, the pain subsided.

Restoring Vision

A few months later, when I got up from my afternoon nap, I experienced that the vision in my left eye was blurred. I splashed my eyes with cold water but it didn't help.

My photography shop is next to Guru Maharajji's garage. The next day, Guru Maharajji was walking towards his garage to pick up his car after his morning walk. He called me and asked me why I seemed perturbed. He took me to his residence and I told him about the blurry vision in my left eye. Guru Maharajji advised me to get my eye examined by a specialist. On my humble request, he made me sit before him, and placed his left palm on my head for a few minutes. Then he asked me to look in a certain direction. I was surprised that I could see the window screen distinctly.

Sometime later, my father lost the vision in one eye. An eye surgeon examined him and diagnosed a burst vein. I mentioned this to Guru Maharajji and he advised me to take my father to be seen by a particular ophthalmologist. He examined the eye and said that there was swelling in my father's eyes. The doctor prescribed eye drops, and my father's eyesight was restored.

It is amazing that Guru Maharajji was kind enough to restore my eyesight with his touch and that of my father through an ophthalmologist.

These details were given to me in writing by Mr. Suresh Acharya who is a photographer, and resides on Singhiji ka Rasta, near Chaura Rasta, Jaipur.



Guru Maharajji's picture adorned with a garland

Chapter 48

Vision Restored

I started developing eye problems from the age of 18. My eyes had stopped producing tears, and as a result, the cornea of my eyes started losing its natural shape. It became triangular, and my eyesight became blurred.

I got my eyes examined by renowned eye doctors, and they diagnosed it to be Keratoconus. They advised me that there was no specific treatment for this medical condition; however there were two options. I could get a lens fitted in my eyes, which might scratch the eyeballs, but would improve my visibility only to some extent. Alternately, I could get my eyes replaced with donated eyes (eye transplant). This was also a very difficult proposition.

My condition was very precarious. I could neither read nor write. I could not watch television. I could not examine precious or non-precious stones; in fact, I could not conduct my jewelry business. With great difficulty, I managed to complete my Bachelor's degree.

I was lucky to have been introduced to Guru Maharajji, through Mr. Jeevat Ram. When I came to visit Guru Maharajji, he placed his palm on my forehead and to my utter surprise tears started flowing from my eyes. He consoled me, and said that God willing, my eyes will be all right. Guru Maharajji advised me to visit him on specific days for treatment. I would go there and he would

place his palm on my forehead for some time and slowly I started regaining my vision. My eyesight is now normal.

I can now enjoy reading newspapers and magazines, watching television, going out in the sun. I am now able to pursue my profession with full vigour. I have not been to any doctor since.

Is this not a miracle° My eyesight has been fully restored by the blessings of Guru Maharajji. When medicines failed, his blessings worked. I've got a second life. We are ever grateful to him.

Mr. Ashish Meghraj son of Mr. Manohar ji Meghraj of Jaipur sent me a fax with the above facts.

Chapter 49

Healing Touch Cures Acute Pain

I am the youngest daughter of Mr. Shivnathji Sharma of Nagpur. I had been suffering from acute neck pain for the last 14 years. During my second visit to Guru Maharajji in Jaipur, I was sitting with my father and other fellow disciples. All of a sudden, I had a severe attack of pain and started crying uncontrollably.

Guru Maharajji was startled to hear me cry and asked the reason. I was 21 years old at that time and had been suffering from chronic neck pain since the age of 7. I was unable to lift my neck whenever I had an attack of pain. I would cry for hours, take painkillers or use hot pads for temporary relief.

Famous neurologists in Nagpur and Mumbai had examined me. I got no relief. CT scans, MRIs, blood tests and numerous other tests failed to detect any disease. My medical records file grew by day. The doctors thought one of the two nerves at the back of my neck was small, and that caused additional pressure on the other nerve. This resulted in a throbbing pain. I was advised that the pain was medically incurable; however, they said the pain might subside when I grew older. Guru Maharajji was saddened to hear my story.

Guru Maharajji called me near him and I sat down facing him. He placed his hand on my head, and I felt a wave of electric current flowing from his hand into my body. In a couple of minutes, I felt a lot of relief from my throbbing pain. Guru Maharajji asked

me how I was feeling. I replied that I was feeling much better. I had four such sessions with Guru Maharajji, and every time I felt better than before. The acute neck pain, which could not be cured by medical treatment, was fully cured by Guru Maharajji.

This was not all. My father was scheduled to undergo a major open heart surgery by Dr. Bhattacharya, Dr. Saxena and Dr. Nemishah, renowned surgeons of Bombay. This operation had a risk of 99% and only 1% survival rate, as declared by the medical department. The procedure involved a change of aorta and replacement of a valve.

Guru Maharajji blessed my father, and the surgery went flawlessly. Doctors were surprised at the successful outcome. Dr. Bhattacharya even stated that he had not done this kind of surgery or seen such results before.

Ms. Kadambari Sharma, daughter of Mr. Shivnath ji Sharma of Nagpur, India gave me these details.

Chapter 50

An Unforgettable Experience

I was living in Muscat, Sultanat of Oman. It was my birthday on September 26th, and my office staff wanted me to give them a party. I decided to host the party on the next day.

I planned the menu and decided to make some of the snacks like sandwiches and *chana* (chickpeas) at home. I had asked a friend to order other popular Indian snacks like *samosas* (Indian fried snack) and *gajar ka halwa* (Indian sweet made from carrots) from a shop called Bombay Sweets. I had ordered 100 *samosas* and 2 kg. *halwa*, that were supposed to be ready for pickup at 7:45 a.m. However, when I checked the receipt later, I saw the time of pickup was on the previous evening, which was very puzzling.

As planned, I left home at 7:20 a.m. to collect the snacks. When I reached the shop around 7:35 a.m., I saw that it was closed. I waited until 7:50 a.m. but it didn't open. I started panicking. In my desperation, I prayed to Maharajji to come to my rescue. This would have been an embarrassing situation as there were almost 50 people coming to the party and the prepared snacks were not sufficient.

I was praying fervently to Maharajji and hoping that some other shop would be open. Fortunately, there was a bakery called the Modern Oman Bakery that opened early. I rushed to the bakery and ordered 50 pastries of different shapes and sizes.

I reached my office around 8:15 a.m. My friend Padmini and

I quickly laid out the snacks for the staff, as they had to leave the office by 8:30 a.m. for their sales and service calls. I was still nervous about the food because the quantity of sandwiches and *chana* that I had bought was really not enough. I had brought only 60 sandwiches and a small quantity of *chana*.

The party started as planned and everybody started helping themselves to the food. They took generous helpings of snacks, especially the pastries and the sandwiches. I noticed that, although there were only 60 sandwiches and 50 pastries, most of the staff took two of each. At this rate, the food should have fallen short. However, by Maharajji's grace and blessings, by the end of the party, there were four pastries and half a sandwich left.

Both Padmini and I were amazed at how the pastries and sandwiches had multiplied to allow everyone to take two each, and still not run short. It was definitely Maharajji's grace and blessings that helped me in feeding my office staff. And what is really amazing is that when Padmini called up Maharajji from Muscat to tell him about this incident, he said of his own accord, "Hope the pastries were enough!"

Ms. Vandana Verma from Muscat, Sultanate of Oman, sent me a letter about her unforgettable experience that has been reproduced above.

Chapter 51

Hearing without an Ear Membrane

I used to have severe pain in my left ear, with occasional oozing out of pus since my childhood. I was taking homeopathic treatment, but there was no relief. The ear pain became worse and actually unbearable. I requested Guru Maharajji for a cure. He advised me to get my ear checked by Dr. P. Chatterjee, a renowned Ear, Nose and Throat specialist. He was also a frequent visitor of Guru Maharajji's.

Dr. Chatterjee examined my ear on January 18, 1990, and said that the ear required an immediate surgery. On January 20, 1990, Dr. Chatterjee and Dr. Mrs. Chatterjee operated upon my ear, a procedure that took about three and a half hours. They removed a worn-out ear membrane and cut out the infected ear bone, with the result that I became deaf in my left ear. I could only hear through my right ear.

In June 1996 Guru Maharajji inquired about my ear. I related the facts to him. Guru Maharajji started his spiritual therapy treatment. He put his left forefinger on my deaf left ear for a few minutes. I felt warmth in my ear. He continued this treatment for about a month.

Slowly, I started hearing from my left ear. Guru Maharajji then guided me to visit Shri Govind Devji's temple, a famous temple of Lord Krishna during the *Mangla Jhanki* (the morning display of

the idol of Lord Krishna). He advised me to hear the ringing of bell of Puja in the temple with my left ear, while closing my right ear. I followed his direction. I could now hear 30% to 40% through my left ear, which was totally deaf earlier.

After the miraculous recovery of my left ear, Dr. Chatterjee again examined me at Guru Maharajji's residence. He was surprised to see my hearing capability return, when he had himself operated on me and removed the infected ear membrane. This is nothing but Guru Maharajji's grace showered upon one of his disciples.

The above details were given to me by Mr. Mukesh Gupta, son of Mr. Ballabhji Gupta, resident of Jaipur.

Chapter 52

Recovery of a Cancer Patient

During my visit to India in 1998, I went to pay my regards to Guru Maharajji at his residence one evening. I could hear a very sweet voice of a *bhajan* there. I inquired from Guru Maharajji as to who was singing the *bhajan*, and asked his permission to meet the gentleman. He very kindly consented.

I went down, and saw a young man, singing sweet *bhajans*. I inquired from him, and he happily narrated his life history, as below.

Mr. Anand Purohit, son of Mr. Ram Prakashji Purohit of Jaipur, mentioned that he had done an MA in classical vocal music in 1991. He was an approved singer of All India Radio for classical and light folk music and was often invited to perform by private organizations.

Five years earlier, he was diagnosed with cancer of the left testicle. He went to Bombay Tata Hospital for treatment, where he was given four sessions of chemotherapy. He came to know about Guru Maharajji. He was very eager to meet him, and was introduced by Shyamji. Guru Maharajji gave him *mantras* and advised him to take the holy flower petals every day. Mr. Purohit performed prayers accordingly and took rose petals daily. The result was amazing, and his recovery was miraculous.

Mr. Purohit was a religious person, and had been offering prayers at the Govind Devji Temple, a renowned Temple of Lord

Krishna, for the past 15 years. He now came to Guru Maharajji's residence daily, singing *bhajans* for an hour and a half in the afternoon.

He had recently been to the Tata Hospital in Bombay for a checkup, and was declared cancer free.

Mr. Anand Purohit son of Mr. Ram Prakash Purohit resident of 4 Lakshmi Niwas, Krishna Marg, C-Scheme in Jaipur gave me these details.

Chapter 53

Visions of Guru Maharajji

I have known Guru Maharajji since 1975, when I was working in an Indian watch company in Jaipur. Guru Maharajji gave me *mantra deeksha* around 1976.

One morning at around 9:30 a.m., my wife and I were sitting with Guru Maharajji at his residence. I had a vision of Guru Maharajji with water trickling from his body. I did not see his body above the waistline. My wife, who was sitting by my side, did not have the vision. Guru Maharajji later explained that he and his Guruji had gone to take a bath in *Galtaji* (a holy lake near Jaipur), as there was some delay in bringing water from a well near his home. I feel fortunate to have had this vision.

For the last eight to ten year, I've been saying my prayers exactly as advised by Guru Maharajji. I chant *mantras* along with the beads. When I start chanting the *mantra*, *Om*, I have visions of Guru Maharajji sitting in front of me in the same pose as is visible in his photo in my Puja room. After prayers, I see Guru Maharajji as if he is sitting on a chair, or on his *Asana* (a small carpet used for prayers). Sometimes I see him sitting on a sofa.

I come to Guru Maharajji's residence daily. When there is any problem, I make a request to Guru Maharajji at the entrance gate, and get the reply, "*Jao Tumahara Kam Hojaega*," that is, "Go, your problem will be solved." Sometimes I do not get any reply, but

my problem is still solved. Whenever I go to my office directly, without bowing at the entrance of his home, my work is not done. This is what I feel and realize.

The above details were provided by Mr. Nihal Chand, 67, who is a watchmaker; and a resident of Guru Nanak Colony, Brahampuri in Jaipur.

Chapter 54

Disciples Gain Height

Mr. Sandeep Rawat, son of Mr. Radha Mohan Rawat, a prominent jeweler of Jaipur, was five feet two inches in 1996. He was 26 year old then. He had a great desire to be taller. One day he requested Guru Maharajji to increase his height. Guru Maharajji blessed him, gave him *Abhimantrit Gangajal* (the Ganges water duly blessed by Guru Maharajji), and advised him to take this *Gangajal* daily for four to five months. The young man's height increased from five feet two inches to five feet five inches.

Mr. Ram Gopalji Fatehpuria, a prominent businessman of Jaipur, told me that a few years earlier his granddaughter Bulbul was studying in 10th grade at the M.G.D. School. She was 16 years old, and her height was only four feet, eight and a half inches. She was hoping that her height would increase.

On an appropriate occasion, she asked Guru Maharajji about increasing her height. Guru Maharajji blessed her, and gave her *Abhimantrit Gangajal*, advising her to take it daily. Bulbul took the *Gangajal* daily for about five months. When she checked her height after that, she found that it had increased from four feet eight and a half inches to four feet eleven inches.

The first incident was narrated by Mr. Sandeep Rawat, and the second one by Mr. Ram Gopalji Fatehpuria. Ms. Bulbul corroborated the story.

Chapter 55

A Difficult Judgement

Guru Maharajji described the spiritual evolution of the soul:

In the first stage, one believes that it is *I* who is doing or performing an action. Most people think this way. But this has an element of ego. The ego is a barrier in the way of achieving your ultimate goal.

In the second stage, one believes that an outside force is making me act. I may want to act a certain way but I am not able to. This happens when the practitioner feels that God or Guruji is the operator and he is the machine. This indicates that he is on the path to Self-Realization.

In the third stage, one loses the feeling of 'I' and believes that some other force is performing all the actions. This indicates that the practitioner has completely surrendered to Him, and loses himself in God. This is possible only when he has implicit faith. This stage is called Self-Realization.

Guru Maharajji further explained the path to self-realization by quoting an incident narrated to him by Mr. Sheetla Prasad, who was then the Chief Justice of Jaipur, a princely state of India. He had come to Guru Maharajji for spiritual advice. Sheetla Prasad described the story of a case where he was called upon to render judgement.

An elderly woman went to attend a ceremonial function at

her relative's house in Jaipur wearing heavy silver jewelry. A potter spotted the woman and followed her on the way back to her house. He noted the location of the house. The woman's neighbor was an elderly barber. The potter visited the barber for a haircut, and over time, developed a friendship with him. He became a frequent visitor to the barber's house.

One night, the potter climbed up and into the house of the barber. He took out the shaving razor from the barber's toolbox and jumped over the wall into the house of the elderly woman. He forced the woman to give him the key to the jewelry box and took all the silver jewelry from there. He cut the woman's throat and leaving the razor on the spot, ran away. This news caused a great deal of commotion in Jaipur.

A case of murder was registered at the local police station in Jaipur, and the police investigation began. The 60-year-old barber was called to the police station for questioning. He admitted that the razor recovered from the spot belonged to him. The police collected the evidence and booked the barber for first-degree murder. The case was tried in a lower court, and then sent to the higher court for trial.

Mr. Sheetla Prasad was the judge in this case. He heard the arguments of prosecution and defense. He considered charging the barber for first-degree murder. However, when he wrote the judgment, he said, "...I heard the arguments. The case appears to me to be a concocted one, and so I acquitted the barber."

The Judge told Guru Maharajji that he decided the case on the basis of his intuition. There was uproar in Jaipur. The Judge had a reputation for being honest, but people began doubting his integrity.

About six months later, the potter was caught while committing a crime in the neighboring state. In the course of his interrogation, he confessed to having committed the murder of an elderly woman in Jaipur. He was subsequently handed over to Jaipur police and thoroughly interrogated. The old case of the murder of the elderly woman was re-opened, and after further investigation, the potter was charged with the first-degree murder of the woman.

Judge Sheetla Prasad had acquitted the barber on the basis of

his intuition. He felt that some outside force had helped him to decide in favor of the barber, a decision that was subsequently found to be correct. The Judge's decision was highly appreciated by the people of Jaipur.

Guru Maharajji further said, "Some people feel that the Self-Realization may be achieved by reading religious books, such as books of Vedic, Puranic, Smriti or Tantric traditions. This knowledge is theoretical. It is similar to reading a railway timetable. You may learn about the timings of the trains, but you will not be able to reach your destination without taking actions, such as purchasing a ticket for your destination, boarding the right train, and then continuing on your journey until you reach your destination. You have to follow certain steps and take actions in that direction.

A *Satguru* can guide an aspirant. From our birth, we are under the guidance of some Guru or teacher. As a child, parents' guide us; as a student, teachers guide us; and in college, professors or lecturers guide us. No doctor could perform a surgical operation merely by reading books. He or she must acquire practical experience under an experienced surgeon. In the same way, a *Satguru* is necessary to guide the destiny of a disciple.

Sometimes, practitioners of *Japa* feel that despite practicing *Japa* for a number of years, they have not made any spiritual progress. In this respect, Lord Krishna's advice is self-explanatory. "Immerse thy mind in me alone, concentrate on me thy discriminative perception; and beyond doubt thou shall dwell immortally in me."

Chapter 56

Guru Maharajji is an Incarnation

God sometimes takes birth in a human form of his own accord, or on the request of saints, or to keep a promise made to someone. However, it is almost impossible for most people to recognize God. Only those whom He wishes to can do so. The rest of the world will believe Him to be an ordinary human being.

What are the qualities of an incarnation° He is Omnipotent, Omnipresent and Omniscient. He was present in the past, He is present today, and He will be present in the future.

Guru Maharajji possessed all these qualities. He was a great saint in an earlier life practicing spiritual discipline in a snow-covered cave near Mansarovar in Tibet. A saint of very high order, Swami Tailang requested him to enter the body of an eight-year-old boy who had died. At first he refused to do so, but later he agreed to enter the body of the boy through *parkaya pravesha*. Can an ordinary soul do this°

As a young boy, Guru Maharajji once visited his tutor, Maulvi Sahib Mr. Jeevan Ali, at his residence. There, the young Maharajji saw the dead body of his tutor's daughter Nazeeran lying on the ground. All the relatives had gathered there to bury the body in keeping with Muslim custom.

Guru Maharajji removed the shroud from the dead girl's face and whispered something in her ears, and then called her name.

To the utter amazement of all the people present, the girl came back to life. Then, Guru Maharajji narrated this incident to his own Guru Ji, who forbade him to do this in future. Nazeeran lives in Pakistan.

His own Guruji gave Guru Maharajji various kinds of spiritual teachings and blessings during the twelve years he stayed with him, and we benefit from this legacy today.

The saint helped Guru Maharajji achieve Self-Realization, which led him to remember four or five of his previous births. It turned out that Guru Maharajji was the Guru of this saint in a previous birth. As well, he was also the Guru of this Saint's Guru. The saint, therefore, told Guru Maharajji not to show obeisance to him in future. But Guru Maharajji said that these relations were of the past, and as he was his Guru in this life, he would continue to do so. Guru Maharajji maintained a strict spiritual discipline throughout his life.

Guru Maharajji visited many countries, including the Sultanate of Oman, Italy, France, Germany, USA, Canada, and the UK to give *mantra deeksha* to thousands of disciples. His mode of giving *mantra* was unique. He would examine the soul of the aspirant and give a *mantra* that is suitable to his soul. Besides, he would do *Shaktipat* to activate the subtle atoms of the soul of the aspirant. This accelerates the activation of *Kundalini*, the soul of the individual.

The spiritual therapy performed by Guru Maharajji was amazing. He cured many people's *incurable* ailments, including hearing problems, arthritis, migraine, thyroid, freezing of shoulder, blindness, etc.

Guru Maharajji gave his *darshan* (vision) to Dr. Kailash Narain Haldia a number of times including one in a glass of water. Dr. Yogesh Chandra Mishra was blessed with his vision as were many other disciples. Maharajji gave a new span of life to Anil, son of Dr. Haldia, who was lying in a hospital bed in a critical condition. The Guru also saved the life of Navin, son of Dr. K.L. Soni in Bombay, by pulling at his shirt from behind, and pushing him aside when he was crossing a railway line as the train came unexpectedly. And Maharajji gave life to Dr. Soni himself.

Usually, Guru Maharajji gave *mantra deeksha* after proper *examination* of the aspirant but under special circumstances he gave

mantra deeksha to 500-600 people at one time, in the villages of Bas, Kashi Ram and Budhiwalia, near Bhurutwala in Haryana state. And yet, this large-group *mantra deeksha* was well-suited for each soul. These kinds of accomplishments are beyond the power of ordinary humans, and are only possible for someone with great spiritual power.

Guru Maharajji also took care of Mr. Santokh Singh of village Teebee, whose care was entrusted to him by his Guruji before his death. Guru Maharajji led him to the *darshan* of Lord Shiva. Mr. Singh also had a glimpse of Lord Ganesha, and other visions of Lord Shiva and Maharajji.

Whatever Guru Maharajji said, came true! He told Shri Krishna ji of Jaipur and his relative that the photo would answer his question as to whether he was a *Shaivite* or a *Viashnav*. Soon thereafter, a *Shiv Pind* developed in the photo of Guru Maharajji indicating that he was a *Shaivite*. The photograph also shows a garland of flowers on the *Shiv Pind*, and three beads of *mala* are visible, though partially hidden, on the *Shiv Pind*.

Guru Maharajji's journey to *Shivlok* is amazing. On November 1, 1996, he was admitted to a hospital in Jaipur for a thorough checkup of a heart problem at his own request. The doctors did not feel that he needed to be admitted, but nevertheless did so, and put him on a cardiac monitor. During that night the monitor indicated that the heartbeats stopping completely, or continued at one heartbeat per minute before reviving subsequently.

Next day, Guru Maharajji said that his heartbeat had stopped for 21 minutes during the night. He said he had gone to *Shivlok* (Lord Shiv's abode), where his Guruji and Dada Guruji were present. He had left the body with the intention of not returning as he had completed the work allotted to him by Guruji and Dada Guruji. They were both silent and directed him towards Lord Shiva. He went before Lord Shiva who asked him to return. It took him nine minutes to go up and nine minutes to come back. It took three minutes for discussions with Guruji, Dada Guruji and Lord Shiva.

These kinds of feats cannot be performed by ordinary human beings!

This book has described the special powers of Guru Maharajji - powers that ordinary human beings do not possess. The

various miracles that he has performed cannot be explained by modern science. There is only one explanation for all these miracles and events – that the *limited* cannot measure or explain the *unlimited* – and I believe that Guru Maharajji is an incarnation.

This chapter is written by the author.

Chapter 57

Collection of Experiences

Passports Returned

Once, the passports of Guru Maharajji, Guru Mataji and a disciple were misplaced. Guru Maharajji searched for these documents but to no avail. Maharajji had gone to Delhi during that period and could not remember where he had kept them.

One morning, a man came to Guru Maharajji's residence. He was not home but Guru Mataji was in her room. She asked him who he was, and he replied, "I am Hanuman." He pointed in a particular direction in the room. Guru Mataji went there to look, and to her astonishment, she saw a wrapped package marked "Khan Market, New Delhi." She opened it and found the three passports. Guru Mataji went out to thank the man but he was not there.

Lord Hanuman himself helped find the lost passports.

This was narrated by Guru Maharajji.

Ladoos Multiplied

Several years ago, Guru Maharajji gave nine *ladoos* (an Indian sweet) to his long-time disciple *Brahamchari* Sri Shiv Lalji. Maharajji asked Lalji to distribute the *prasad* to others before taking some himself. Lalji proceeded to do just that. At that time, he was going for pilgrimage to the four *Dhams* (holy places) in the four corners of India. He went to the four *Dhams* twice and distributed those *ladoos* to many pilgrims there - but the *ladoos* remained unfinished!

This seems unbelievable, but it did happen. On his return from four *Dhams* after conclusion of his second visit, *Brahamchariji* described this miracle to Guru Maharajji. The latter took the bag of *lados* from him and turned the bag inside out. The bag was empty.

Brahamchari Sri Shiv Lalji gave me the details mentioned above.

'Om' on Right Toe

One of the local Muslims of Muscat, Sultanate of Oman, had heard that Guru Maharajji gives *mantras* that provide peace of mind. They contacted him, requested him to visit Muscat and made suitable arrangements for his stay.

Guru Maharajji gave *mantra* to all those who were interested, after judging the suitability of a *mantra* and eagerness of the aspirant for spiritual realization. Some people, who had been afflicted with illnesses that had been declared incurable by doctors, pleaded for a cure. In response, Maharajji began his spiritual therapy. He would say, "There is no doctor, no medicine, but only God's name that can cure them."

During this visit, one visitor saw the holy symbol *Om* written on the right toe of Guru Maharajji. He was surprised to see this, as were all those present. With Maharajji's permission, a photograph was taken and I have included it.

I learned this in a conversation with Guru Maharajji.



Appearance of 'Om' on the right toe

Normal Delivery

Mr. Birdichand, an ardent disciple of Guru Maharajji, told the author that his daughter-in-law was pregnant and admitted to Zanana Medical Hospital in Jaipur. The female doctor told them that the baby was in an upside-down position, so a caesarian operation would have to be performed. This caused great worry to him and the whole family. Mr. Birdichand told the doctor that there would be no need for the operation. She was surprised to hear this.

Mr. Birdichand came to Guru Maharajji's residence, and prayed at the main entrance gate for a normal delivery of his daughter-in-law's baby. To the great surprise and relief of everybody, the delivery was normal, and the baby was delivered without a caesarian operation.

Mr. Birdichand narrated this episode to Guru Maharajji in the author's presence.

Endless Rupee Notes

In the year 1994, Guru Maharajji, with around a 100 or so disciples, visited Mr. S. P. Pareek's farm on the Jaipur-Delhi highway at Achrol. It was the first anniversary of the foundation of the *Shiv Pind* in the Mangleshwar Mahadev Temple at Achrol by Guru Maharajji.

For the morning worship, all the disciples surrounded Guru Maharajji as he offered water to the *Shiv Pind*. While chanting the *mantra* with Guru Maharajji, one by one the disciples also offered water to the *Shiv Pind*. Thereafter, lunch was served in a customary Indian way.

In the evening, a *Kawali* (religious songs) program by the famous *Kawal Sabri* and his party was arranged. All the disciples, including the author, gathered in the main hall. The soulful *Kawalis* were coming from the hearts of the *Kawals*. Everybody was taking out 50 and 100 rupee notes, touching them to Guru Maharajji's lotus feet, and then presenting the notes to the *Kawals* as tokens of appreciation.

Guru Maharajji also took out some 100 rupee notes from his pocket and gave them to the *Kawals* from time to time in appreciation. This continued for some time. There was a period when Guru Maharajji went into *Samadhi*.

Then we were surprised to see that he was putting his hands in

his pant and shirt pockets, tapping it, then taking out brand-new currency notes and giving them to the *Kawals*. This went on for a couple of hours.

Everybody was surprised to see the money coming out of the pockets which would have become empty very quickly under normal circumstances.

Remembering God

Guru Maharajji once described an interesting incident from his school days. One evening, he and his classmates along with the teacher were on the playground on the campus of what is Maharaja College. They saw a Saint lying on the ground nearby. The teacher and the schoolboys went to see him. Guru Maharajji asked the Saint what he was doing. The Saint replied that he was remembering God.

Guru Maharajji asked him how he was remembering God. The Saint replied, "I only utter "*Nath Charnon Se Tumharay Man Juda Mera Na Ho, Koi Pal Aisa Na Ho Jis Main Manan Tera Na Ho.*" (Oh master, may my mind never be away from your lotus feet; let there be not a single moment when I do not remember you.)

The Saint remembered God every moment. Guru Maharajji said, "If a man remembers God this way, he can achieve his goal."

Depression Cured

Mr. Jaswant Singh of Bhuratwala, Haryana, brought Mr. Har Lal Jat, son of Mr. Bahadur Ram Jat Saran of his village, to meet Guru Maharajji. Mr. Jat had been suffering from nervous depression for the past year and a half. He was taking about 10 tablets of a prescription medication three times daily, a total of 30 tablets a day just to be able to function normally.

Guru Maharajji asked Har Lal Jat about his ailment, and then put the palm of his left hand on Jat's head for a minute or so. Har Lal Jat immediately felt better, and gave a great sigh of relief. Thereafter, he was able to stop taking the 30 or so pills that he used to take daily. He is presently healthy and happy.

This miracle took place in my presence.

Japa During Solar Eclipse

In 1956, Mr. Birender Singh (also known as Babyji) was to accompany Guru Maharajji to Kurukshetra in Punjab, where war between Kauravs and Pandavs was fought, as narrated in the Mahabharata. However, the program was cancelled. Mr. Singh

received a telegram from Guru Maharajji stating, "You should sit for *Japa* during solar eclipse on that particular day." Birender Singh felt somewhat disappointed at the cancellation of the Kurukshetra program.

When Birender Singh was doing *Japa* during the solar eclipse, he saw a white curtain, about 4 feet by 3 ½ feet. He then had the vision of Lord Vishnu with four arms sitting on a *Rath* (chariot). Singh was startled to see this miracle. He described this episode to Guru Maharajji, who pleased to hear about it.

Thakur Birender Singh narrated the above-mentioned episode to the author.

Meeting of Two Great Saints

In the year 1972 or 1973, Phurari Maharaj, a Saint who was 114 years of age, and the Guru of my elder brother Dr. Roshan Lal Chopra, came to Jaipur. The Saint had been living for the past 14 years on leaves and vegetables, etc., and was hence called Phurari Maharaj.

During that period, I was living near the railway campus. A meeting of Guru Maharajji and Phurari Maharaj was arranged at my place. My brother and I were also present.

During the meeting between the two great Saints, an interesting fact came to light. Guru Maharajji said to Phurari Maharaj, "Do you remember when you along with an attendant were crossing a jungle, and you fell in a big bog. Your attendant ran away, and I came there and pulled you out of the bog." Phurari Maharaj remembered the incident, and confirmed it. It was a great meeting of two great saints.

Healing Over the Telephone

On March 6, 1998, I was sitting in the company of Guru Maharajji along with five or six other disciples, when he received a telephone call.

Guru Maharajji picked up the phone and after a few seconds handed the receiver to me, saying that the call was from a *Punjabi* gentleman from London and I should talk to him. I asked the man about his problem and the reason for his call.

The caller stated his name and said that he was from London. He said, "My wife has been suffering from severe headaches for the last 20 to 25 years. It is very acute, like putting water on fire, and the pain like smoke coming out of it. I am requesting Maharajji to heal

her. I have learnt from some of my close friends from Canada, that he heals incurable ailments.” The conversation was in Punjabi.

I narrated the whole conversation to Guru Maharajji. The Guru said, “Tell him to help his wife sit up in bed. She will be cured.”

I conveyed Guru Maharajji's instructions to the Punjabi gentleman. Guru Maharajji asked me to advise the gentleman to keep us informed of his wife's progress by phone. I asked the man to do this. Guru Maharajji continued to talk to us, and later the disciples dispersed as usual.

On March 9, 1998, Guru Maharajji received a telephone call from London. The caller spoke in Punjabi. Guru Maharajji asked Mr. Chura to enquire about the recovery of the gentleman's wife. The man from London told Mr. Chura that there was a marked improvement in his wife's condition. The gentleman wanted to visit Guru Maharajji in Jaipur for the treatment of his wife.

Guru Maharajji conveyed to him through Mr. Chura that he should not visit Jaipur for his wife's treatment, as it would be very expensive. Instead, the man was told he should call Guru Maharajji after the 'Holi' Festival (Indian festival of colours)

The above-mentioned telephone call came to Guru Maharajji in the presence of the author and Mr. Shiv Bux Chura.

Eggplant Miracle

In the beginning of January 1994, Mr. Sanjay Sehgal, son of Mr. Jogender Sehgal, who lived in Sehgal Villa, Marris Road in Aligarh, came down with a severe cold and cough. He was given allopathic and homeopathic treatments, but there was no improvement in his condition. Sanjay Sehgal was a great devotee of Guru Maharajji. One night he had a dream, in which he had a vision of Guru Maharajji, who told him that eating eggplant would cure him.

Next day, Mr. Jogender Sehgal, who had not heard of his son's dream, brought home some eggplant of his own accord. The eggplant was cooked, and Sanjay ate it. To his surprise and that of his family, he was fully cured of the cough and cold. He visited Jaipur in the first week of March 1994, and narrated this episode to Guru Maharajji, who smilingly confirmed it.

The author's sister, Mrs. Vimla Sehgal, mother of Mr. Sanjay Sehgal described this episode.

Appearance of Finger Marks on the Arm

In early 2015, I woke up to find a set of finger prints on my left arm. There were marks of four fingers. It appeared as if Guru Maharajji had caught hold of my left arm with his firm grip, blessing me to carry on my practice of *Japa*. This motivated me to continue to do my *Japa* with great enthusiasm and firm determination.

I contacted other fellow disciples, and told them about the finger marks on my left arm. They confirmed my view and belief that this is the way Guru Maharajji shows signs to his disciples.

This chapter is written by the author.



Imprint of Guru Maharajji's fingers on author's left arm

Om on a Roti

In December 2004, Mrs. Sushma Tehmani, wife of Mr. Giri Raj Kumar Tehmani was leaving her parents' home in Jaipur to go to her in-laws home. There was some problem in the family, and she prayed to Guru Maharajji to bless her in-laws' family and free it from trouble and worries.

On December 18th 2004, while at her in-laws' home and after her prayers to Guru Maharajji, Mrs. Sushma Tehmani started preparing *Roti* (Indian bread) of wheat flour between 8:30 p.m. and 9:00 p.m. She was surprised to see the word *Om* in Hindi appear distinctly on the *Roti*. Her father-in-law's sisters and other members of the family were very happy and wonderstruck to see this. She prepared another *Roti*, and in addition to the *Om*, a *Trishul* (trident spear, an emblem of Lord Shiv) appeared on it. To her, it was an indication that her prayers had been accepted by Guru Maharajji, and that her in-laws' family's troubles were over.

Mrs. Sushma Tehmani related the above incident to the author.



Om on a Roti

Chapter 58

Complete Surrender

The path of total surrender to Almighty God or *Satguru* is the best way to pursue Self-Realization. Guru Maharajji has said the best way is to prostrate before God or *Satguru* or his photo saying, '*Hey Bhagwan Mein Aapki Sharan Mein Hoon*, or O Almighty God, I have come under your shelter.' This is the easiest way to create a personal relationship with the higher power. He further said that intention or devotion is the key. The right intention and prayer are the remedy for all sorts of worries and anxieties.

It is helpful to have trust in God or *Satguru* and a conviction that he will look after all your needs.

Lord Krishna, in chapter 18 of Bhagwat Gita said, "Immerse thy mind in Me alone, Concentrate on Me thy discriminating perception and beyond doubt thou shall dwell immortality in me." In other words, Lord Krishna has said, if anyone loves me, remembers me constantly, then I take care of all his needs and requirements.

Total surrender to almighty God is the short cut to self-realization. This is called "*Sharanagati*" or complete surrender. Life is sustained by Him and His divine power. The devotee should have complete trust in that power which is always a guiding force.

In our life, we trust so many things. We trust the pilot while traveling in a plane. We trust the engine driver while traveling in the train. We trust the ferry driver on a sea journey. Similarly, we must

fully trust God's plans for us which are our guiding force.

The *Satguru* guides the devotee on the path to God. He creates a link between the Almighty and the devotee's soul that can never get detached even though there may be ups and down in life. The key is to continue doing the *Japa* given by the *Satguru*.

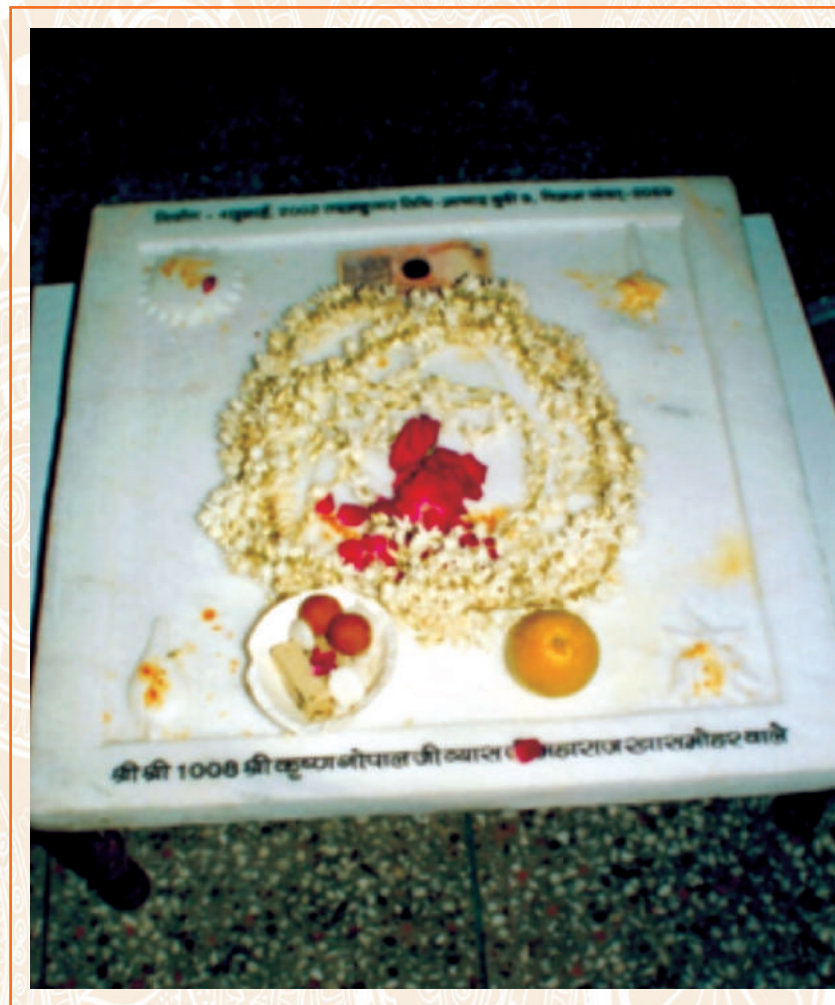
Guru Maharajji left for his heavenly abode on July 4th, 2002. In his last days, his physical body had become weak and frail. He mostly remained in bed, even as the doctors examined him and gave medicines. But he never lost an opportunity to give *deeksha* to the aspirants and to solve the problems of anyone who came to him for advice for spiritual progress. He had come into this world with a mission and fulfilled it till the end.

A video of a mantra ucharan (chanting session) is available at <https://www.vadera.com/GuruMaharajji>. Another way to get to this video is by searching for "Mantra Ucharan by Guru Maharaj Sri Krishna Gopal Ji Vyas, Jaipur India" on YouTube.

This chapter is written by the author.



In Guru Maharajji's memory



Guru Maharajji's foot prints set in marble



Avinash Chandra Chopra grew up in a pious Punjabi family and was influenced by watching both his parents offering prayers to God every day. He came in contact with Maharajji in the early-1960s and would visit him frequently. After such visits, he would write down what he witnessed – Maharajji's parables and teachings, and experiences of visitors.

He had a long and distinguished career with the Rajasthan Government. After retirement, he moved to Toronto and wrote *Secret of Jap* and *Jap Rahasya* inspired by the life of Maharajji.

